
MCC
ANNUAL
2025-26

Our Inspiration

Mother of Mount Carmel



Our Foundress

Mother Teresa of Saint Rose of Lima



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Director's Address



Dr. Sr. Albina

In a world that often tests our resolve, hope remains our most steadfast companion—quiet, resilient, and enduring. As Emily Dickinson so beautifully reminds us, "Hope is the thing with feathers that perches in the soul—and sings the tune without the words—and never stops at all." It is this gentle, persistent song that carries us forward, even when the path is uncertain.

Hope is not merely an emotion; it is a discipline of the spirit. It steadies us in moments of difficulty and invites us to look beyond immediate obstacles toward possibility. Like an anchor cast deep within, it holds us firm while allowing us to move, adapt, and rise. It asks not for denial of challenges, but for the courage to meet them with clarity and purpose.

The past year has called upon us to do exactly that. As a community, we have encountered challenges that demanded resilience, innovation, and collective strength. What stands out is not the absence of difficulty, but our response to it—the quiet determination to continue, to create, and to care. In doing so, we have not only endured; we have grown.

This magazine is a reflection of that journey. Within these pages are voices that question, create, and celebrate. They speak of effort and imagination, of setbacks transformed into insight, and of a community that continues to learn and evolve. Each contribution is, in its own way, an expression of hope made visible.

As we look ahead, may we continue to nurture this spirit—steady, grounded, and open to possibility. Let us remain attentive to the small, sustaining notes within us, and to the shared strength that emerges when we move forward together.

With warm regards

Sr. Albina

Director

Principal's Address



Dr. George Lekha

As we come to the end of the academic year 2025–26, I would like to remind you that this year has been a journey of learning, improvement, achievements, and new initiatives. Our college has proudly completed 78 years of dedicated service in the field of education since its establishment in 1948. We have a history and a heritage which we endeavour to preserve.

In the midst of expansion, we remain a college with a conscience, whose mission is to reach the benefits of quality education to the underprivileged and the marginalized. As we go about our daily lives, whether it is walking along campus corridors or moving around outside the campus, there is that little space that we all carry within us, "our soul", which in spite of all the chaos and stress, perennially seeks peace and eternally lives on hope, and it is this seeking which propels us.

Though our world faces deep divisions, we teach our students to bridge these divisions, practice respect, and care for one another. This will turn conflict into cooperation. We teach them that shared humanity is a greater force. We teach them to be the architects of a peaceful future, and to speak a common language that embraces peace, solidarity and celebration.

We at Mount Carmel College, while basking in the glory of our success, work tirelessly to touch the zenith. For our students, we resolve to continue to give our present for their future, our sacrifices for their successes, and our best for their excellence.

With warm regards

Dr. George Lekha

Principal



Events



School of

HUMANITIES

Food, Identity, and Expression

The Communication Studies and History departments jointly organised Discourses'26, a two-day event that placed food as its focal point and dove into conversations about politics, migration, history, and cultural identity. It featured panel discussions, paper presentations, food exhibits, and a workshop. In the weeks prior, students from both departments contributed to decorations and venue arrangements, with volunteers stationed across spaces to guide guests throughout.

The first day began with a keynote address by Dr. Sylvia Karpagam, who inaugurated the event by cutting a red ribbon in the Performance Lab. The food exhibition — titled Hidden Table — then commenced in the same venue. Students and participants dressed in cultural attire presented recipes that were personal and central to their lives: dishes often overlooked or nearly forgotten, each tied to migration, history, and identity.

Continuing this exploration, a workshop was conducted by Sri Vamsi Matta, a Bangalore-based interdisciplinary theatre artist whose work is grounded in lived experience, political memory, and anti-caste thought. The session was held in the GJB Old AV Room. Running parallel across both days, paper presentations drew participants from colleges across Bangalore on topics ranging from food migration and shifting culinary boundaries to social exclusion and food as a memoir of human experience.

The event culminated with a panel discussion titled "Beyond the Plate: Food, History, and Burdens of the Present," held at PJEC 1 and moderated by Dr. Tirtha Deb. The panel featured Dr. Sylvia Karpagam, Sri Vamsi Matta, Anumitra Ghosh Dastidar, and Pratima Chabbi. Discussions ran until 3 PM and closed with an interactive Q&A. A closing ceremony followed, with a vote of thanks to all volunteers, participants, staff, and guests, before everyone gathered for refreshments outside.



CommE Live'26 was the annual department fest hosted by the Department of Communication Studies. The day wove together workshops, film screenings, and an open mic around two central themes: food and writing, and emoting through the body with breathwork.

The fest opened with a workshop facilitated by Mekana Murali. With students seated in a circle under ambient fairy lights, the host invited each attendee to share their comfort food and what made it comforting. Smell, texture, temperature, and flavour surfaced as the language of memory — each person carried a unique attachment to a food that transported them instantly. The conversation turned to how the foods we choose are deeply tied to one's roots and sense of self. Attendees read aloud food poems and took part in a haiku-writing activity, composing haikus about a chosen food and reading them aloud for others to guess. French fries, soup dumplings, dahi poori, boiled eggs, and bacon all made appearances. Stomachs grumbled, laughter filled the room, and the workshop dispersed with everyone heading to the canteen.

The second workshop was facilitated by Shamika Singh. A more crowded room settled in as Shamika, seated cross-legged on the table with chai in hand, introduced breathwork — its importance in letting go, getting in touch with oneself, and learning to express emotion through the body. One by one, attendees learned to breathe out emotions: disgust, desire, sadness, happiness, and fear. Shamika lightened the initial discomfort with humour and candid insight, exploring fear and love as the two forces that guide human behaviour. By the end, almost everyone had engaged and let loose. The central takeaway: never run away from discomfort.

Adding depth to the academic dimension of the fest, final-year students organised film screenings titled Food Constellations in the Performance Lab. The day wrapped with an open mic — light, informal, and social. It gave students a stage to share their talents, make new connections, and communicate through whatever medium moved them: words that can be tasted, and sometimes, the words that hold us back.

I think or I sink

Over the course of the year, the department of communication studies, alongside other student associations and collaborators, created a wide range of events for learning and engagement.There were performances, workshops, exhibitions, panel discussions and games- each of these contributed to a holistic experience in the campus.

The semester began with a game of "Sink or Float" organised by the Communications club and radiocarmelive for Freshers day. Designed as a competitive game that attracted a crowd of freshers who thought on their feet, and socialised in an informal setting. With an audience that constantly cheered for the energetic participants and the clean organisation from the student committee set an optimistic tone for the year ahead.

This was followed by the event put together for Academicia. In collaboration with the Dramsoc association, the department organised "I think therefore I act". Academicia is the annual academic fest at Mount Carmel College, in light of that, students were asked to participate in a competition of portraying characters from the history of humanities. Participants took turns showcasing their talents and their ability to think fast in front of a round table of judges who picked one winning team. The spirited atmosphere of enthusiastic participants and audience made the event stand out.

Adding depth to the department's activities was the collaboration with the Museum of Art and Photography. It was a performance that unraveled in stages in the DJB auditorium. The silent gestures, crisp acting, mixed with a play of good stage lighting and music left the gathered audience entertained and reflective. One of the most memorable experiences for the attendees was the chance to write down their immediate thoughts on a piece of paper that was handed to them right before the performance commenced. This collaboration was highly appreciated for its entertaining format and the enthusiasm of its organisers with the attendees expressing their interests in attending more events like this in the future. "I couldn't take my eyes off the performance, I never thought you could convey so much through silence" said one of the attendees.

An interdisciplinary event celebrating Indian Classical music was organised by the department. A variety of musical performances including a wider variety of classical instruments were showcased. The subtle yet strong stage presence of the performers, and the eager attentiveness of the audience made the experience almost authentic. It felt deeply intimate, and explorative- not just of classical music but also everything that is traditionally Indian-from the music, to the culture of Indian textiles and food.

In collaboration with the Australian Consulate-general, Bangalore, the department invited Australian book author of "Madduka the river serpent"- Julie Janson, along with professor Tony Hughes d'Aeth to discuss contemporary issues through writing. The "morning with Julie Janson" held an engaged audience from start to finish.

Rich conversations about contemporary issues of water theft, environment and minority problems were exchanged in relation to the book. The highlight of the event was the release of the college newsletter- "Carmel Vani" by the distinguished guests.

Bringing together members from the Psychology association, the communication club organised yet another interactive game for Cul-Ah'26- Last one standing. With a huge turn up of participants, and a lively atmosphere- the game's main idea came through clearly, which was working under the pressure of time and coming up with creative strategies.

Together, these events demonstrated a year of communication that goes beyond standard practices of writing and speaking. The balanced blending of culture, performances, discussions, exhibitions, music and food deepened the academic dimension of communication studies and also created creative opportunities for students. As the year concludes, the takeaways and energy from these events pave a way for even more initiatives in the future.



Economics in all its myriad forms

The Artha Association organised a range of events through the academic year 2025–26, spanning debates, creative competitions, and panel discussions. The events reflected the association's focus on making economics accessible and engaging, with formats that combined academic rigour with creative participation.

The year began with a freshers' event organised in collaboration with Anovation. The event tested logical and creative thinking across two rounds. The first round, titled Mayhem on the Answer Shore, had three sub-rounds in which participants decoded gibberish terms with the help of clues provided by the organisers. The second round required teams to perform skits to convince the audience. The event was well-received among first-year students and set an energetic tone for the year. The winners were SPK Squad in first place, Aeather in second, and Flame Throwers in third.

"It's very fun. It's motivating to see the smiles and laughs of the students."

— Charita, Artha Secretary

The 2nd Oxford-Style Union Debate focused on the topic of national borders. The debate was structured across three rounds covering opening statements, substantive arguments, and opposition responses. The proposition argued that national borders serve to secure nations, while the opposition contended that they can be divisive. At the close of the debate, the audience voted in favour of the opposition. The Best Speaker award was presented to Shreya Nair. In collaboration with the Tourism Department, Artha organised a tax pitch event in which participants created fictional nations complete with their own identity, tax system, and national vision. Each team delivered a three-minute pitch followed by a one-minute question and answer session, and was required to address the interests of three key groups: investors,



startups, businesses, and citizens. The event combined economic thinking with creative presentation skills. The Cul Week event, Pitch the Stitch, required teams of two to three students to pitch unconventional and humorous products to a panel playing the role of NRI investors. Products included a punching bag, patola, embroidered dog collars, and handloom toilet paper. One team member pitched the product while the other played the NRI, and the format drew considerable audience engagement throughout.

The year also included a panel discussion held at the close of the inter-departmental conclave, co-hosted by the Artha, Psychology, Journalism, and Travel and Tourism departments, themed Well-being in a Connected World. The economic perspective was presented by Mr. Venkatesh SD, who addressed topics including the relationship between GDP and happiness, the monetisation of attention by large technology companies, changes in the workplace, and the importance of individual self-regulation.

Across its events this year, the Artha Association offered students a variety of formats to engage with economics — from structured debate and policy pitching to creative performance. The year demonstrated the association's ability to present economic themes in ways that are both intellectually engaging and broadly accessible. The association looks forward to building on this in the year ahead.

Learn Today, Shape Tomorrow

The Department of Education, helps create teachers who learn by doing, from climate awareness to community engagement. The best part of the course for most seems to be that it combines knowledge with creativity. "Over the years, the department has grown significantly, providing students with a comprehensive education that combines subject specialization with teacher training," said Dr. Sujitha NS, one of the professors of the department.

The Department of Education, in collaboration with the Departments of Environmental Science and the National Centre for Biological Sciences hosted an informative and thought-provoking workshop titled "Climate Change In Your Classroom." The first session was led by Mr. Matthew Pye, who founded the Climate Academy. He spoke to the students and stressed the responsibility of each person as a changemaker in society. He highlighted the importance of adopting a systems approach to address climate change. By sharing his personal journey and using a population growth model, he stressed on the imminent depletion of resources, leading to the loss of life. Key parts of the talk included concepts of tipping points, tipping systems, and critical thresholds. If these thresholds were to be crossed, they would trigger permanent and harmful changes in the Earth's climate, Mr. Matthew Pye said. The talk concluded by debunking common myths around climate change, such as paper being better than electronics and misconceptions around renewable energy.

Ms. Sanjana Singh, a climate expert, presided over the second session, emphasizing the importance of a transdisciplinary and research-oriented education for strengthening climate studies. She highlighted some major challenges in integrating climate change into education, such as the lack of teacher training, problems faced in revising curricula, and the absence of climate-focused courses in many places across the world. She stressed that climate change should take an interdisciplinary approach and must be accessible to all interested learners. The third session was led by Mr. Matthew Pye, who began by introducing the "3.5 percent rule" by Harvard Professor Erica Chenoweth. He explained how social change requires only 3.5% of the population to actively participate as changemakers, as their influence can inspire the masses to follow suit. He also connected these ideas to literature and psychology. The fourth session was conducted by Mr. Sanchit Sant, who introduced the students to the Trop ICSU website and demonstrated how its digital teaching tools can be effectively used, to make a difference.

The event was inspiring and definitely motivated the students, as future teachers and changemakers, to explore new and innovative ways of teaching. The ideas they gained from the speakers would help them approach lessons differently, and would also help them encourage their future students to think critically about such issues.

The department observed the 4th anniversary of the National Education Policy by holding an insightful webinar. The highlight of the webinar was the lecture delivered by Dr. S. M. Shiva Prasad, where he stressed that the goal for a teacher has to be to motivate students to learn more and cultivate curiosity in students. He stressed the need for a curriculum shift in our education system, drawing parallels to historical, societal and civilizational evolution. Dr. Prasad also stressed the importance of differentiated curriculum stating how each child is blessed with different intelligences, learning styles, and personality types. He believes each teacher must understand how the brain works to effectively cater to individual students' needs. The lecture ended with an interactive question and answer session.

Dr Sujitha stated how one of the key highlights of the course is the two-month long internship program in schools, which gives students hands-on experience in a real-world teaching environment. "I miss my internship days so much! It was such a beautiful experience having those cute little faces greet you every morning with a 'Good Morning,' said Namita, a student. The internship helps students actually understand how a school works, how children learn, and also realise their own potential as a teacher.

After the seniors complete their internships, the juniors host a special event called Homecoming to welcome them back home. It is a tradition followed each year. The theme this year was based on Van Gogh's Starry Night. The juniors view their seniors as "stars coming back home." The event started with a warm welcome, after which dances were performed. The seniors were also asked to write about their experience on small pieces of paper, this was then read out to them by the juniors. After this the seniors were given refreshments and a small gift box. The seniors felt that they did a splendid job and cherished the gifts that they were given.

The department hopes to create a lasting impact on their students, one that can help them create the same impact on the future generation. Afiya, a student, stated that the course focuses not only on teaching subjects like History and English, but also on how they can share that knowledge with others.

Moments, Meanings, and Everything In Between

Amatora 2026, the inter-collegiate literary fest hosted by the Department of English at Mount Carmel College, was held on 10th March 2026. Built around the theme "Borders and Boundaries," the fest brought together students from multiple colleges for a day of events spanning debate, performance, creative writing, team activities, and wellness. Across its many venues and formats, the day offered participants a varied and engaging experience. The fest was held across multiple venues, including the DJB Basement and the PJEC halls, with events running through the day in a steady and well-organised flow.
Turncoat was a debate event in which participants were required to switch sides mid-argument. The format pushed students to engage with opposing perspectives and respond to shifting positions in real time, making it as much an exercise in adaptability as in argumentation. Cipher Hunt was a fast-paced team event built around decoding clues. Groups worked together under time pressure, combining logic and collaboration to move through the rounds. The event had a high-energy atmosphere and drew strong participation. The Quill Cup a quiz competition focused on English literature and language. It was sharply competitive, demanding both breadth of knowledge and quick recall, and maintained a high level of engagement throughout.

Genre Jigsaw gave participants the freedom to work with familiar literary forms and reshape them creatively. The event encouraged experimentation and original thinking, and produced a range of unexpected and inventive responses from participants.
Babel-On was the spoken word and performance segment of the fest. Through poetry, music, and personal narratives, participants used the stage to share their own voices and stories. The event had a more personal tone compared to the rest of the day and was well-received by the audience.

A Healing Session held in the DJB Basement offered a different kind of experience within the day's programme. Organised in the context of International Women's Day, the session began with a lamp-lighting ceremony and was facilitated by a psychologist and sound healing practitioner. The session included guided breathing exercises and sound healing, and focused on themes of inner strength and emotional expression. It provided participants with a quieter, more reflective space in the middle of the day's activity and was noted as a meaningful addition to the fest. The Arushi Singh Memorial Trophy "Apostrophe" was presented to the Best English Class. The award carries significance beyond the competition, serving as a recognition of the community and continuity that Amatora has built over the years.
Amatora 2026 was a well-rounded fest that gave students opportunities to engage with literature, language, and expression across a range of formats. The combination of competitive events, creative activities, and the healing session reflected a thoughtful approach to programming. The department thanks all participating colleges and looks forward to continuing this tradition in the years ahead.

The academic year 2025–26 was a productive and eventful one for the Department of English at Mount Carmel College. Under the leadership of Dr. Sr. Sajitha and the department's faculty, students engaged with literature in a range of settings—inside and outside the classroom. The year saw a strong mix of

academic activity, creative events, competitions, workshops, and co-curricular programmes that together shaped a well-rounded experience for students.

A defining feature of this year was the department's effort to make literature more than just a subject of study. Events were designed to encourage students to question, perform, discuss, and connect with literature in meaningful ways, while maintaining academic standards.

Amatora 2025, the department's annual inter-collegiate literary festival, was held with the theme "Borders and Boundaries." The festival brought together students from multiple colleges and offered a platform for literary debate, performance, and creative expression. The theme encouraged participants to explore ideas beyond surface-level interpretations, and events ranged from debates and performances to creative writing competitions.

Meraki, an in-house event focused on personal expression, gave students a space to share their writing and performances in a supportive environment. Students presented poetry, prose, and spoken word pieces. The event served as a confidence-building platform, particularly for students sharing their work publicly for the first time.

The Literary Society organised several events through the year. The Witches' Gambit: Souls in Space was an immersive event that blended performance, storytelling, and creative role-play, where participants stepped into a narrative world combining mystical and cosmic themes. Students were encouraged to improvise, take creative risks, and engage as active participants rather than observers.

"We didn't want it to feel like just another event—we wanted people to feel like they were inside something, not just watching it." — LitSoc Secretary

Woven Whispers, held during Cul Week, invited participants to use everyday objects—dupattas, dhotis, jewellery—as starting points for storytelling. The event explored themes of memory, identity, and culture through brief stage performances, with participants presenting short narratives linked to the objects they chose.

"Everyone carries stories with them. We just wanted to create a space where those stories could be heard." — LitSoc Secretary

Codex Quest, held as part of Cul-Ah!, was a literary treasure hunt where participants worked through cryptograms, anagrams, and layered clues, encouraging students to approach language analytically and creatively.

"We wanted people to engage with literature differently—not just read it, but solve it." — LitSoc Secretary

The Nrityacharcha workshop explored storytelling through movement and dance. Students participated in sessions that used gesture, expression, and physical performance as tools for narrative, introducing them to an embodied approach to literature. Guest lectures and academic discussions were also held through the year, bringing external perspectives into the classroom and broadening students' engagement with literary and cultural topics. Writer's Bloc, the department's student publication initiative, continued to provide a platform for written expression alongside these activities.

The department organised an educational trip to Ooty, which served as both a recreational and bonding experience for students and faculty. The group visited locations including Dolphin's Nose and Doddabetta Peak, and the trip contributed to a stronger sense of community within the department.

The academic year 2025–26 reflected the Department of English's commitment to combining rigorous academic learning with meaningful co-curricular engagement. Through events, workshops, publications, and trips, students had multiple opportunities to develop their literary sensibility, communication skills, and creative confidence. The department looks forward to building on this foundation in the year ahead.

WALKS, WORDS AND WHISPERS OF THE PAST

As the academic year 2025-26 comes to an end for the Department of History and the association, Historia, the chaos and compassion of the association help in the successful completion of this session. Once again this year, the department was filled with new talks, eventful walks, and fun yet intellectual games, as the newly recruited team of Historia was brainstorming new concepts that make every event memorable for its audience.
The department prioritises not just on-campus-based events, but also takes an initiative to extend its department beyond the college. As a part of this outreach, the department launched the history association's official Spotify podcast, marking their first digital storytelling venture.
The department, rooted in its tradition, continued



its ritual of organising Heritage Walks all across Bengaluru, which encourages experiential learning through direct engagement with historical spaces. The first walk explored Basavanagudi, beginning at Gandi Bazar, moving through the ancient rock formations of Bugle Rock Park, and concluding at the Dodda Ganapathi and Bull Temple. The walk had a unique theme of a colour walk, where each student traced a particular colour throughout the walk. "Walking through nature while observing a colour and then tracing it throughout your journey made me think about how things are connected, not just in colours but also in history", said a second-year student B.A student.
The Department of History collaborated with the Department of Communication Studies to organise Discourses' 26. Historia held a course of events during the 2025–26 session, beginning with its Freshers event "Legends of Memes-opotamia," which welcomed first-year students, followed by "The Loom Room" during Cul-Week, exploring Indian handloom traditions. Their participation in Manan with "The Triumvirate Trials" was inspired by Ancient Rome and focused on historical knowledge. The year concluded with "Echoes of the Clan", held on 14 February 2026 at Cul-ah, emphasised coordination, observation, and collaboration.
" I always look forward to events organised by Historia, as they make you think and also have fun in thinking", added a 1st year student.
As the session comes to an end, the secretaries look back and share what this year meant to them – "What really defined this year was the people behind it. As secretaries, getting to lead and grow with such a supportive and committed team made the whole experience really meaningful. I'll miss everything, but the fun we had during each and every event holds a special place in all our hearts. "



Food for Soul

To support their students holistic development, the Department of Home Science organized and participated in a variety of academic, cultural, and experiential programs that prioritizes student involvement, personal development, teamwork and skill-building. The year kicked off with the Freshers' Day event, "Soul Sync," held on 26th July 2025. Planned to help the first-year students feel comfortable and welcomed, the event required students to work in pairs which resulted in interactions that created bonding, communication, and trust between them. With 40 to 50 participants, seniors running around, the audience encouraging the participants, the atmosphere was filled with laughter and enthusiasm, allowing students to connect with each other and feel a sense of belonging within the department.

Later, in August 2025 as a part of Cul-Week, the event "Drape & Seek" was organized with nearly 60 participants. The event had two rounds - a textile treasure hunt and a blind folded saree draping round. What made the event especially memorable was the enthusiastic participation of both boys and girls, adding an inclusive dynamic to the competition. The highlight of the event was the second round where the participants were asked to drape a saree while being blindfolded. "It was pure fun and chaos, it's the most fun I had in a while." Said Vanessa, a senior helping out with logistics.

Encouraging entrepreneurship, the department organized "Hastha Sidhi – Consumer Product Exhibition and Sales" on 17th September 2025. Hastha Sidhi created a platform for the final-year students to showcase and sell their products, giving them a chance to experience product development, marketing, and interacting with customers firsthand. The theme was sustainability and it pushed the students to search and work with materials that are 100% degradable. "I am now confident with my products. I'm definitely going to take this forward and take orders." Said Geetanjali, a final year student who sold out her cloth bound journals that used the Japanese embroidery technique Sashiko.

"Rescue from the Myths" was an academic session conducted on 19th September 2025 under Academicia, with 57 participants. The session focused on debunking common myths related to health, nutrition, and daily practices, promoting scientific thinking and evidence-based understanding. Jain CMS contingent secured first place in this intercollege paper discussion. As an extension of learning beyond the classroom initiative , a field visit to the Old Age Home "Little Sisters of the Poor" was organized in October 2025 for the third-year students. The students carefully designed and conducted games and activities for the elderly, drawing inspiration from Howard Gardner's theory of multiple intelligences. The interactions with the elderly, gained them valuable insights into the emotional, physical, and social well-being of individuals in late adulthood. " The elderly blessed us throughout our stay and it made us think about the cycle of life," says Shivani, a final year student. The visit was a deeply personal experience to both the late and young adults.

The Department of Home Science successfully organized a diverse range of activities that combined academic learning with practical, and community-based experiences. These initiatives fostered critical thinking, creativity, entrepreneurial skills, and social responsibility among students, reflecting the department's commitment to comprehensive and holistic education.

Ink & Insights

The Department of Journalism organised a range of events through the academic year 2025-26, including competitive events, panel discussions, guest sessions, and skill-based competitions. The events gave students opportunities to engage with journalism, media, and communication in practical and creative formats.

Press Rush was held on 11th September 2025 in the VC Room as part of Manan. The event tested participants' ability to report breaking news quickly and accurately under pressure. Four participants were given a prompt and asked to begin reporting live, while unexpected news alerts were introduced mid-way, requiring them to incorporate new information into their coverage in real time. The event gave participants a hands-on experience of the demands of live reporting.

The Paradox of Renaissance was held on 19th September 2025 in GJB as part of Academicia. Six teams participated in a single round in which each team drew a philosophical character by lot and was then presented with a modern-day problem. Teams were required to analyse and respond to the situation from the perspective of their assigned philosopher, adopting their reasoning, referenced ideas, and manner of expression. The core team also introduced myth-debunking challenges during the event. The winners were from CMS College.

The Fourth Wall: Outlook Seminar 2026, held on 23rd January 2026, was organised in collaboration with the Department of Journalism at MOP Vaishnav College, Chennai, and was sponsored by Wonderla. The event featured a panel discussion on the influence of film criticism on audience reception, with panellists Maathevan Thiyagarajan and Sudhir Srinivasan. The discussion covered topics including the emotional function of film reviews, the role of remakes and dubbed films, and the evolving relationship between critics and audiences. The seminar also highlighted public communication campaigns on social issues including road safety and women's safety.

A Slogan Making Competition focused on Sustainable Development Goals 3 and 12 was held in two rounds. The preliminary round shortlisted five participants, who then competed in the final offline round on 12th March 2026 in the VC Room. Participants were shown five images related to good health, wellbeing, responsible consumption, and production, and were given five minutes per image to write a slogan. The competition was judged by Mr. Koshy from the English Department.

A Vlog Competition, also centred on SDGs 3 and 12, invited students to create videos of three to six minutes on topics including mental health, pollution, and sustainable lifestyles. Submissions were accepted until 15th March 2026.

A guest session by veteran environmental journalist Keya Acharya addressed the importance of thorough research and fact verification in environmental reporting. A separate session by Mockbul Haque, General Manager of Ad Sales Development at The Hindu, held on 10th March 2026, covered the business and revenue dimensions of print media, including native advertising, sponsored content, and the relationship between editorial content and advertising strategy. The session concluded with a question and answer segment.

The Department of Journalism organised a varied and practically oriented programme in 2025-26, giving students exposure to live reporting, critical debate, media criticism, industry perspectives, and awareness-based creative competition. The department looks forward to continuing this work in the year ahead.

Governance, Debate, and Global Politics

Mount Carmel College, in collaboration with the Bengaluru Political Action Committee (B.PAC), hosted the conclave "Pathway to Better Governance of Nanma Bengaluru" to discuss the newly introduced Greater Bengaluru Authority (GBA) Act, organised by the Departments of Political Science, Public Policy, and Economics. Dr. Suma Singh, Registrar at MCC, delivered the welcome address, tracing the city's history from its 16th-century origins to its present challenges of congestion, urban expansion, and administrative fragmentation. Shri Srinivas Alavilli of the World Resources Institute outlined the Act's structure — dividing the city into five corporations under one central authority, each with its own mayor, council, and administrative system, bringing residents closer to policymakers.

A panel discussion featuring MLA Rizwan Arshad, Additional Chief Secretary Tushar Girinath, and journalist Nitya Mandyam examined the lack of coordination among city agencies, agreeing that th GBA's effectiveness depends on interdepartmental collaboration. Deputy Chief Minister D.K. Shivakumar called for decentralization, long erm planning, and sustained citizen engagement, while a concluding panel moderated by B.PAC CEO Revathy Ashok recommended clear mandates, shared data systems, and periodic reviews to ensure accountability. The conclave concluded with a vote of thanks by Dr. Alice Matthew, Head of the Department of Political Science.

The department's student associations were equally active across the year. Siyasaat and the MUN Society (MunSoc) partnered to host two events at college festivals. "Sorry Not Sorry," held during the Freshers Fest, challenged first-year students to design a PR strategy for a celebrity scandal — first with a formal, apologetic stance, then by reframing the narrative entirely. "Flip the Stitch," held during CulWeek, tasked teams with arguing convincingly for the opposite of an established fact, with judging focused on logic and creativity. Both events were praised by students for building confidence and sharpening quick thinking.

The department also hosted a guest lecture on "Contemporary Global Politics: Issues, Dilemmas, and Trajectories" on 25th September 2025 at the Golden Jubilee Auditorium. Delivered by Professor D. Suba Chandran, Dean of the School of Conflict and Security Studies at the National Institute of Advanced Studies, Bangalore, the lecture traced the evolution of the global order since the Cold War — covering the rise of China, the relative retreat of the United States, the role of middle powers, and ongoing conflicts including Israel-Palestine and Russia-Ukraine. The session concluded with an interactive Q&A and a vote of thanks by Prateeti.



MAPPING THE MIND



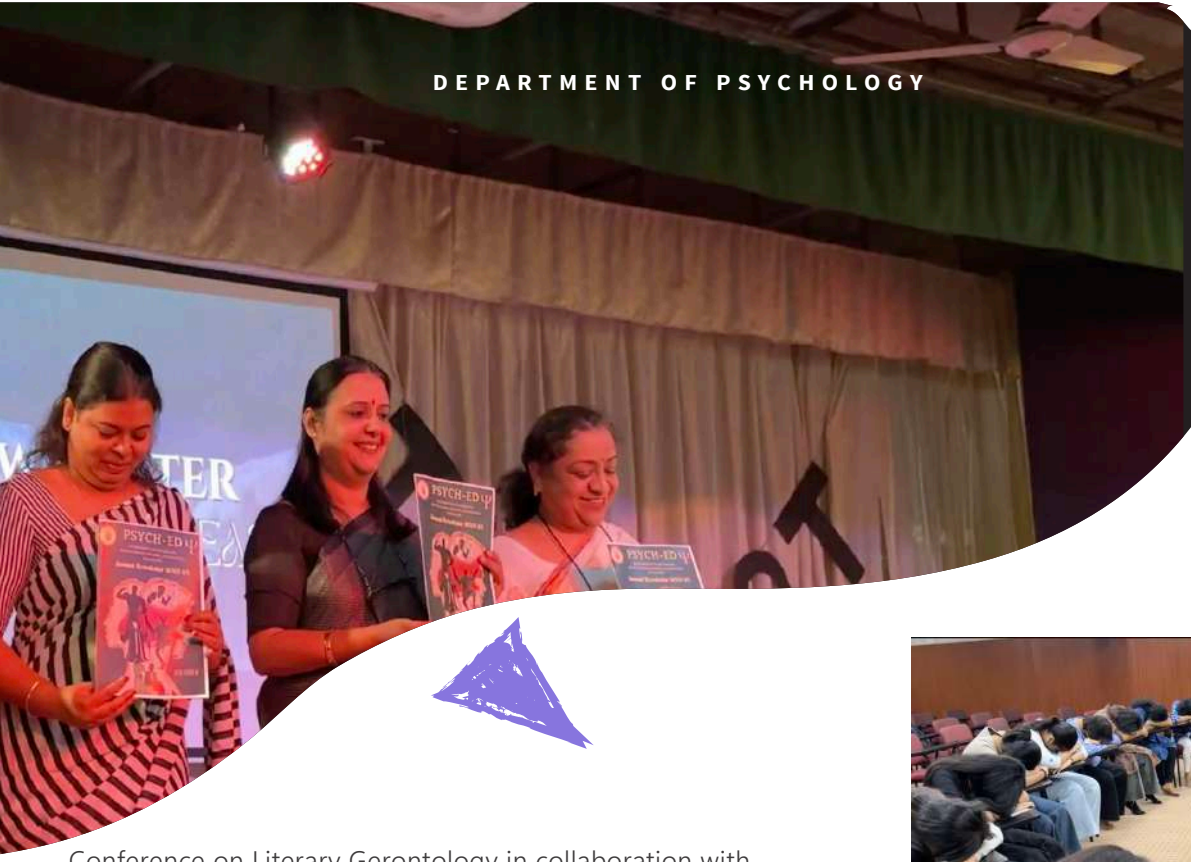
The Department of Psychology conducted a series of academic and co-curricular initiatives during the year, integrating theoretical learning with practical engagement. The Psychology Association, led by Ms Pallavi KP alongside Secretaries Drishya Marakini and Arpita Biju, organised events across both semesters.

The year began with Cerebral Castaways on 26th July as part of Freshers' Day, followed by Veil and Verdict during Cul-Week on 8th August. On 10th September, World Suicide Prevention Day was marked jointly by the Psychology Association and the postgraduate association, Cortex Collective, through awareness stalls, an open mic, and a Gatekeeper Training Workshop facilitated by Dr. Sowmya Putturaju, focused on identifying warning signs and supporting individuals in distress.

The Synaptic Odyssey, held on 19th September as part of Academicia 2025, explored memory, perception, and cognitive processes through interactive activities.

Cortex Collective hosted the department's first-ever hackathon, Mind Spark, on 15th October — a 12-hour event themed "Psychology in Action: The Role of Psychology for Social Impact." Student teams presented solutions, a panel discussion featured professionals from psychology, economics, and the corporate sector, and a skill development session on idea pitching rounded off the day. The department also contributed to Conclave 2025 on 15th December, held in collaboration with the Departments of Journalism, Economics & Public Policy, and Travel & Tourism, featuring a panel discussion on "Wellbeing in a Connected World."

On the academic front, the department organised an International



Conference on Literary Gerontology in collaboration with the Department of Kannada on 18th February 2026, followed by a National Conference on "Inclusive and Equitable Education: Perspectives and Practices" on 10th March 2026, conducted with the Equal Opportunity Cell and Dr SR Chandrasekhar Institute of Speech and Hearing.

The year culminated with Inkblot on 13th March 2026, the department's most anticipated annual event, themed "Know Thyself: The Archetypes" and inspired by the theories of Carl Jung. Activities included Psyche and Ladders, Quest for Self, Unmasked, Class Wars, a Talent Show, and a Jungian adaptation of Mafia — in which the "Mafia" represented the shadow archetype and participants identified the "shadows" through observation and deduction. Faculty members also took part in their own set of team challenges. The Valedictory Ceremony announced and felicitated winners, celebrated the department's achievements over the year, and marked the release of Psynegy, the 17th edition of the department's annual newsletter. Reflecting on the event, Dr GS Shylashree, Head of the Department, said, "Inkblot started as a farewell for our final year students. It is a way of telling them goodbye and having fun, along with showcasing everything that has been happening in the psychology department over the year."







Equilibrium

The Sociology Association had an active and consistent year, with a series of events that brought together participation, learning, and engagement. The year began with Kaun Banega Leafpati, a freshers' event that introduced new students to the department through a quiz and herbarium activity, creating a sense of involvement from the start. This was followed by the ICSSR seminar performance and the U and I orientation, where students were exposed to wider social themes and volunteering opportunities, allowing them to connect classroom learning with real-world contexts.

As the semester progressed, Cul-Week and Academicia created platforms for students to explore sociological ideas through games, debates, and discussions on topics such as development, cinema, and social issues. Caring With Colours added a community dimension, combining skill-building with volunteering and showing how academic spaces can contribute to broader social engagement. The department maintained a steady flow of activities throughout the term, ensuring students remained involved. Reflecting on their experience organising these events, secretaries Rihana K and Afifa shared, "We learned how to manage events, work with a team, and handle responsibilities. It was sometimes challenging, but overall it was a great experience."

The department also brought academic depth to the calendar through events like Manan and the national seminar on the educational status of religious minorities, which opened up discussions on policy, identity, and inequality alongside student paper presentations that encouraged research and critical thinking. Human Rights Week extended this engagement through smaller, more intimate formats — sharing circles, talks, screenings, and performances — where students could connect personal experiences with larger social structures. These initiatives collectively brought about a visible change in the department, with more students participating and showing interest compared to the previous year.

The annual fest Adhamya, the street play collaboration, and the museum activity continued this momentum, involving students in debates, performances, and conceptual work centred on themes of inclusivity, representation, and collaboration. The association also took stock of its progress, acknowledging that while planning and participation had improved, there remained scope to involve more students and introduce more practical sessions in the year ahead.

Overall, the Sociology Association met most of its objectives through consistent effort and teamwork. The year created meaningful opportunities for students to learn beyond the classroom, engage with real social issues, and develop skills in research, communication, and collaboration — making it a productive and impactful year for the department.



Travel, Royalty, and Sustainability

The Department of Travel and Tourism organised a range of events through the academic year, covering inter-collegiate competitions, awareness programmes, panel discussions, and co-curricular activities, with a consistent focus on sustainability, heritage, and professional development.

The year began with Freshers' Day 2025, themed Galactic Odyssey, welcoming new students and introducing them to the culture of the department. World Tourism Day was observed on 27th September in the DJB Auditorium under the theme Tourism and Sustainable Transformation, featuring a talk on responsible travel by Mr. Abbas Hameed and a panel discussion with Ms. Ruth Evangeline, Ms. Alicia, Ms. Pearl Alison Lopez, Ms. Shreya, and Mr. Sidharth, covering sustainability in tourism and work-life balance while travelling.



Quadrasphere was held on 8th December at the LSCB Seminar Hall, themed Wellbeing Connected to the World and the Challenges of Changing Landscapes. Student teams competed across five rounds covering current affairs, logical reasoning, and conceptual analysis. The December Conclave on 15th December built on these themes, featuring a panel discussion with experts including Ms. Karthika Nair on transformation, sustainability, mental health, and media influence, preceded by a quiz and interactive activities.

Ire Questa 2026, the department's annual inter-collegiate fest, was held on 27th January to mark National Tourism Day. Themed Mehfil-e-Mughal, the fest drew on the cultural and artistic traditions of the Mughal era. Eight events were held across the day — including Irtiqa-e-Sultan (Best Manager), Noor-e-Sultanat (fashion show), Rhythms of the Empire (group dance), Akbar's Dilemma (product launch), Raah-e-Shaahi (itinerary planning), Gulzar-e-Raaz (treasure hunt), and Darbar-e-Dimag (quiz). Five colleges participated, with St. Joseph's College of Commerce fielding the largest contingent of 43 members. The fest was attended by guests Ms. Lakshmi Govindaraj and Mr. Govind Raj.

Trials of the Fallen, the department's Cul-Ah! event, was held on 13th February. A simulation-based team activity, it required students to manage resources, form alliances, and respond to a series of challenges, highlighting themes of leadership, adaptability, and problem-solving.

Across the year, the department created varied opportunities for students to connect academic learning with practical and creative experience, reflecting its ongoing commitment to sustainability, global awareness, and student development.

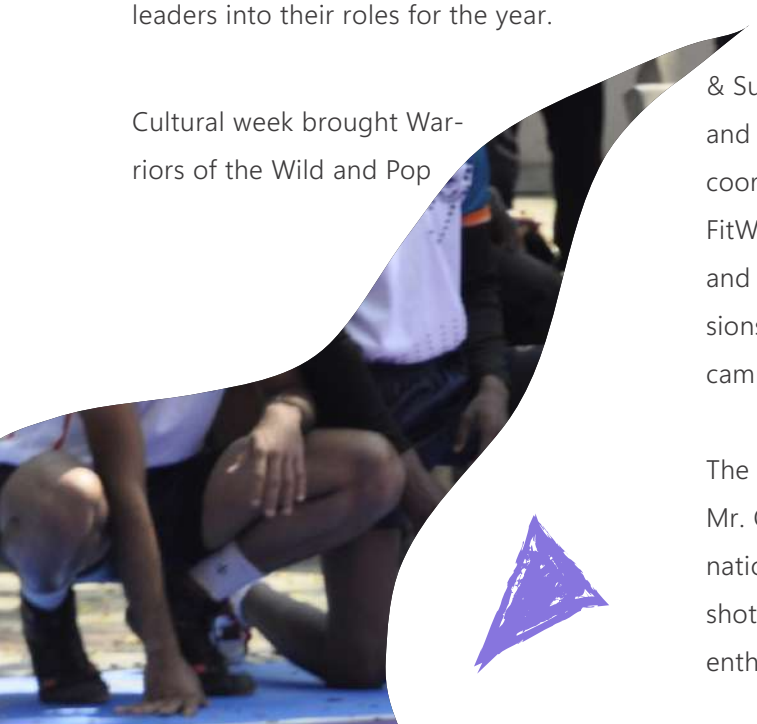
ON THE MOVE



The Department of Physical Education and Sports Association had an active and wide-ranging year, with events that spanned competitive sport, wellness, leadership, and cultural engagement.

The year began with a Sign-Up Drive and Selection Trials, giving students the opportunity to join the association and represent the college. National Sports Day was marked with a quiz blending sporting knowledge with enthusiasm, and Freshers' Day welcomed new students into the department. The Sports Investiture Ceremony formally inducted student leaders into their roles for the year.

Cultural week brought Warriors of the Wild and Pop & Survive, team-based challenges combining sport with strategy and creativity. A basketball coordination challenge tested hand-eye coordination and balance through spinning-before-shooting, while FitWeek put participants through the Cone Touch Drill, testing agility and athleticism. Yoga Day, Fit Week, and dedicated Aerobics Sessions for staff reinforced wellness as a consistent thread through the campus community across the year.



The 77th Annual Athletic Meet was held on 13th September, with Mr. Ganesh N — internationally recognised throwball player and national referee — as chief guest. Students competed in athletics, shot put, discus throw, javelin throw, long jump, and more to an enthusiastic crowd.











KHEL 2026, the college's annual intercollegiate sports fest, was held under the theme Fitara — combining the words fitness and aura. The fest opened with a Marathon and expanded into competitions across multiple sports, drawing over 35 colleges — the highest participation in the event's history. Three sports were introduced for the first time: chess, table tennis, and men's kabaddi. Mount Carmel College claimed the overall championship. "This was the first time we included three new sports and formed a theme for Khel. It's been an exciting journey and a great year for sports at MCC," said Dr. K Mary Dolly, Vice President of the Sports Association and Head of the Department.

Beyond campus, students represented both MCC and India in external tournaments, winning individual prizes and bringing recognition to the department. "It's all an incredible win for the department," reflected Dr. Mary Dolly.





School of

NATURAL & APPLIED SCIENCEs

Beyond the Bench

The Department of Biochemistry organised a range of events through the academic year, in collaboration with the Biogenix Association and other departments, covering awareness programmes, guest lectures, competitions, and co-curricular activities. The year opened on 26th July with Trial by Fire, a freshers' event themed around the element of fire, welcoming first-year students to the department. This was followed on 28th July by an observation



of World Hepatitis Day under the theme "Hepatitis Can't Wait," which included an exhibition and a guest lecture by Dr. Prasanna Bhat K.S., a consultant hepatologist from Manipal Hospital, who spoke on liver disease, early diagnosis, and recent advancements in hepatology.

Cul-Week on 9th August brought Nostalgia Live: From Cartoons to Choruses, a retro-themed event combining performance, humour, and creativity. Academicia on 19th September featured The Biothesis: Think and Argue — All in the Name of Science, with rounds designed around teamwork, subject knowledge, and analytical thinking. World Alzheimer's Day on 22nd September was marked through four cognitive games and informational content on topics such as the role of estrogen in brain health and the function of sleep in clearing harmful proteins. In January, Dr. Aswin Sai Narain Seshasayee of the National Centre for Biological Sciences delivered a guest lecture on gene regulation. February brought three back-to-back events: From Bench to Breakthrough, a session organised as part of E-Week Transcendo 2026 with keynote speaker Dr. Anuradha Singh, Founder of Aaryagen Seeds and Technologies, followed by a business pitch competition titled Cures vs Cost: The Biopharma Dilemma; the Cul-Ah! event Echoes of the First Roar, themed around survival, adaptability, and tribal resilience; and Synergia on 27th February, co-organised with the Microzone and Eco-Warriors associations to mark National Science Day, featuring academic rounds and a microscopic exhibition of blood smear analysis.

Across the year, the department created consistent opportunities for students to engage with biochemistry beyond the classroom and to develop skills in research, communication, and collaboration.

From Petri Dish to Podium

The Biogeneiac Association organised a wide range of academic and co-curricular events through the year, creating opportunities for students to engage with biotechnology both inside and outside the classroom. The year began with a sign-up drive in July that drew over 250 students from various streams, followed by the Freshers' Day event Poképlanet Rescue on 26th July, organised in collaboration with the Zoology and Botany associations, which welcomed new students through an interactive, planet-saving game.

Cul-Week brought Millennium Madness, a high-energy Y2K-themed event featuring Dumb Charades, a navigation challenge, and a ramp walk. The event's strong response from the crowd earned Biogeneiac the Best Association Award for Day 3.

The association also had a strong showing at intercollegiate fests, securing 2nd place at Jeevotsav '25, the Overall Trophy and 9 medals at WILD 15.0, and continued wins at Microverge 2.0, Origo 2026, and SEQUENTIA 2026. Reflecting on the year, Secretary Adela M Lyngdoh shared, "When we first began, we never imagined Biogeneiac would grow into what it is today. It is truly all because of our incredible team."

Beyond competitions, the association offered hands-on learning through workshops like Germ Games, where participants swabbed surfaces and plated samples to observe microbial growth, and BioHack, which gave students the chance to perform DNA isolation and gel electrophoresis in a student-friendly setting. Sessions on careers, drug discovery, and global opportunities helped students navigate their futures in biotechnology. The association's newsletter, Biogenesis, released multiple editions across the year on topics ranging from departmental updates to sustainability, collectively reaching over 1000 downloads.



The year was one of balance — between science and creativity, competition and collaboration. As Secretary Neha S. reflected, "No matter the highs or lows, some of my best memories were made in Biogeneiac. It was the missing piece of my puzzle."

Leaves, Labs and Legacies



The Department of Botany had an active and varied year through its association Prakruthi, with events spanning academic fests, cultural collaborations, workshops, and fieldwork. The year began with an Earth-themed Freshers' Day on 26th July, organised jointly with the Departments of Biotechnology and Zoology. The event welcomed first-year students through riddles, games, and storytelling, creating an energetic and inclusive start to the year. Cul-Week brought Gilded Secrets: The Masked Affair, an immersive masquerade event hosted in collaboration with the Chemistry Association. Set in the fictional Sterling Manor, participants decoded clues, performed, and solved mysteries across rounds that blended storytelling with teamwork. Academicia 2025 saw the association host Apotheonova, their first independently organised intercollegiate academic fest, themed Apotheosis: The Ascent of Knowledge. Teams from colleges including Jain CMS engaged in myth-busting rounds, rapid-fire quizzes, creative design challenges, and collaborative activities exploring the journey of human knowledge from ancient beliefs to modern science. In September,



students travelled to Dandeli from 10th to 13th for a field trip titled Where Textbook Meets Forest Trails. Set in the Western Ghats, the trip involved identifying plant species, birdwatching, and wildlife observation, alongside camping and kayaking. October brought Vruksha Amrutha, a postgraduate-led workshop on herbal product formulation. Participants prepared Ayurvedic formulations like Trikatu Churna and Nirgundi Taila, and learned about quality testing, adulteration detection, and herbal entrepreneurship. For Cul-Ah 2026 on 13th February, the association collaborated with Chemistry and Zoology to organise Tribe Dash: Whispers of the Wild, a team challenge built around themes of survival, nature, and indigenous traditions. The event drew participation from multiple institutions, with the winning non-contingent team from SJCC taking the top spot. National Science Day was marked through Curie-osity Quest, a campus-wide treasure hunt and mini-game event organised jointly by the Botany, Biotechnology, Chemistry, and Zoology associations, celebrating the spirit of scientific inquiry through teamwork and creative problem-solving. Across the year, Prakruthi consistently brought together science, creativity, and collaboration, reflecting the department's commitment to learning that goes well beyond the classroom.

DEPARTMENT OF CHEMISTRY

DEPARTMENT OF COMPUTER SCIENCE

Reactions, Research, and Responsibility

The Department of Chemistry organised a full calendar of events through the year, spanning co-curricular competitions, guest lectures, industrial visits, and a sustainability initiative, both independently and in collaboration with other associations.
The year opened on 26th July with Luna Hunt, a freshers' event co-organised with the Microzone Association, themed around sustainability and the elements of soul, space, and water. Rounds included Bingo or Not, Bollywood Express, and a campus-wide treasure hunt based on riddle clues. Cul-Week on 8th August brought Gilded Secrets: The Masked Affair, a masquerade-themed event held with the Botany Association featuring mystery-solving and a ballroom dance segment. Academicia on 19th September featured Race to Revelation, an intercollegiate event in which eight teams competed across three rounds on the history of science and scientific reasoning.
The Cul-Ah! event on 13th February, Tribe Dash: Whispers of the Wild, was organised jointly with the Botany and Zoology Associations around themes of survival, nature, and indigenous traditions. National Science Day on 27th February was marked through Curie-osity Quest, a collaborative event with three associations, alongside a student-led Fake Blood Experiment demonstrating complex ion formation and coordination compounds.
Four guest lectures were held across the year. Dr. Ganga Periyaswamy spoke on computational chemistry in materials and medicine; Dr. T.V. Ramachandra of IISc addressed plastic pollution, climate change, and biodiversity; Dr. Vinod T.P. of Christ University discussed sensing and separation applications in fibrous materials; and Dr. Varsha Lisa John, Post-Doctoral Fellow at IIT Madras and Founder of Epistemia, guided students on academic and career pathways in materials chemistry.
Students also visited the Central Food Technological Research Institute in Mysore in September, gaining exposure to research in flour milling, protein chemistry, and food engineering. In February, students visited the Kaiga Nuclear Power Plant in Karnataka, receiving firsthand insight into nuclear power generation.
The department also launched Plastic to Purpose, a campus-wide initiative to collect and recycle plastic stationery, reflecting its commitment to environmental responsibility.

After the Algorithm

The Carmel Chips Association, the official Computer Science Association of Mount Carmel College, organised a range of events through the academic year combining technical skills with creativity, teamwork, and practical thinking.

The year began with The Lost Soul Drive, a tech-infused treasure hunt on Freshers' Day, themed around the element of Space. First-year students were divided into teams of three and navigated a series of clues across campus, completing logic-based and physical challenges at each stop.

The event was designed to encourage collaboration and lateral thinking from the very start.
MythQuest, the association's inter-collegiate coding competition, brought together teams of two from various colleges across three rounds — Decrypting Myths, a Debugging Challenge using buggy code inspired by mythological themes, and an Algorithmic Challenge requiring efficient and creative solutions.
St. Joseph's University placed first, Christ University second, and Jain CMS third.

IT Manager: The Startup Simulation Challenge, held as part of Sapienza 2026, tasked teams of two with simulating the experience of building a technology startup. Rounds covered startup pitching, cipher-based code decryption, and a JAM session testing spontaneous communication and confidence.

Roar of the Champions, held on 14th February, was an inter-collegiate Call of Duty: Mobile tournament at the MOC Seminar Hall. Teams of up to six competed across elimination rounds on multiple maps, with the event testing coordination, strategy, and teamwork.
Across the year, Carmel Chips created consistent opportunities for students to engage with technology through competition, simulation, and collaborative activity, reflecting the association's commitment to technical rigour and creative application.



Shocked yet?

The Electronics Association had an active year, with a series of events focused on participation, learning, and teamwork. The year began with the Investiture Ceremony on 15th July, formally introducing the new student council and association secretaries. This was followed by a Sign-Up Drive on 21st July, through which students joined teams across social media, logistics, design, content writing, and more, building the core team that would manage the year's activities.

Freshers' Day on 26th July brought new students into the fold, with the association encouraging them to explore opportunities within the department. Cultural Week in August carried a masquerade theme, with Battle for the Golden Crown drawing participation across batches through a series of games. A department-level Freshers' Party in September helped build connections between seniors and juniors. Academicia on 19th September saw the association organise Chrono Quest, a time-travel-themed tech hunt with rounds covering MCQs, rapid fire, and one-word answers. The second semester opened with Cul-Ah on 13th February, where the Electronics and Mathematics Associations collaborated to conduct Hunters Logic: Survival by Numbers, an event that combined knowledge with strategy across multiple rounds. Science Day on 27th and 28th February brought the year to a close, with students showcasing scientific models and explaining their concepts. An alumnus also joined the students, sharing personal experiences and career advice.

Participation grew visibly over the course of the year, with more students taking part in events compared to the previous year. Planning and execution also improved, and the association met most of its goals for the year. The team reflected that while progress was clear, there remains scope to introduce more practical activities and involve a wider section of students going forward.

Beneath the skin

The Human Development Association had an engaging year, with events that balanced creativity, learning, and inter-collegiate participation.

The year opened with Under the Canopy on 26th July, a nature-themed freshers' event featuring puzzles, eco-poetry, fragrance activities, and a campus scavenger hunt, wrapping up with students leaving reflections on a handmade feedback tree. Cul-Week brought The Hall of Wits on 8th August, where participants auctioned masquerade-themed objects as priceless treasures and crafted stories from their own drawings, drawing plenty of laughter from the audience.

Play Mela — Joy of Just Playing, held on 10th September, gave 5th Semester NDHD students a hands-on experience of play and creativity as part of their coursework, reinforcing the role of play in adult wellbeing. Academicia on 19th September featured Serpents of Setbacks, Ladders of Leaps, a life-sized Snakes and Ladders game in which participants navigated riddles, debates, and knowledge tasks — a creative way to explore resilience and critical thinking.

The year ended with Clanfall: The Final Trial at Cul-Ah! on 13th February, a three-round competition testing reasoning, cultural awareness, and teamwork through scenario-based challenges, tribal community identification, and decoding of ancient linguistic clues, with teams from several colleges taking part.



A greener tomorow

Eco Warriors and the Department of Life Sciences organised a series of events through the academic year 2025–26 focused on sustainability, environmental awareness, and critical thinking. Events were held in collaboration with several other associations and departments, combining academic engagement with practical and interactive formats.

The year began on 26th July 2025 with Surf and Serve, organised as part of Freshers' Day in collaboration with the Equal Opportunity Cell. The event explored social and ethical issues through the lens of water, with connections drawn to SDGs 3 and 12. It was structured into two rounds: a picture-guessing activity and a celebrity statement defence challenge and was planned and executed as a fully waste-free event.



On 29th July 2025, the Eco Warriors organised the Biodiversity Hunt in collaboration with the NSS, to mark Biodiversity Day. Held across the campus and centred at the amphitheatre, the event was a treasure hunt in which participants followed a sequence of twelve clues placed at different locations around the college. The clues, when solved in order, spelt out the word Biodiversity. The event aimed to raise awareness about ecosystem services and the importance of biodiversity conservation.

Sherlock in the Woods was held on 8th August 2025 and took the format of a detective game built around environmental crime. Participants gathered clues to identify a culprit representing a profession or industry, and a harmful practice responsible for the destruction of a specific ecosystem. The event encouraged investigative thinking and drew attention to real-world environmental issues in an interactive format.

On 19th September 2025, the Eco Warriors organised Lumières: The Ascent of Knowledge in collaboration with the Microzone Cell, as part of Academicia. The event connected themes of the Age of Enlightenment with contemporary environmental and scientific challenges, and tested participants across three progressively difficult rounds: Myths and Mysteries, Sparks of Reason, and The Illumination: Covering analytical thinking, subject knowledge, and persuasive communication.

The Department of Life Sciences organised a two-day Biofuel Day on 21st and 22nd August 2025 in collaboration with the Karnataka State Council for Science and Technology and the Karnataka State Bioenergy Development Board. The programme included expert talks, an inter-collegiate quiz competition, and a poster presentation session, exploring biofuels as a sustainable alternative to fossil fuels. A full report on this event is covered separately in the Department of Life Sciences annual report.

The Eco Warriors and the Department of Life Sciences organised a consistent and varied programme in 2025–26, giving students opportunities to engage with environmental and sustainability themes through competitive, investigative, and collaborative formats. The year reflected the association's commitment to combining environmental awareness with intellectual development. The association looks forward to continuing this work in the year ahead.

Mathematics In Motion

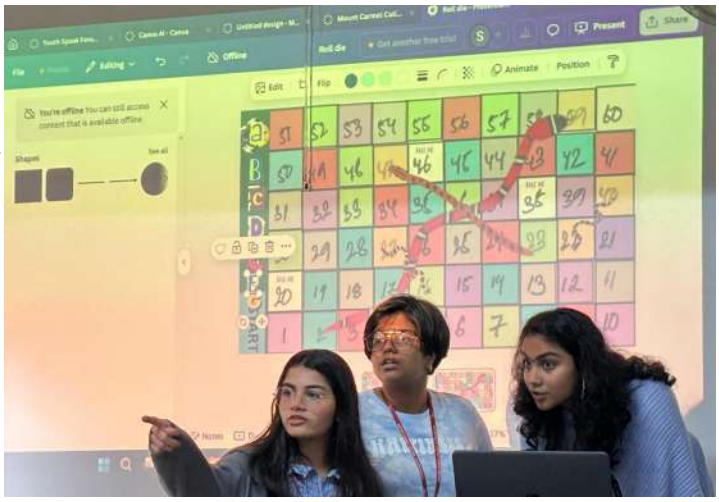
The Mathematics Department organised a series of academic and co-curricular events through the year, both independently and in collaboration with other departments, with a focus on interactive learning, interdisciplinary thinking, and student engagement.

The year began with Gravity and Grids, held as part of Freshers' Day in collaboration with the Physics Department. The two-hour event combined learning with entertainment through two rounds — a subject-themed Hangman and a modified version of Snakes and Ladders without ladders, where participants identified scientists, performed charades, and completed language-based challenges. Six teams took part, with Team C emerging as the winner.

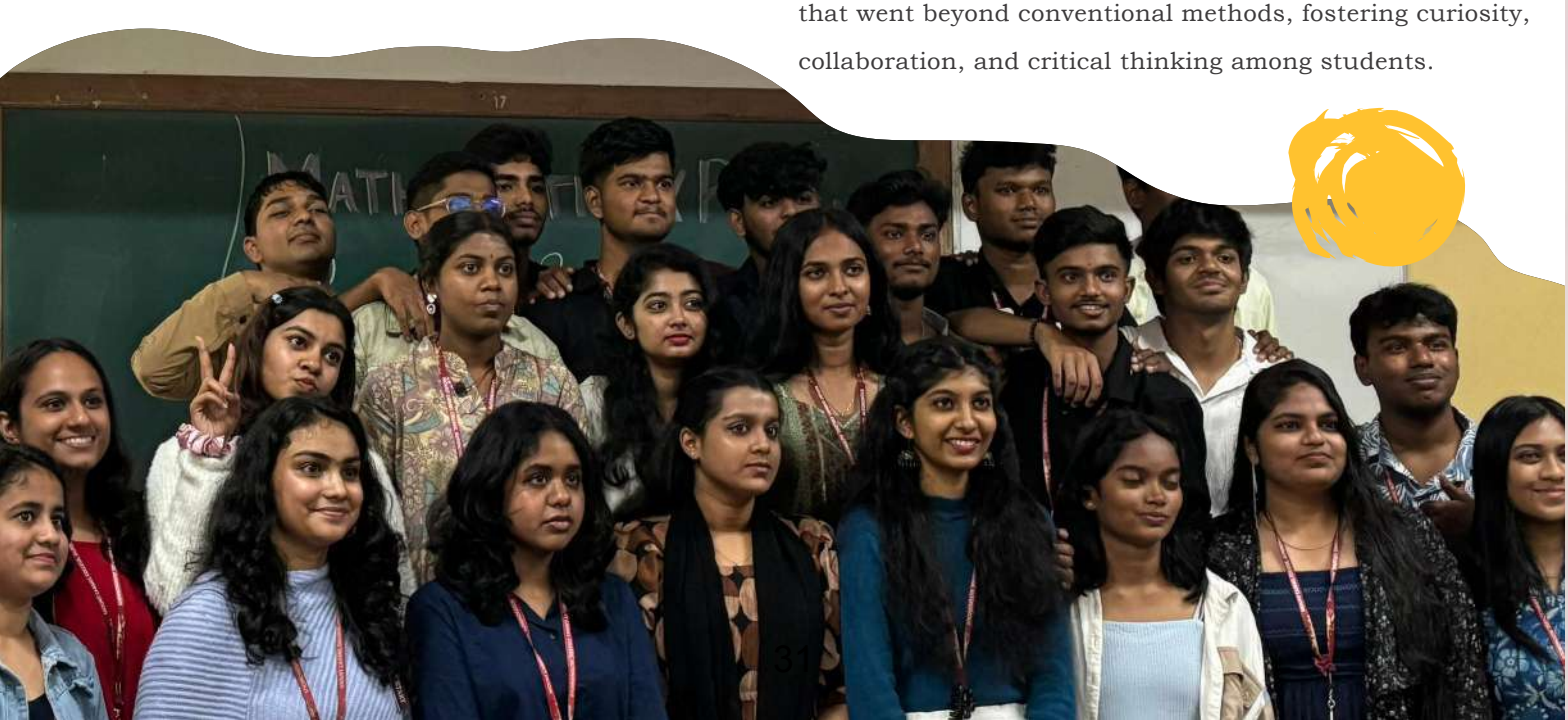
Academicia 2025, held under the theme Apotheosis: The Ascent of Knowledge, featured a campus-wide treasure hunt organised by the department. Six teams of three followed a series of clues to different locations across campus, solving math-based questions at each stop before working towards the final hidden treasure. The winners were Laksh, Sahil, and Bhumik from Jain CMS College. Participants noted that while some sections — particularly integration — were challenging, the format made mathematics genuinely enjoyable.

National Science Day on 27th February 2026 brought Civitas: The Survival Protocol, a collaborative event organised with the Physics, Electronics, and Statistics & Analytics Associations. Teams were tasked with designing self-sustaining settlements on assigned celestial bodies, presenting their plans using Canva within a set timeframe and drawing on concepts from across all four disciplines. A second round introduced a crisis scenario, requiring teams to respond to unexpected challenges and propose solutions. All six teams advanced to the final round, with Siddhartha and Shalom from St. Joseph's University taking first place for their innovative and well-structured response.

Across the year, the department created learning experiences



that went beyond conventional methods, fostering curiosity, collaboration, and critical thinking among students.



CURIOUS BY DESIGN

The Physics Association had a focused and meaningful year, with events that prioritised depth of learning over volume of activity. Through lectures, workshops, field trips, and hands-on sessions, the department worked towards a single goal — making students fall in love with the subject.

On 23rd January, a one-day workshop on energy-efficient glass manufacturing was held for third-year B.Sc. Physics students, led by Dr. Renuka C. The session covered the types, properties, and manufacturing of glass, with a focus on sustainability. Fourteen students participated in what was described as an interactive and informative session that connected science with real-world application.

On 19th February, the department hosted Voyage through the Cosmos, a Skywatch and Lecture session that drew over 60 participants. Students



gathered on the MOC terrace to observe sunspots through a telescope — a chance, as one participant put it, to see the sun as more than a concept in a textbook. This was followed by a lecture from Dr. Chrisphin Karthick, a scientist and science communicator, who spoke on observatories across India and kept the room engaged through questions and discussion. A highlight of the session was an interactive demonstration of solar and lunar eclipses involving six student volunteers, making the concepts tangible and memorable. Students were also pointed towards opportunities such as visits to the Kodaikanal Solar Observatory Museum and potential internships.

The department also hosted a career guidance lecture by Professor J. Ramakrishna, covering options in M.Sc., M.Tech, integrated programmes, and the JAM examination. Beyond the technical guidance, the lecture placed equal weight on student morale, encouraging curiosity and a proactive approach to learning in a system that often prioritises degrees over genuine understanding. Field trips to MI Tech Field and the Raman Research Institute added further practical dimension to the year, alongside multiple seminars on topics ranging from mechanical problem-solving to data analytics and conscious living.

“Even though we didn’t have much going on in terms of events this year, it was such a success in terms of learning something new,” reflected Svetlana, Secretary of the Physics Association. Few in number but lasting in impact, the year left students with not just knowledge but a renewed sense of wonder toward the subject.



MIC OF

Two years ago, Mount Carmel College launched Bio-Bliss, its first high-scale intercollegiate microbiology event. The tradition stalled the following year due to organisational challenges, but secretaries Tejal and Arshiya — who had helped their seniors host the original event — were determined to bring it back. As Arshiya put it, "This time we set our foot down and said we want to do this."

On 13th January 2026, Bio-Bliss was revived as Microverse: a series of three events followed by a quiz, testing participants' wit, confidence, and knowledge of the microbial world. The cross-word round tested recall speed and basic knowledge. A Just-A-Minute round challenged participants to speak fluently for a full minute on creative topics revealed on the spot — including the inner monologue of a turtle affected by plastic pollution and the sustainability of Indian marriages — without grammatical errors, repetition, or pauses. Mayhem Manager required participants to embody company representatives and defend against accu-sations of mismanagement and faulty products. The finale was a quiz spanning microbial knowledge across air, water, space, and soil. Students from St. Joseph's University, BMS College, and



MICROVERSE MADNESS

Kristu Jayanti University all took part. A second-year microbiology student later remarked, "Microverse was a great experience and I would love to carry it forward next year."

Beyond Microverse, the department and Microzone Association held a full programme of workshops, guest lectures, and events through the year. A five-day online workshop titled Curiosity to Contribution, held from 7th to 11th July, covered research writing, literature search, academic publishing, and the responsible use of AI. An Alumni Connect session on 12th July featured Shradha Sikaria from the batch of 2018, a public health professional who spoke on antimicrobial resistance and One Health initiatives through her work with organisations including Jhpiego and PATH.

In September, two guest lectures explored microbiology's role in health. On 12th September, Dr. Haris Parengal of the Centre for Tropical Biodiversity Conservation delivered a keynote on Microbes and Mental Health, examining recent research linking microbial activity to conditions such as depression. On 29th September, Dr. Farhat Afrin — recipient of the American Association of Immunologists award and the Commonwealth Academic Staff Fellowship — lectured on nanomedicines as emerging therapies for visceral leishmaniasis.



Statiscally Speaking

The Department of Statistics and Analytics had an active year through Anovation, its student association, with a calendar that combined industry-oriented talks, technical workshops, alumni sessions, and intercollegiate events.

The year opened on 17th July with a guest talk on National Statistics Day, where Dr. Tinku Thomas of St. John's Medical College demonstrated how statistical tools can be used to design affordable and nutritious diets, drawing from her work with ICDS and Anganwadi programmes. This was closely followed by a three-day Power BI workshop from 25th to 28th July, conducted by Microsoft expert Ms. Rinka Devi, in which around sixty students learned data visualisation, DAX functions, and dashboard creation. Freshers' Day on 26th July brought Error 404: Logic Not Found, a two-round competition themed around water, featuring decoding activities, word grouping, and debate.

Cul-Week on 7th August featured Gossip and Glitches, a Y2K-themed event with quizzes, music rounds, and charades. The Inspiring Conversations alumni series ran throughout the year, with sessions featuring Ms. Pragya Jaiswal, Data Science Analyst at Accenture; journalist Ms. Prathibha C, Deputy Editor at Times Now; PhD scholar Ms. S.S. Meyvizhi from the University of Glasgow; and Ms. Maitreyi Das, Associate Data Science Manager at Ralph Lauren, who spoke on GenAI in retail analytics. The Discuss and Grow series complemented this with student-led discussions on stray dogs in India and the societal implications of artificial intelligence. Academicia on 19th September featured Eureka — The Grand Ascent, an intercollegiate event challenging participants through logical reasoning and Tableau rounds.

Guest lectures continued through the second semester. Ms. Shreoshee Mukherjee of IISc spoke on mathematical models guiding HIV policy, and Ms. Preeti Ravikiran of NMIMS addressed time-series analysis and machine learning in healthcare. STAVIS 1.0 on 7th February brought an intercollegiate workshop on data visualisation using Power BI and Tableau. As part of E-Week Transcendo on 10th February, the department organised AIMPACT, a talk on responsible data use in the AI era, followed by a technical workshop on the Equation Editor. Cul-Ah! on 13th February featured Bid or Bust, a bidding-based strategic competition that drew ten teams from various colleges. A two-day SQL workshop on 19th and 20th February introduced students to relational databases and query writing.

The year closed with National Science Day on 27th February, where the department collaborated on Civitas: The Survival Protocol and showcased student projects at the MCC Science Exhibition, including Power BI dashboards and an AI-powered chatbot.

Reflecting on the year, Secretary Dewanshi Arora shared, "Being the Secretary of Anovation has been the highlight of my college life — hectic, demanding, and deeply rewarding. Every responsibility brought its own challenges, but shaped some of my proudest moments and taught me lessons I'll carry far beyond my undergraduate years."

From Four Walls to an Ecosystem

The Department of Zoology had an active and varied year in 2025-26. Across guest lectures, workshops, field visits, and co-curricular events, the department provided students with consistent opportunities to engage with zoology beyond the classroom. Events were organised independently and in collaboration with other science associations throughout the year.

The year began on 26th July 2025 with the freshers' event, PokéPlanet Rescue: The 6th Element, organised jointly with the Botany and Biotechnology Associations. Themed around Earth as a grounding force of nature, the event included riddles, fast-paced races, and storytelling activities, and was introduced with a welcome from the secretaries of all three associations.

Shortly after, from 31st July to 3rd August 2025, third-year students undertook a four-day visit to Chennai. The group visited the VGP Marine Kingdom, Madras Crocodile Bank, India Sea Shell Museum, Arignar Anna Zoological Park, and local beaches. The visit gave students direct exposure to a wide range of species and ecological environments, and provided an opportunity to connect classroom knowledge with firsthand observation.

The following weeks brought two academic sessions in quick succession. On 9th August 2025, Dr. Abraham Verghese delivered a talk titled Edible Insects: Food for the Future for second and third-year students, exploring the potential of insects as a sustainable food source in the context of growing global scarcity of food, water, and land. Two weeks later, on 23rd August 2025, Ms. Akshaya P facilitated a neurobiology workshop for second-year students covering psychological, philosophical, and neurological behaviour, with interactive puzzles and mind games woven into the session.



In September, the department participated in Academicia 2025 with an event themed The Final Radiance. Drawing on animal superstitions and Renaissance-inspired challenges, the event was structured into three rounds – Mythic Menagerie, Shakespearean Drama, and Bestiary Bazaar – combining zoology with mythology, strategy, and performance.

As the year moved into December, the focus shifted to conservation and careers. On 15th December 2025, A.V. Surya Sen, IFS, Executive Director of Bannerghatta National Park, delivered a talk on wildlife conservation, emphasising that the responsibility of protecting biodiversity extends beyond government agencies to every citizen. A month later, on 14th January 2026, Mr. Nitish KR, founder of biotechnology startup MicroLeer, conducted a career guidance session introducing students to pathways in epidemiology, forensics, entrepreneurship, and the blue economy, and encouraging them to approach career planning with greater intention and awareness.

The year closed on a collaborative note with Curie-osity Quest on 27th February 2026, organised jointly with the Biotechnology, Chemistry, and Botany Associations as part of National Science Day. The event brought together students from across the science departments for a series of knowledge-based mini games followed by a campus-wide treasure hunt, combining scientific thinking with teamwork and energy.

The Department of Zoology's calendar in 2025-26 reflected a consistent effort to connect academic learning with practical, real-world engagement. From field visits and expert talks to interdisciplinary competitions and career guidance, the year offered students a well-rounded and enriching experience. The department looks forward to building on this foundation in the year ahead.

School of

Commerce

&

School of

Management



BMA Seizes the Moment!

With the rapidly evolving landscape of technology and its growing influence on society, Carpe Diem 2025, the annual management fest hosted by the Department of Business Studies at Mount Carmel College, was centered around the theme of Artificial Intelligence and Ethics, with a special emphasis on eco-safety and responsible innovation. The fest aimed to encourage participants to explore the opportunities and challenges that arise as artificial intelligence increasingly intersects with human values, environmental sustainability and ethical decision-making.

The two-day intercollegiate event brought together students from various colleges to engage in competitions that tested their analytical thinking, creativity and managerial skills. Through a series of carefully curated events, participants were encouraged to examine real-world scenarios where technology, business strategy and ethical responsibility converge.

The fest commenced with an inaugural ceremony graced by Sr. M. Albina, Director of Mount Carmel College, and Dr. George Lekha, Principal of Mount Carmel College. The occasion was further honored by the presence of Mr. Muhammad Sirajudeen Qadri, the Chief Guest for the event and Mr. Uttam Pai Umesh, the Keynote Speaker. Their addresses highlighted the importance of balancing innovation with ethical responsibility in the age of artificial intelligence. Also present at the inauguration were Dr. S. Rajkumar, Dean of Management; Dr. Shobha T. S., Head of the Department of Business Studies; Ms. Mamata Rani, Vice President; and Dr. Stanley Vincent, Coordinator of the Business Management Association (BMA). The event was also supported by the efforts of Mithali and Kany, the Secretary and Treasurer of the Association. When asked about the efforts used for the event this is what Kany had to say, "When things solely fall on you, when you are given the chance to explore real-world challenges like getting together money, handling money, and even managing money, real money for a real purpose, it becomes a very big opportunity to learn accountability, as well as test and hone your own skills."

The competitions conducted over the two days were designed around contemporary business challenges influenced by AI, sustainability and ethical decision-making. Participants were required to apply their knowledge of management concepts while considering the broader impact of technology on society and the environment. The event rounds encouraged critical thinking, teamwork and innovative problem-solving in an increasingly digital and interconnected world.

The fest concluded with a valedictory ceremony attended by Dr. S. Rajkumar, Dr. Shobha T. S., Ms. Mamata Rani, and Dr. Stanley Vincent, who congratulated the participants for their enthusiasm and competitive spirit. The winners of the fest were announced, celebrating the exceptional performance of participating teams. St Joseph's College of Commerce emerged as the Overall Champions of Carpe Diem 2025 and also secured the Boardroom Winners title. Christ University, Bannerghatta Campus, claimed victory in the Business Quiz event.

Carpe Diem 2025 successfully provided a platform for students to engage with contemporary business issues while reflecting on the ethical responsibilities that accompany technological progress. By focusing on artificial intelligence and eco-safety, the fest encouraged future managers to think critically about how innovation can be harnessed responsibly for the benefit of both society and the environment.

From Viridesco to Emporia

The School of Commerce marked the academic year with two major fests — Undercurrents 2025 and Cross Currents 2026 — each offering students a platform to apply commerce concepts across leadership, marketing, finance, and entrepreneurship.



Undercurrents, the annual intra-collegiate fest, was held on 1st and 2nd August under the theme Viridesco: Reset, Rewire, Reign, inspired by SDG 12. Eight flagship events — Best Manager, Entrepreneurship Development Programme, Human Resources, Public Relations, Marketing, Finance, Business Quiz, and Travel & Tourism — challenged participants to think strategically while keeping sustainability at the centre. “Viridesco is a process of becoming green,” explained the Secretary of the Commerce Association. “It represents a transformation from conventional models to a sustainability-centred future.”

The fest encouraged students to link business thinking with environmental responsibility, combining academic rigour with creative and cross-domain exposure.

Cross Currents 2026, the national-level inter-collegiate fest, was held on 6th and 7th March under the theme Emporia: Quest of the Traders, The Ancient Odyssey — drawing on the Greek word emporion, meaning a centre of trade, and inspired by ancient trade routes and historic marketplaces. Eight events carried the theme through their design: The Mauryan Mantle (Best Manager) put participants through high-pressure case-based rounds over two

days; The Diplomat's Dominion (Public Relations) simulated media crises and stakeholder conflicts; The Guildmaster's Code (Human Resources) combined chess-based challenges with analytical case studies; The Caravan Conquest (Entrepreneurship) tested spontaneity and ideation through simulated start-up scenarios; The Arthashastra Archives (Finance) placed teams in the role of royal advisors navigating ancient economies; Bazaar Brilliance (Marketing) challenged participants on debating, personal selling, and consumer insight; The Navistrae Chronicles (Travel & Tourism) focused on itinerary planning, package design, and cost management; and The Trade Route Riddle (Business Quiz) tested brand awareness and rapid recall. The fest concluded with a valedictory featuring a dance performance, a corporate walk, and an after-movie capturing the highlights of the two days.

Together, Undercurrents and Cross Currents gave students meaningful opportunities to move beyond the classroom and engage with commerce through planning, competition, and real-world application.



Trade, Technology, and Transformation

The School of Commerce had a full and varied academic year, with events ranging from freshers' activities and cultural competitions to a website launch and an international conference.The year began with an Orientation Programme on 18th July, led by Ms. KR Surabhi, Vice President of the Commerce Association. First-year students were introduced to the association's structure, sectors, and roles — including newly introduced ones such as Ideation, Art and Decor, and Digital Operations. The session also highlighted the SDG Cell, with a focus on SDGs 3 and 12. Freshers' Day on 26th July brought Flames of Deception, a two-round event in which students guessed brand logos in Brand Blitz and simulated a corporate environment in Corporate Burnout, building confidence and teamwork from day one.



Cul-Week on 7th August featured Heritage in Crisis: Tangled Threads, which placed participants in the middle of the handloom sector's challenges, requiring strategic thinking and communication under pressure. Checkpoint on 14th August combined classic games like Snakes and Ladders and Guess Who with corporate trivia and business personalities, turning learning into a fun and competitive experience. Academicia on 19th September brought Aetheria: The Rise of Thought, which transported participants to the Industrial Era through quiz rounds and Shark Tank-style challenges, testing knowledge of historical economic events, industrial inventions, and the personalities who shaped global trade.

On 28th January 2026, the Commerce Association launched its official website, developed by students under the guidance of Mr. Daniel Rosario. The platform brought together event registrations, department information, galleries, and key statistics, making it easier for students and faculty to stay connected with the association.

The year concluded with an International Conference on People, Planet and Profit on 12th and 13th March, bringing together students, industry professionals, and faculty for keynote sessions, panel discussions, and paper presentations on sustainable commerce, economic models, and climate-conscious strategies.
Across the year, each event offered students opportunities to develop skills, gain exposure, and engage meaningfully with commerce beyond the classroom.



Intercollegiate
Events

Apotheosis of Learning

Mount Carmel College hosted its annual inter-collegiate academic fest, Academicia, on 19th September 2025, bringing together students from over 60 associations across diverse disciplines. Themed Apotheosis: The Ascent of Knowledge, the day offered a platform for students to demonstrate knowledge, creativity, and critical thinking across science, history, art, and philosophy.

The event opened with a formal inauguration and panel discussion titled From Myths to Modernity: Building Pathways for Tomorrow. The keynote address was delivered by Ms. Revathy Ashok, alumna of Mount Carmel College, who spoke on bridging tradition with innovation toward a more sustainable future.

Competitions and events followed across campus through the day. The Fine Arts Association hosted a Renaissance-inspired challenge in keeping with the fest's theme. Ms. Ambika Devi K, Assistant Professor and Vice President of the association, noted that the exercise encouraged students to engage with creativity and expression at its peak.

The Fashion and Apparel Design Association organised Fashionova, a showcase of innovation in fashion design that drew enthusiastic participation from students across colleges. The Psychology Association presented The Synaptic Odyssey, an interactive series of activities exploring memory, perception, and cognitive processes through hands-on experiences that balanced theory with practical engagement. The Commerce Association hosted Aetheria: The Rise of Thought, which transported participants to the Industrial Era through quiz rounds and Shark Tank-style challenges, testing historical knowledge alongside entrepreneurial thinking.

The fest concluded with a valedictory ceremony in which competition winners were felicitated. Jain CMS was declared the overall champion. Academicia 2025 reflected the college's commitment to academic engagement, interdisciplinary learning, and creative expression, giving students a meaningful space to apply knowledge beyond the classroom.

No Small Story

Mount Carmel College celebrated Founder's Day this year with a lecture by Booker Prize-winning Kannada writer Banu Mushtaq, organised by the Department of English. Her address carried a message that stayed with the room long after she finished: "No story is small."

Mushtaq spoke about writing in Kannada, the development of her work, and the responses she has encountered before and after winning the Booker Prize. "I believed in my stories, my language, and myself," she said. Her remarks on the position of women writers — that a woman who writes is still seen as a rebel — were later picked up by The Times of India in their coverage of the event.

The on-stage bilingual Q&A was conducted by Dr. Nalini of the English Department, who reflected on the weight of the occasion: "This is something of an entirely different scale because you're interviewing a Booker Prize author and the press is going to be there. I was nervous." Faculty members were equally moved by the interaction. Dr. Sreevidya Surendran described it as wonderful to meet "a confident woman who is so ready to do what she knows she does well," while Ms. Revathi Poral observed that for a writer so deeply involved in activism and legal work, Mushtaq's tone was surprisingly gentle and calm.

Students responded with visible enthusiasm. Shraddha, a second-year BSc student, said, "Existing in the same timeline as her is overwhelming. I get to see her, I get to talk to her. It's a privilege." Her takeaway from the address was simple: "Be smart, be bold, but write. Because you have your voice — speak. That's important."

The programme concluded with students and teachers lining up to have their copies of The Heart Lamp signed, and the afternoon ended with photographs and a palpable sense of occasion. Mushtaq's visit reflected the college's commitment to bringing literary voices to campus and the English Department's role in connecting students with the writers shaping contemporary literature.

THE TRIBAL TAPESTRY of CULAH! 26'

Cul-Ah! 26, the annual flagship fest of Mount Carmel College, was held on 13th and 14th February 2026. This year's theme, Echoes of the First Roar, centred on tribal welfare and the cultures, traditions, and histories of indigenous communities, shaping the planning, décor, and presentation of events across both days.

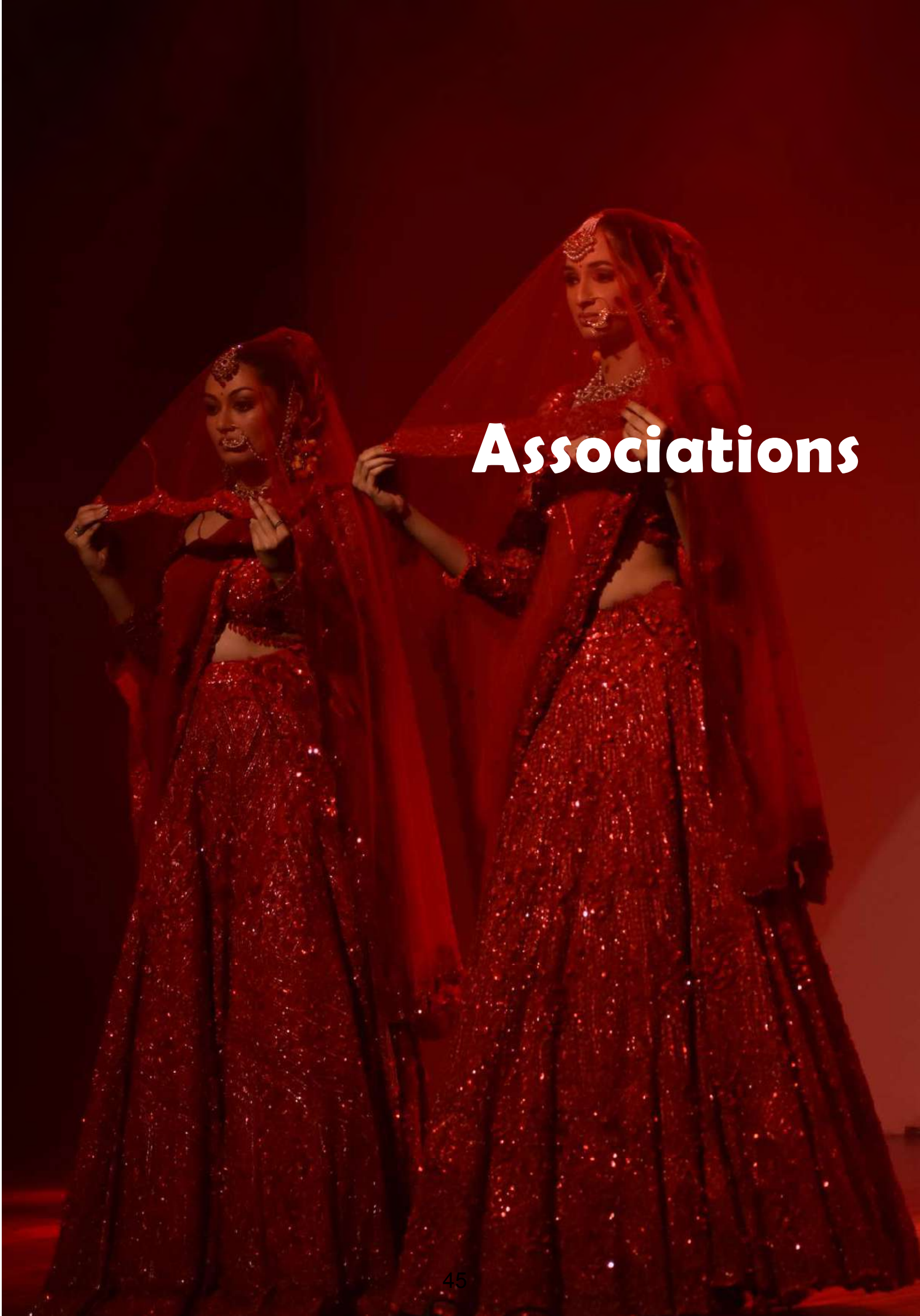
The fest was organised through the joint efforts of the Student Council and Student Welfare Officers, with thirteen operational sectors coordinating volunteers and managing logistics. Planning involved identifying the social cause, developing the theme in consultation with student associations, and designing visual elements that carried the theme throughout the campus. Approximately eight colleges took part, with three official contingents and additional independent participants competing across events, drawing an estimated footfall of 10,000 to 12,000 people over the two days.



The inauguration ceremony was a meaningful moment for the fest. Members of the tribal community were welcomed as guests of honour, among them the first tribal woman and man from their community to earn a PhD. They addressed the audience and shared perspectives on their culture and experiences. Dr. Ramesh Arvind also spoke on the role of cultural platforms in promoting awareness and celebrating diversity.

"It's the third time I am participating in Cul-Ah! — my favourite college fest as I have the most fun here. I have also overcome my stage fear by participating in fests such as Cul-Ah!" said Arfan, a final-year student from Jain CMS. For those on the organising side, the experience was equally formative. "Organising Cul-Ah! was an extremely valuable learning experience for me as the Student Council President and contributed significantly to my growth both as a leader and as an individual," reflected Afreen Reesha, President of the Student Council.

Cul-Ah! 26 brought together students from across colleges under a theme that carried both cultural and social significance, and reflected the collaborative effort of everyone involved — from the Student Council and Student Welfare Officers to the large volunteer team that kept the two days running.



Associations





Boarding Passes and Big Ideas

On 11th October, the Humanities Association hosted their annual flagship event, Manan, themed Espriva: The Global Bazaar. "We wanted a theme that shows the flow of inspiration that happens when diverse minds come together," said Vartika Singh, Secretary of the Humanities Association.

The event began with a creative reveal of Espriva, with dignitaries jointly illuminating a globe. Chief guest Dr. Lakshmikant HM, a pioneer in environmental sustainability and solid waste management, addressed the gathering in the DJB Auditorium. This was followed by a performance by the Indian Dance Association (Team Ahilya) and the launch of the 5th edition of Writer's Block, the English Department's yearly magazine, accompanied by a performance by its editorial team.

Each participating association was allocated a city to represent, with students from Jain CMS, St. Joseph's, Sindhi College, and others moving across campus between events within fifteen-minute buffers. This year, registration came with a twist — boarding passes replaced the usual wristbands. "I think some people like to keep things to remember," Vartika noted, "like, oh, I was a part of so-and-so things!" Manan also featured a campus-wide donation drive as part of Daan Utsav, the Joy of Giving Week, and a talk by associate sponsor Anantam IAS Academy for students pursuing the UPSC journey.

Among the day's events, the Psychology Association hosted Freudian Kaffeehaus. "We wanted to make an experience with a good balance of fun and academic interests," said Arpitaa, Secretary of the Psychology Association. Participants engaged with Freudian case studies, a waltz, and case study analysis — sparking curiosity and plenty of laughter in equal measure.

Manan closed the way it always does best — with all the participants filling the DJB Auditorium for a collective dance, a fitting end to a day built around bringing people together.

Thread by Thread

The Fashion and Apparel Design Association and the college's Fashion Team both had a full and significant year, marked by creative milestones, a consistent focus on sustainability, and a notable structural shift in the way the department presents itself.

The FAD Association's calendar built steadily across the year toward its flagship event, Fashionista. On 11th September at the DJB Auditorium, Neo-Fashionista and Trashion gave first and second-year students respectively a chance to present their work. Neo-Fashionista centred on foundational design principles, while Trashion encouraged deconstruction and reconstruction using materials already on hand — many participants repurposed old denim rather than creating new garments, weaving sustainability into the creative process from the start.



During Cul-Week, the masquerade-themed Fit Facade saw nine teams compete across two rounds. In the first, participants presented their outfits and explained their concepts; in the second, shortlisted teams took to a themed runway. Teams drew from historical inspirations spanning the Victorian Era to the Roaring Twenties, adding their own interpretations along the way. Several participants thrifted or reused materials entirely. "I thrifted all my clothes," said Maitreyi, a participant. "I don't think I bought any of them first-hand." Fashionova, held at Academicia under the theme Apotheosis: The Ascent of Knowledge, followed a multi-round structure — rapid ideation, visual development through posters and sketches, and a quiz round testing participants' understanding of the fashion industry. Cul-Ah on 13th February brought Layers of the Earth, a makeup competition that extended participation beyond garment design, exploring themes of nature, resilience, and adaptation through artistic expression.

Fashionista took place on 17th March at the basketball court, opening at 6:30 PM to students, families, and guests from outside the college. It was the culmination of months of work by third-year FAD students, who presented meticulously hand-crafted collections across a range of themes — from tea garden-inspired pieces and reinterpretations of the Radha-Krishna story to bold Formula One-influenced streetwear. The jury included Jennifer Joyi, branding and vendor manager for Yathir International Export UAE; Ms. Ranjeetha N, founder of Nirlaya Studios; and alumna Reema Ravindran, founder and designer of Dreams Boutique and her label Danvika. Celebrity fashion stylist Ms. Shashwati Chandrashekar served as chief guest. The show ran late into the evening with the audience staying through every segment. "I had planned to just drop by for a bit, but it turned out to be so good that I ended up staying for almost the entire thing," said Mudabir, a second-year student. First-year student Hadiya, who competed in Trashion with a playing card-inspired collection themed around shapes and forms, added, "After all the chaos and hard work, we were the runners-up. It made all our efforts worth it and was a really proud moment for all of us."

For the Fashion Team, the year carried a different kind of significance. For the first time in 75 years, the team opened its doors to boys, moving into a more gender-inclusive structure. "It allowed the team to explore new ideas and styles," said Disha, Assistant Secretary of the Fashion Team, noting that the change influenced both collaboration and execution. The team participated in nine shows across the year — five intercollegiate competitions at Jain Jayanagar, Jain CMS, Bishop's, SJCC, and SJU, and three within the college at AlumNite, CulWeek, and Cul-Ah. Cul-Ah was the team's biggest performance of the year: Day 1 saw the full team walk for Allen Solly, while Day 2 featured outfits from Samyakk and marked the final performance of the all-girls secretary batch. "The most striking segment was the secretaries' re-entry in red lehengas to a Tulsi track," recalled Tanisha, a second-year student.

In the weeks leading up to shows, the amphitheatre served as the team's regular rehearsal space, with members growing more in sync over time. "It was kinda serious at the start, but now it's all chill and good vibes," said Mayank, a first-year member. Throughout it all, the team continued to be guided by Mitilesh Sir, who has been associated with the Fashion Team for over 24 years, maintaining continuity while supporting the team through its evolving structure.

The year closed a chapter and quietly opened a new one — for both the FAD Association and the Fashion Team — with creativity, sustainability, and inclusivity running as common threads through everything they did.

Life in frames

Oh Snap!, the Photography Association of Mount Carmel College, organised a focused and practical year for its members, with events that offered both structured learning and open creative exploration.

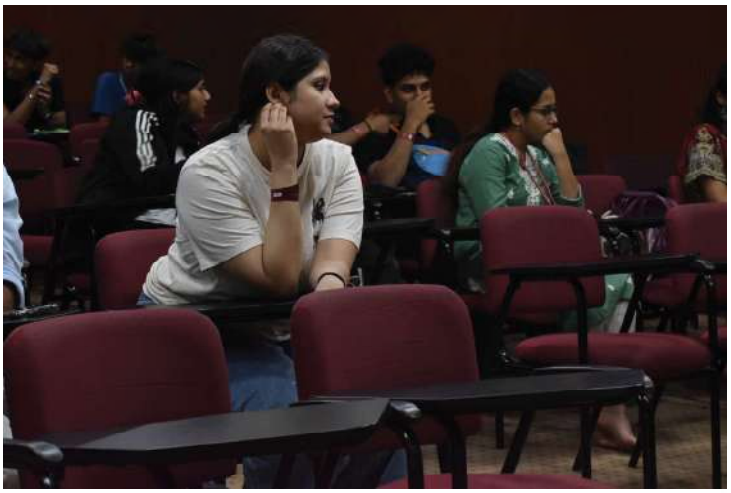
On 25th September, the association hosted a workshop titled Life in Frames, conducted by photographer Praveen Prem Kumar Pai. Centred on the themes of grids and framing, the session walked participants through techniques for composition and the arrangement of visual elements. Instant feedback on their work made it a hands-on and interactive experience throughout.

During Cul-Ah! 26, the association organised What the Eyes Hold, a photography event built around the theme Humans vs Nature. Participants had one hour to capture photographs across campus that reflected the theme, with entries judged on framing, composition, and the effectiveness of visual storytelling.

Together, the two events gave students a platform to engage with photography in both a guided and an open-ended format — from learning the fundamentals in a workshop setting to applying them independently in the field.



Behind the lens



Reel Run, the official student media team of Mount Carmel College, covers college activities across fests, events, and guest lectures. The team is divided into a videography sector and an editing sector, with both collaborating on ideation to develop themes for their content based on current trends. Footage is turned into reels and posted on the department's Instagram page.

This year, Reel Run organised Frame of the Forgotten for Cul-Ah!, a reel-making event in which participants captured the connection between humans and nature.

Co-Secretary Vijay Dhondale reflected on the year, noting that the process involves working under time pressure while ensuring key moments are captured. "Overall, it was a valuable learning experience," he said, adding that his time with Reel Run improved his videography skills and brought him closer to the team. "Being one of the secretaries of this association is a huge milestone for me."

INDIAN MUSIC ASSOCIATION
ROCK BAND ASSOCIATION
WESTERN MUSIC ASSOCIATION

Raag, Rhythm & Recognition

The three music associations of Mount Carmel College — the Indian Music Association, the Western Music Association, and the Rock Band Association — had an active and musically rich year, with performances, competitions, workshops, and a landmark new event spread across the academic calendar.

The year opened with Soulstice on Freshers' Day, a collaboration between the WMA and the RBA built around a soulful musical theme. Vocalists and instrumentalists performed to an engaged and enthusiastic audience, setting an energetic tone for the year ahead. The Indian Music Association also welcomed the new batch with performances on Freshers' Day, offering the first-year students a warm introduction to the campus music scene.

Cul-Week brought two events side by side. The WMA hosted a Y2K-themed competition featuring song identification and lip-sync rounds, with participants showcasing musical knowledge and stage presence to a lively crowd. The IMA hosted their own event, bringing students together from across departments through music.

A Music Pedagogy Workshop, conducted by third-year masters students from Christ University's Central Music Association, added depth to the semester. Members of the WMA, RBA, and Carnatic Students' Association participated in hands-on sessions covering acoustics, music technology, and original song composition. "Absolutely — I think it was an incredible initiative," said one participant when asked if they would attend something similar again.

On Independence Day, the Indian Music Association presented patriotic performances paying tribute to the spirit of unity and progress. The association also performed at the Valedictory and Annual Day, closing the year with the same dedication that carried through all their appearances.

On 4th December, the WMA and RBA jointly organised Miraculum, the college's first-ever inter-collegiate Christmas music competition. Colleges from across the city brought their choirs to compete in an evening that opened with classic carols performed by the WMA, followed by a contemporary play, and competitive choir sets from participating colleges. The WMA and RBA then jointly performed A King is Born. Judges Mr. Jeswill Nishant and Mr. Ignatious Daniel performed a duet, after which Mr. Nishant led the audience in a collective rendition of O Holy Night. The evening closed with a performance by SOAR, a gospel band. The overall trophy went to Serenata Chorale, the official choir of St. Joseph's College of Commerce. "Though this was MCC's first-ever Christmas music competition, they organised it very well," said Joshua Abraham from the SJCC choir.

As part of Cul-Ah! 2026, the IMA curated a music event at the DJB Auditorium featuring Solo Singing, Duet Singing, and Indian Group Acoustic categories, drawing participation from several colleges. "It was such a fun experience performing and meeting people who enjoy music just as much as I do. The whole vibe was really welcoming, and it made being on stage feel a lot more comfortable," said a second-year student who took part.

Beyond campus events, the IMA had a strong intercollegiate festing year. They secured 2nd and 3rd place in duet singing at Dhwani, hosted by SJCC; 2nd place in solo singing at Elysian, hosted by Jain Autonomous College; and 1st place in solo singing at Visages, hosted by St. Joseph's University. "It was one of our best years for festing, and we had fun throughout — from practices to performances and competitions," reflected the IMA secretaries.

Across all three associations, the year was one of consistent musical engagement — on stage, in competition, and in the classroom — reflecting a shared commitment to keeping music central to life at Mount Carmel.





WHERE POLICY MEETS ACTION

What started as casual discussions about having their own association eventually led to serious considerations, before finally culminating in the founding of Veritas - The Public Policy Association. “As the first batch of Public Policy students in this college, we were probably one of the smallest classes with just 25 students. We didn’t have any seniors, neither did we have a clear representation because we were all new,” was what one of the secretaries of Veritas, Aarushi Kumar, a second year BA PPMs (Public Policy, Political Science & Media Studies) student shared.



Mount Carmel College is a host to many different associations, but it is always a momentous occasion when a new association is integrated into its fold. Veritas - The Public Policy Association was formally oriented on the 20th of August, 2025. Making their advent into the association forum, Veritas has conducted various events over the year that highlight strategic problem solving, critical thinking, and team building challenges.

“We wanted to stand out and be an exclusive association which prioritised quality over quantity,” shared Aarushi. For this academic year, Veritas organised various thrilling events, placed third during Manan for best adherence to the theme, and placed first during Casarse for best reel among 70 associations.

They started the year with the event ‘The Lost Soul Murder Mystery’ on the 26th of July, 2025 for Fresher’s Day, followed shortly by ‘ The Loom Of Lies’ on the 7th of August, 2025 to honour the National Handloom Day during Cul-Week. It featured a trivia game where participants were tested on their knowledge of Indian culture, history, current affairs and more.

Following this was the formal orientation program for Veritas - The Public Policy Association on the 20th of August, then the event ‘Kairos-The War of Ages’ on the 19th of September, 2025 for Académicia. It was centred around the topic,‘ Artificial Intelligence: A Pathway to Humanity’s Evolution or the Beginning of its End?’ To debate on the topic, the participants were given a famous personality and were required to embody them.

On the 30th of September, Veritas launched their official newsletter, before hosting the event ‘The Crown’s Choice’ during Manan on the 11th of October, 2025 in collaboration with Equal Opportunity Cell, where teams competed against each other in a mock marketplace and proposed policies and reforms, reflecting their proposition. Then, with the advent of the new year, on the 18th of January, 2026, Veritas hosted a guest lecture ‘HIV by 2030’ delivered by Dr. Shreoshee Mukherjee where she delved into the Government decision making model for HIV prevention and other Biomedical Interventions. Following this, they conducted the event ‘Rooted’ on the 13th of February, 2026 during Cul-Ah featuring the display of policies, reforms, memorandums proposed by teams who adorned tribal representations.

Finally, Veritas brought the year to a wrap by releasing the first episode of their flagship guest lecture series ‘Not Just Policy’ on the 27th of February, 2026, which hosted an interactive session with Lt. Cmdr Sanjay Venkatesh where he delved into the world of critical thinking and crisis management during national turmoil.

When asked for what she had to say following the successful first year of Veritas-The Public Policy Association, Aarushi shared, “All we’ve got is one life, so why not take a chance and go all out?”

DISCIPLINE AND DEDICATION

The National Cadet Corps unit of Mount Carmel College, boasts a cadet strength of one hundred and sixty girls drawn from pre-university and undergraduate programmes, and functions under 1 Karnataka Girls Battalion, as well as a strength of 52 for undergraduate program boys unit under 6 Karnataka Battalion which started in 2025 and currently has 17 cadets (all first years).

The NCC carried out its training, administrative, ceremonial, and outreach activities during the academic year 2025–2026 in accordance with NCC training directives under the guidance of the Associate NCC Officer, Lieutenant Dr. Latha S (ANO), who completed the SW-113 Pre-Commission Course conducted at the NCC Officers Training Academy (OTA), Gwalior, from the 6th of October, 2025 to the 19th of December, 2025. The course, spanning 75 days, involved rigorous training in ANO responsibilities, leadership, national integration, instructional methodology, and fieldcraft. She performed consistently well across all assessed components and was awarded an Alpha grade, reflecting a high standard of proficiency and commitment to NCC training objectives.

"An NCC cadet may begin the journey in uniform," she says, "but over time the uniform begins to shape the person within. Through camps, drills, leadership tasks, social service, teamwork, and resilience, cadets are trained for all kinds of events—they are groomed for life. They learn that true strength is not just physical stamina, but character, responsibility, compassion, and the courage to lead with humility."

Apart from the prescribed mandatory eighteen parade sessions, the NCC also conducted various other events throughout the year from nature walks, to intercollegiate festivals, and various ceremonial celebrations.

Selection trials for the NCC unit were conducted on the 24th of July, 2025 in accordance with NCC norms to assess physical fitness, discipline, and aptitude of prospective cadets. Following this, the orientation programme for the newly enrolled cadets took place on the 29th of July, 2025 to introduce them to the aims, organisation, training structure, discipline, and opportunities within the National Cadet Corps.

During Cul-Week, NCC organised 'Mission 2K' with a nostalgic Y2K theme on the 9th of August, 2025, followed by a formal rank pipping ceremony that was conducted to appoint ranks in accordance with NCC hierarchy on the 14th of August, 2025. During the Independence day celebrations on the 15th of August, NCC cadets celebrated with full ceremonial participation.

NCC Day was observed on the 23rd of November, 2025 with ceremonial activities such as tug-of-war, relay race, and quiz competition, highlighting the role of NCC in nation building.

The 77th Republic Day of India was celebrated with great pride, patriotism, and enthusiasm at Mount Carmel College on 26th January 2026, where NCC cadets gathered to commemorate this significant day in India's history.

CWO Diya Chawan, a 4 B.Sc. Data Science student and an active NCC cadet, represented DG NCC, India at the Republic Day Camp 2026. She has consistently excelled in Drone Training Camps (DTC 1, 2, and 3), securing first position in the Directorate, and was among the pioneers of the NCC drone initiative. She also won a Gold Medal for her Directorate at the All India Vayu Sainik Camp. At the camp, she served as the main briefer and test pilot, showcasing drone technology to the Vice President of India, Military Chiefs, and senior officers from various ministries. For her outstanding performance and presentation, she was awarded the Medallion of Excellence, DG NCC Medallion, and the Chief Minister's Commendation Card.

CSUO Khushi Panwar participated in the Youth Exchange Programme (NIC/YEP) at Jaisalmer, Rajasthan, conducted by 16 Rajasthan Battalion NCC, Jodhpur Group, engaging in cultural exchange and participation in various visits with cadets from different countries and parts of India.



The NCC cadets of MCC have made great achievements, attended various camps, conducted industrial visits, and participated in exchange programmes throughout the academic year. "Every parade, every camp, every challenge, and every act of service in NCC shapes a cadet to be a responsible citizen and a confident human being," shared Lieutenant Dr. Latha.

Quiz Time!

The Quiz Association organised three events across the academic year, each built around a distinct theme and drawing competitive participation from colleges across Bangalore.

The year's quizzing began with Oracle's Labyrinth on 19th September, held as part of Academicia. Twelve teams competed across rounds spanning mythology, philosophy, the Renaissance, and the Industrial Revolution – a quiz noted for its thematic depth and its ability to push participants to think across disciplines and time periods. Mount Carmel College took first place, with Jain CMS (contingent) in second and Jain CMS (non-contingent) in third.

Oxford Soirée followed on 11th October as part of Manan, this time centred on British culture and heritage. Ten teams worked through rounds covering picture identification, films, music, cultural trivia, and cuisine, tracing British influence across both history and the contemporary world. St. Joseph's University took first place.

The year's final quiz, Adapt or Perish, was held on 13th February as part of Cul-Ah! 2026. Fifteen teams from across Bangalore – including participants from SJU, SJCC, and Jain CMS – competed in a quiz themed around amplifying tribal voices, with questions on indigenous cultures, traditions, and their place in today's world. Rounds on pop culture, potpourri, and current affairs kept the atmosphere lively and the competition close. Jain CMS (non-contingent) claimed both first and third place, with SJU (contingent) placing second.

Show up, Speak up

As a club that promises to provide space for speaking and learning, the MCC Toastmasters Club (TMC) conducted several events over the year for people to participate in. The TMC conducted one of the biggest events outside college – Emparch 8.0, in collaboration with Toastmasters clubs from other colleges.
Emparch 8.0 is an event organised by students only; three major roles were assigned to students of MCC TMC. Anju Jennifer, former President of the MCC Toastmasters Club, was trusted with being the Emparch Chair, the overseer of the event. She said that Emparch is "by the youth, for the youth." Although run only by students, true to the club's spirit, the event was open for anyone to take part in; it included 7 contests, both offline and online. As current President Samixa Bajaj said, the TMC "gives you exposure to places outside of college."
Rendezvous is another larger-scale event that was conducted within college. MCC TMC invited four other TMCs to a meeting at MCC for the first time ever.
It was a standard meeting in which the participants presented their speeches and were given feedback towards the end. It also included a Table Topics session where random members from the crowd were picked on the spot to speak for or against a given topic.
For Freshers' Day, they conducted Elevator Pitch, a contest in which participants are given a product which they must pitch to the audience in 90 seconds. During Cul-Week, they conducted Turncoat Debate, a speaking contest that requires the participant to speak for a given topic, and then switch to speak against it when asked to do so. During this academic year, the club conducted its milestone 350th meeting. It has now crossed 360 meetings, and will go on to conduct more!

Donating to the Flow of Life

Mount Carmel College's Youth Red Cross Association (YRC), in collaboration with the NSS Unit, Lions Club, and Bowring Hospital, organised a blood donation camp on 23rd October, 2025. Held in the DJB Basement from 9am to 3pm, the camp collected around 200 units of blood, marking a major achievement for the organising team.

For the Youth Red Cross, the success of the camp was not just about the numbers but about the growing awareness among students. The team noted a visible shift in the atmosphere this year. "The crowd seemed more conscious this time," said Eman Zafar Syed, the secretary of the YRC. "We didn't have any medical issues like the previous years, which sho that students came prepared and informed." This change, she explained, came from weeks of active campaigning. The YRC and NSS volunteers visited classrooms and worked to break the many misconceptions surrounding blood donation. "We did a lot of class campaigning to raise awareness," Eman said, adding that th team used social media heavily to encourage participation.

The event brought together doctors and staff from Bowring Hospital, who supervised the medical procedures, ensuring a smooth and safe process for donors. The volunteers guided students through registration, health checks, and proper post-donation care.

Apart from the donation drive, the Youth Red Cross successfully organized multiple events throughout the academic year. On the occasion of World Mental Health Day, they conducted a talk, "De-stress Express", as an opportunity for students to engage in real, vulnerable conversations.

In collaboration with Aarohana Foundation, the association organised a sustainability challenge to mark Geneva Conventions Day and International Youth Day. The event provided a platform for students across different disciplines to present practical and feasible solutions to issues such as climate action, waste management, and public health, in alignment with the Sustainable Development Goals. With active support from the foundation, several ideas were set to be taken forward, reflecting the association's commitment to youth-led initiatives.

The association celebrated World Volunteer Day on 5th December 2025, a day dedicated to appreciate and encourage their many volunteers for all their hard work. After presenting all the volunteers with a token of appreciation, they proceeded to take the YRC pledge, then concluding the day with a few fun games. To continue this spirit of participation, in collaboration with MUNSOC, the Youth Red Cross also held a round table conference on the account of Human Rights Day. It focused on empowering student-led perspectives on contemporary issues.

The Youth Red Cross Association's work throughout the year showed a strong focus on service and creating opportunities for students to participate and learn. These efforts helped build awareness, encourage volunteering and promote a sense of responsibility among students.



FOR ARTS SAKE



Throughout the year, the Fine Arts Association of Mount Carmel College organised various creative events to engage with the student body. They kickstarted the year with Fresher's Day, where the association hosted 'The Canvas of Gaia' on the 26th of July, 2025. The event consisted of participants creating artworks inspired by randomly selected landmarks on a spinning globe, after which three winners were chosen. The participants were also added to the core team of the association for participation in intercollegiate fests.

Following the success of Fresher's Day, the association hosted an event during Cul-week in association with the Interior Design and Management Association called 'Textures and Tales' on the 7th of August, 2025. The very next month, on the 19th of September, the Fine Arts Association celebrated the spirit of creativity as it hosted the 'Renaissance Revival Art Challenge' under the banner of Académicia for the first time. The contestants were provided with one half of popular Renaissance paintings, and were instructed to complete the other half using their mediums of choice within a given time limit.

On the 14th of February, 2026, the association hosted 'Rumble of Anamnesis' for Cul-Ah, where participants were assigned with Indian short tribal stories and tribal art techniques. They had to choose any 3 out of many natural colours and create an artwork depicting the short story in 4 equal parts. The winners were selected by a panel of judges and given awards by the college.



Alongside these events, the association also conducted a Monthly Art Competition from August of 2025 to March of 2026, with the association's secretary, Anshika, being the first to suggest the idea. "This is something we started this year. It was my idea that if I become secretary, this was something I had to do," she shared. For this challenge, a monthly art prompt was posted, and members were free to upload their artworks by the end of the month. The winners received certificates sanctioned by the Student Council, and all participants were given a shoutout on the association's official social media page. After two months of this event being successful among the members of the association, entries were made open to the general student population of MCC for the month of October.





"Art is a classic way of expressing what you stand for—what are your ethics, what are your dreams; what are your principles," said Ms. Ambika Devi K, assistant professor at MCC and the vice president of the Fine Arts Association.



Voices that Carried

The Public Speaking Association at Mount Carmel College had an active year in 2025–26, contributing events across three major college fests — Academia 2025, Manan 2025, and Cul-Ah! 26. Each event was designed to give students opportunities to develop and demonstrate public speaking, argumentation, and creative performance skills. Across all three platforms, PSA provided students with varied formats that tested different aspects of communication and expression.

PSA's contribution to Academia 2025 was The Revolutionist, held on 19th September 2025. The event was structured across three rounds, each testing a different dimension of public speaking. The JAM (Just A Minute) round required participants to speak on a given topic for one minute with clarity and without hesitation. The Surprise Round introduced an unprepared element, asking participants to respond to unexpected prompts on the spot. The final Debate Round had participants argue and defend positions, with arguments being challenged in real time.

The event drew good participation and was well-received as a platform for spontaneous and structured speaking.

In collaboration with the Humanities Association, PSA organised Mr/Ms Manan 2025 as part of Manan 2025. The event was structured around two rounds and emphasised both team identity and individual personality.

The Icebreakers round had teams introduce themselves through creative and performative presentations. Teams used humour, satire, and storytelling to make their introductions, and the round set an energetic tone for the event. The Personality Round shifted focus to individuals, who delivered monologues, humorous pieces, and impromptu responses before the judges. The event was judged by Sheetal R and Ranjana Y Pal, who also provided feedback to participants. A key observation from the judges was that personality in public speaking is as much about authenticity as it is about confidence.

"This time, it's not about one, it's about the whole team." — PSA Secretary. PSA organised three events as part of Cul-Ah! 26, each with a distinct format and focus.

The Titanic Aircrash was a roleplay-based speaking event in which participants were placed in a fictional survival scenario and asked to argue for their place among the survivors. The event combined humour, strategy, and persuasive speaking, and produced a range of creative and engaging performances.

Junglee Jingles: Mad Ads was a team event in which groups created and performed original advertisements under an open brief. The event encouraged bold and inventive approaches, and teams had considerable creative freedom in how they presented their work.

Across Academia, Manan, and Cul-Ah!, PSA provided students with a range of platforms to develop their public speaking and performance skills in different formats and contexts. The year reflected the association's focus on creating events that are both competitive and accessible, encouraging participation from students at varying levels of confidence and experience. PSA looks forward to continuing this work in the year ahead.



United for Good

True to the spirit of Rotaract — "Unity for Good" — the Rotaract Club of Mount Carmel College spent the year blending service with togetherness. Projects spanned Club Service, International Service, Professional Development, and Community Service, each designed to involve students and give them a firsthand experience of what Rotaract stands for.

Jashn-E-Dandiya, hosted at Patels Inn and Restaurant, drew nearly 250 attendees for an evening of dandiya that doubled as a fundraiser for physically and intellectually disabled children. Organised in collaboration with the Rotaract Club of Bengaluru HSR, the event created a festive atmosphere while giving members a sense of contributing to something larger than themselves.

Belaku was a joint initiative with the Rotaract Club of Bengaluru HSR, aimed at providing sustainable light to underprivileged households in the villages of Ramnagara. In the first phase, volunteers conducted a survey and needs analysis, speaking directly with villagers to understand the challenges of living without reliable electricity. In the second phase, 50 solar lamps were distributed to identified households, followed by hands-on demonstrations and an interactive session on solar power, its benefits, and its role in reducing dependence on conventional electricity.

Petals of Hope, one of the club's most impactful initiatives, saw members visit over 100 young cancer patients



at the Kidwai Institute of Oncology on World Rose Day. Volunteers hand-crafted paper roses and wrote letters filled with encouragement and drawings, with support from the Rotaract Clubs of SVVV and Delhi South Central. Each child was greeted personally — some shy, some curious, some asking for their letter to be read aloud. "Even the smallest acts of kindness can make the greatest difference," reflected one member, recalling the children's smiles.

From 15th to 25th February, under a Twin Club agreement, the club launched Project 21 Gülüş — meaning smile in Turkish — in collaboration with the Divya Down Development Trust. The first phase, Canvas of Shared Dreams, saw fifteen Rotaractors spend three days at the trust's school, helping children with Down syndrome redesign its walls through handprints and collaborative painting. The second phase, The Joy of Unfiltered Connection, took place at an inclusive play park near Bal Bhavan, where 30 children and 20 volunteers spent a day playing games, making origami birds, joining a Zumba session led by the club's dance team, and sharing a meal together.

Sahaya Hastha, a long-term project, provides monthly rations to girls' homes. "Fulfilling monthly requirements is our job, but their warm affection is what pulls our team to visit them each month," said Soumili Santra, a director of the club. Arogya Tayi Balaka, conducted on 28th August at DJ Halli Maternity Home, focused on maternal and child health awareness among rural women. A qualified doctor led an accessible awareness session covering immunisation schedules and government health schemes, with participants engaging actively throughout. The day concluded with volunteers distributing sweets among the women and children.

On 27th February, in collaboration with the Rotaract Club of Atria, the club organised Dear Soldier — a tribute to India's armed forces through letter-writing. Participants wrote 75 letters addressed to soldiers serving across security zones, expressing gratitude for their service. Letters were delivered through NCC members and dispatched to the Commanding Officer of the 56th Battalion, Sashastra Seema Bal, in Bihar. "As we wrote the letters, we felt an immense sense of pride and patriotism. I hope they felt appreciated," said one volunteer.

"Our goal this year was to create more awareness of what Rotaract is on campus, and I feel like we are going at a good pace," said Nuha, Joint Secretary of the club. With plans to collaborate with more community-based clubs and take on issues such as water sanitation, the club continues to serve, learn, and grow.



Oh Character! My Character!

The Theatre Association had a full and creatively ambitious year, with events that ranged from improvisational performance to a full-scale original production.



The year began with Nat Geo: BTS on Freshers' Day, an improv event in which participants were given nature-inspired scenarios and asked to bring them to life on the spot — including, memorably, a rainbow playing therapist to a cast of moody, sad, and happy clouds. Cul-Week brought Mask Off, a mono-acting competition where participants could choose any character and deliver a performance entirely on their own terms. Academicia featured I Think Therefore I Act, a Shark Tank-inspired event in which participants sold not just products but the emotion and intention behind their creations through persuasive monologues.

Cul-Ah! 2026 saw the association organise four events — a Street Play, Mime, and Mock Rock — drawing participation from across colleges and showcasing the range of forms that theatre can take.

The highlight of the year, however, was Created, Not Born — an original adaptation of Frankenstein and the association's first-ever open show. The production marked a significant milestone for the department, requiring a level of planning, coordination, and creative investment that went well beyond a single-day event. Reflecting on the experience of directing the play, one of the association's secretaries shared, "Every day was a constant cycle of thinking about what to do better, what new to incorporate, and how to deliver impact. It helped me understand my strengths and creativity, and it was life-changing. When it got over, I wished it lasted longer."

The year as a whole reinforced for the team the value of preparation, adaptability, and collaboration. As the secretary reflected, "The more the prep, the easier the execution. You must always be ready for Plan B."



SCIENCE ASSOCIATION

More than a Hypothesis

The Science Association organised a varied programme through the year, with events spanning competitions, guest lectures, industry talks, cultural activities, and field trips — held independently and in collaboration with other associations.

The year opened with Freshers' Day, welcoming new students to the science stream through interactive activities. Cul-Week brought Masquerade Mayhem, a market-style interactive game that drew strong participation from across the college. During Cul-Ah!, the association organised a Treasure Hunt in collaboration with the Home Science and Chemistry Associations, combining problem-solving and teamwork across campus.

On the academic side, a guest talk titled Data Driven Diets, held with the Statistics Association, explored how statistical analysis can be applied to nutrition and diet planning. A guest lecture by Prof. Henry F. Schaefer III on advanced scientific research drew enthusiastic participation, and an expert talk by Prof. Dr. Venkataraghavan R, organised with the Placement Cell, offered students practical guidance on internships, career paths, and the relationship between academia and industry. A field trip to the Science Gallery gave around 60 students the chance to engage with interactive scientific exhibits beyond the classroom.

The highlight of the year was Sapienza, the college's two-day National Science Day celebration held on 27th and 28th February 2026, marking the anniversary of Sir C.V. Raman's discovery of the Raman Effect.



The first day featured student-led exhibitions and competitions across campus, with multiple associations organising events at venues throughout the college. Carmel Chips hosted IT Manager at the CJB UG Lab; the Botany, Biotechnology, Chemistry, and Zoology Associations jointly organised Curie-osity Quest at the Amphitheatre; the Physics, Electronics, Mathematics, and Statistics Associations presented Civitas: The Survival Protocol at GJB Lab-1; the Biochemistry, Microzone, and Eco-Warriors Associations ran Synergia at the MOC Seminar Hall; and the Food Science and Nutrition, Home Science, and Human Development Associations hosted Threads and Theories at MOC 001/002.

Among the day's highlights, Curie-osity Quest saw seven teams work through mini-games — including a popsicle stick mathematical challenge, scientific dumb charades, and a round matching scientists with their discoveries — before the top-performing teams advanced to a campus-wide treasure hunt. Synergia brought nine teams together across three rounds testing scientific knowledge, creativity, and teamwork. The second day featured a variety programme and a guest lecture, and the celebration concluded with a prize distribution ceremony conducted by Dr. Karpagam Chellaiah, with organising associations recognised with mementos for their contributions.

Across the year, the Science Association maintained a consistent effort to combine academic learning with hands-on and collaborative experiences, giving students a well-rounded programme both inside and beyond the classroom.

More than a Movement

The Women's Cell Association had an active and wide-ranging year, with events that balanced awareness, creativity, and community — each rooted in the cell's commitment to empowering women.



The year began with Freshers' Day, hosted in collaboration with the Indian Knowledge System Association, around themes of earth, nature, and the concept of Gaia, drawing connections between feminine energy and the natural world. Cul-Week brought Pop Off 2000s, a high-energy three-round event packed with speaking, presenting, and on-the-spot challenges. Academicia featured Crown & Crisis, where participants were each assigned a country and a crisis, and given three minutes to speak as the king or queen of that nation. After each speech, the judge posed follow-up questions to test how well participants could think on their feet and defend their positions. In collaboration with the Anti-Human Trafficking Cell and the Sociology Department, the WCA organised a two-day programme for Human Rights Week, featuring an open mic, a documentary screening, a sharing circle, and a conference. The year also included a Self-Defence and Safety Awareness Workshop with a Karate master, which doubled as a bonding session for the core team.

The centrepiece of the year was Women's Day on 9th March, celebrated in collaboration with the Mount Carmel Centre for Innovation, Incubation and Entrepreneurship. The day opened with two events: an Open Mic, offering an intimate platform for personal expression, and Vibe & Verdict, a three-round competition covering performance, debate, and an empowerment walk. The core team then took the stage for a musical performance tracing a woman's journey — opening with What Was I Made For by Billie Eilish to represent brokenness, moving into Scars to Your Beautiful by Alessia Cara for self-worth, and closing with Birds of a Feather by Billie Eilish to symbolise rebuilding — followed by a dance performance.



Carrying Christ Through the Year

The Christian Students' Association and the Jesus Youth community both had active years, creating consistent spaces for faith, fellowship, and creative expression across the campus.

The CSA year began with the annual retreat on 11th and 12th July, exploring themes of love, identity, faith, and personal choices, and including Eucharistic Adoration for collective reflection. Auditions on 24th July brought in new members for the year ahead. On 8th August, CSA staged Faith and Facade, a play exploring betrayal, loyalty, and doubt through the lens of the betrayal of the Messiah.



On 29th August, CSA organised Stauros '25: Ge'ulah — Redemption, the annual inter-collegiate gospel fest. Themed around the Hebrew word for redemption, with wine as the colour scheme, the fest featured eleven events ranging from Gospel Beats and Western Acoustics to Street Play and Soldiers for Christ, drawing participation from Christ University, SJCC, St. Claret, SJU, Kristu Jayanti University, and more. A highlight was the return of Vihan Damaris — Christian influencer, singer-songwriter, and MCC alumna — who came back a decade after volunteering at the same event, this time as a judge. Having written over 550 songs and worked with Grammy-winning producers, she judged Western Acoustics and Vernacular Singing. "I used to dream of singing on this stage," she said. After judging, she performed her new single Happening live for the first time, released on the very same day.

December brought a Christmas outreach programme on 12th December, focused on giving and service, followed by Yuletide Magic on 16th December — a festive event combining Quizmas Showdown, Wreck to Wreath, and Jingle Jams in a team format. The CSA Choir contributed to prayer meetings, the retreat, and larger events throughout the year, with regular fellowship gatherings running as a steady thread.

The Jesus Youth community maintained a warm presence on campus through weekly Breaks for Blessings — sessions of prayer, praise, and worship that became a peaceful pause for many students amid busy schedules. Rosary-making sessions brought students and teachers together in quiet reflection. At Christmas, members went around campus distributing cake and juice and sharing the meaning of the season, a simple gesture that reflected the community's spirit of openness and generosity.

Across both communities, what stood out most was the welcoming atmosphere they created — spaces where faith was lived rather than just spoken about, and where students found belonging throughout the year.

INDIAN DANCE ASSOCIATION
WESTERN DANCE ASSOCIATION
STREET DANCE ASSOCIATION

Built on Every Beat

The three dance associations of Mount Carmel College — the Indian Dance Association, the Western Dance Association (InSync), and the Street Dance Association (OnSlaught) — had a full and energetic year, with performances, competitions, workshops, and events that kept the campus moving throughout.

All three associations opened the year with Sign-Up Drives, welcoming new members from across the college. IDA invited students with a background in classical dance or a passion for Indian rhythm and expression. InSync hosted Vibemental, a lively Freshers' Day dance workshop where new students explored different styles, picked up new moves, and connected with others who shared their love for dance. OnSlaught set the tone early with the Blaze Dance Battle on Freshers' Day, giving fresh talent a stage to perform and make their mark from the very start.

Across the college's cultural calendar, all three were a consistent presence. Cul-Week saw OnSlaught organise a flash mob for the theme reveal and host the Masq'd-Up Dance Battle, blending performance with competition and thematic expression. InSync performed in a flash mob for the Theatre event and hosted Euphoria, a solo dance competition giving individual dancers a platform to shine. IDA participated across the fest with performances rooted in classical and contemporary Indian dance forms.

Cul-Ah! was another active moment for all three. IDA hosted a group dance battle and Vilasah, its solo dance competition, giving students a dedicated space for individual expression. InSync took part in Rhythm Reborn, a group dance competition drawing performers from colleges across the city, and also performed at the inauguration and various other events during the fest. OnSlaught performed at the Cul-Ah! inauguration ceremony and hosted Hey You Getting Down, a dance battle that brought together dancers from multiple colleges for an engaging and spirited competition.

Beyond the fests, the associations remained active through the broader college cal-



endar. IDA performed at Independence Day and Republic Day celebrations. InSync added energy to Khel through flash mob performances and also appeared at Academicia and Carpediem. OnSlaught represented the college at Academicia and Manan, delivering high-energy showcases at each. All three associations also conducted workshops through the year, creating opportunities for members to grow their skills outside of the performance context.



On the intercollegiate circuit, all three had a strong year. IDA secured second place in the group dance category at Guthli Ad Fest 2025. "Winning second place made the experience even more meaningful for our entire team," said Chandan, Co-Secretary of IDA. InSync won first place at Dhwani hosted by SJCC and Lasya hosted by Jain CMS, and third place at Pulse hosted by Jain College of Sciences — results that reflected the preparation and teamwork behind the scenes. OnSlaught had a particularly dominant run in February, winning first place at Nexus (Jain College), WCC Chennai, Stella Maris Chennai, Pulse (Jain University), VIT Chennai, SRM Chennai, St. Francis College, and SJU, along with a runner-up finish at SOS (Jain College) — a streak that firmly established the association on the intercollegiate dance circuit.



IDA also hosted a National Dance Conference, bringing together dancers, educators, scholars, and art enthusiasts to explore the relationship between traditional dance forms and contemporary practice. The inaugural address was delivered by Sri Pardeep Kumar of the Indian Council for Cultural Relations, with the conference addressing dance as a tool for pedagogy,



research, and cultural expression.

Reflecting on the year, the InSync secretaries shared, "This year gave us more than we can put into words. Every challenge turned into a lesson and every performance became a memory to cherish. InSync will always be more than just a team to us." Across all three associations, the year was one of consistent effort, growing participation, and memorable performance — built on the shared belief that dance at Mount Carmel is as much about community as it is about the spotlight.

Lights, Camera, Community

The Film Club had an active year, hosting screenings, competitions, and creative events that gave students a space to explore cinema, collaborate, and connect with like-minded people.

The year began with Relationgate on Freshers' Day, 26th July, held in MTB 102. An icebreaker built around Bollywood, the event had two rounds — Couples Catastrophe, testing knowledge of Bollywood films, songs, and personalities, and Red Flag Rodeo, a face-off using red-flag scenarios from assigned Bollywood couples. Winners were chosen by audience vote.



Cinemasque followed on 8th August in the GJB Hall, an improv showdown set in the world of masquerades, judged by Prof. Ampat Koshy and Prof. Revathi Poral. Teams acted out scenes while the director kept switching genres mid-performance, making it an unpredictable and entertaining challenge for both participants and the audience.

August also brought a special screening of The Elephant Whisperers, the acclaimed documentary, held on 28th August in the VC Room to coincide with Ganesh Chaturthi. The film offered students a chance to engage with its portrayal of the bond between humans and animals. On 15th September, Howl's Moving Castle was screened in PJEC 2, bringing together Studio Ghibli fans for an evening of animation, storytelling, and themes of self-discovery.



Academicia on 19th September featured Pitch or Ditch, judged by Diya Pancholi. Three teams each had one minute to craft and pitch a movie idea based on an assigned genre or topic, bringing their concepts to life through creative presentation and acting. Once Upon a Time in Hollywood, held on 11th October in the VC Room and judged by Hiya Ladhad and Khushi Japee, followed a similar format — three teams of storytellers crafting cinematic adventures in 60 seconds, each with a wild twist.

October also brought two screenings: Persepolis on 16th October in the DJB Auditorium, screened primarily for second-year students to spark discussion on identity, culture, and social commentary, and Wicked on 16th December in PJEC 2, drawing fans of the musical and newcomers alike for a festive cinematic experience.

Cul-Ah! gave the club two of its most creative events. On 13th February, a 100-Hour Short Film Making Challenge was held in the VC Room, guided by Prof. Solomon and Prof. Geethu, with community as the theme and limited props as the constraint. On 14th February, Cut & Continue, organised in collaboration with LitSoc and judged by Vasant, took place in the MOC Seminar Hall — a group storytelling event where participants were switched mid-story without warning, creating pressure, spontaneity, and plenty of unexpected narratives.

From screenings that

Eminence



Eminence



More Than Meets The Aim

Mayur Jeevan Das

A second year student from B.sc ESLSM (Environmental science and Sustainability, Life Science, Microbiology), Mayur Jeevan Das refuses to be confined to one path. In the academic year of 2025-2026, he received the title of 'Renowned Shot' at the 67th National Air Rifle championships (10m) and the Bharat Iconic Award (BIA) for 'Creative Arts and Performance' by Twell magazine.

National-level shooter, recipient of the Bharat Iconic Award in 'Creative arts and Performance', professional magician, musician and SSLC centum achiever—these are just a few achievements in Mayur's lengthy portfolio.

Since the age of 14, he has engaged in a variety of activities including air rifle shooting, magic, public speaking, music and entrepreneurial collaborations with companies such as Dominoes and Puma. However his journey to success was not without challenges. Mayur revealed, "Being a person who hasn't been exposed to prior travelling, commitment and things, initially just going to shooting after class was a big deal."

Despite having a packed schedule, and limited free time, Mayur does not regret his choices. Rather, the hope of obtaining a win motivates him on the tough days. He



shared, "Even in times when there is no break that is anywhere close by, I would just want to do the best that day. In case with all the pressure, the stress, the boredom, I do an amazing match that particular day, that would relieve me from the stress all together."

At 20-years-old, Mayur's dreams have only grown larger. He is currently working towards the establishment of an inclusive university that provides educational courses for jobs in all classes of society. "(in preparation) I'm working on increasing my portfolio, knowledge and skills."

Curiosity in Practice

Deelip S



"Ever since I was conscious about my surroundings, I've had an interest in science," expressed Deelip S, a first year student from the B.Sc. PMC (Physics, Mathematics, Computer Science) program. This love towards his subject secured him the second place in the ISRO National Science Day Extempore Speech Competition held at the Laboratory of Electro-Optics Systems (LEOS), Indian Space Research Organization. He was awarded with a certification, a gift hamper, and an autographed book from the Director of LEOS.

According to Deelip, it was encouragement from his teachers and his own interest toward astrophysics that made him take part in the competition. The participants from multiple colleges like Kristu Jayanti, St Joseph's, and other engineering colleges were evaluated by senior scientists and lecturers. While describing his experience, Deelip said that the competition helped him "put his stage fear aside and confidently execute his ideas."

"Science was like my first love, I would say," Deelip shared, when asked about his relationship with the subject. Despite the setbacks he faced in school with meeting academic expectations, the one thing that kept him going was his curiosity—not only towards the subject, he explained, but curiosity towards everything. "For me, my love for science also made me pursue my other hobbies, not the other way around."

His achievement is a reflection of where curiosity and dedication can lead. More than anything, it highlights his way of viewing a subject as a way of understanding the world a little better. He said, "Science is not restricted to the lab. Science can be anything. It's just that, a curiosity."

The Link to My Thoughts

Radha Ananya

Radha Ananya is a student of Journalism at Mount Carmel College. She loves storytelling and is an avid lover of reading and writing poetry.

Her book 'Verses from Fragmented Dreams' is a gently woven collection of heartfelt anecdotes and emotions. Her book talks about the murmurs through the heart's longings, softly stirring emotions while journeying through the discovery of a lost self. According to Radha, poetry helps her seek solace from the exterior, helping her come out of her turmoil.

Radha was 15 when she first started writing. She started off by writing quatrains and then slowly developed them into short poems before starting to write longer ones. When asked, she confessed that she faces writer's block many times. "You just have to start moving your pen in any direction," she shares, "And you just end up creating magic."

Her journey has been a rollercoaster ride. She speaks on how sometimes she just sits staring at a blank piece of paper, and how writing takes a lot of will and courage, challenging her mentally.

"We all feel lost. But what if that feeling is explored? It just becomes a trinket of one's writing, like how mine became," she says. Her most favourite part of writing is the instance where she sits and is lost for hours trying to recollect what she had previously thought of. When the moment finally strikes back, that's when she immediately pens a poem.



Chasing Dreams Through words

Sumaiya Fathima

Sumaiya Fathima is a Masters student who is currently pursuing her final year in Life Science in Mount Carmel College. Alongside her academic path, writing has slowly become a part of her identity. She published her first book in 2020 'Drowning to Live'. Her second book is 'Pause: Hold On Love' (2023), and her latest book is 'Dirty Canvas', published in 2025.

Her latest book 'Dirty Canvas' is a poignant novel that explores grief, memory, and the lingering, often messy aftermath of love. It's not a typical love story with a clear beginning and end, but rather an intimate look at what remains after love fades. She also runs a podcast called 'Come on Life', which has listeners from over 55+ countries across 13+ platforms. All three of her books are published globally and are available on platforms like Amazon, Flipkart, and Kindle.

Her writing journey began around six years ago. According to her, it connects to a dream that was first seen by her grandfather, who also loved to write but couldn't pursue it himself. She felt like it carried forward through to her as well. It started casually and without any plan, but over time it became something she naturally continued and couldn't let go of. "The hardest part is always starting, especially facing a blank page. My favourite part of writing is when the writing flows naturally and everything starts coming together on its own."

Sumaiya claims that writing didn't start with a big plan or intention, her words just grew over time and stayed with her. When asked how it felt like to be a writer, all she had to say was, "Honestly, it feels very personal. It's not something I put on as a role, it's just part of how I think and process things. Writing helps me make sense of emotions, and at the same time, it's also something that connects me to others."

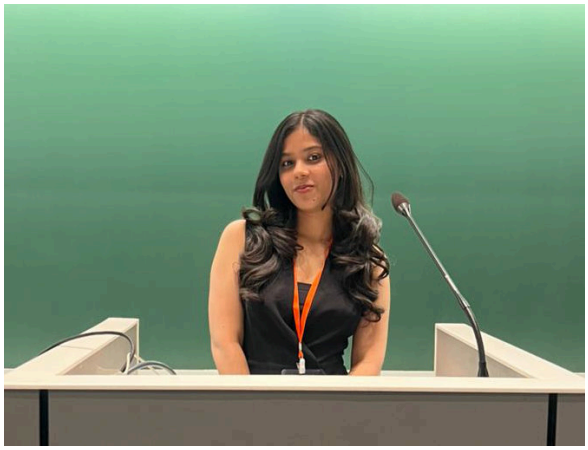
She continues to write and work on her podcast. Her academic life keeps her disciplined and structured, while writing allows her to stay creatively expressive. She doesn't see them as separate burdens, but rather as two aspects of her life that complement each other. "To just keep writing without overthinking perfection. Being consistent and staying true to your voice matters more than trying to get everything right in the first attempt," she advises new writers.



Uncovering the illusion of healthy foods

Gajal Kesera

A 4th year Communication Studies major student Gajal Kesera won the best paper award on 14th March at Flame university, Pune. As part of the oral presentations, under her sub team, she stood out as the best speaker, her research work and findings say so themselves. She also won four thousand rupees as a token of appreciation.



The theme of the event was 'Reimagining Futures: Research in an Age of Opportunities'. Gajal worked on uncovering the illusion behind healthy foods that are lined up in supermarkets and local stores with shiny labels. She undertook the critical study of food labels and consumer trust with the intellectual guidance and support of faculty mentor Dr. Sharon Lopez. Her findings were honest, conclusions and suggestions to the point, and her research work was brilliant.

She said, "It was a great experience, because the Flame university's undergraduate research committee was very smooth with their process; they knew all the responses and were very prompt (to respond)." The committee had split all the participants into several subteams under different categories. Each subteam had fifteen people with 15 papers to present each. Gajal was in the subteam under the category– Economics, Policy, and Sustainable development. She was the best speaker and presenter in that category.

Gajal takes her win as only just the beginning of many more researches she is yet to do in the opportune future. She wishes to seriously take the future directions of her results forward, and uncover many truths.

A Double Win for the Toastmasters club

Samixa Bajaj and Anju Jennifer





Samixa Bajaj, the current President of the MCC Toastmasters Club, along with the former president and current club member, Anju Jennifer, were the 2nd Runners-up in their respective categories at an Area-level speech contest held at Analog Devices India Pvt. Ltd. on 4th October 2025.

Area-level contests bring together Toastmasters clubs from various colleges and institutions, creating a platform for speakers to compete in. Samixa competed in the Table Topics category, in which participants are required to speak spontaneously on a given topic."I wasn't expecting to win since it was my first time competing at the area level," she said. There were five other participants and they were required to talk about "the ability or the art of saying no". When asked how she felt about winning, she shared, "It was a very pleasant surprise."

Anju Jennifer, on the other hand, earned second place in the Humorous Speech category. This category evaluates speakers based on delivery, fluency, humour, and audience engagement. It was not unexpected of Anju to win, as she has consistently honed her speaking skills over the course of her time in the Toastmasters Club.

Together, their achievements highlight the spirit of the club, inspiring fellow members to step forward and find their voice.

Honouring Academic Excellence

Dr. Kaviyarasi N.S.

The Department of Biochemistry from Mount Carmel College Autonomous, Bengaluru, proudly congratulates Dr. Kaviyarasi N.S., an Associate Professor, for her notable achievements in teaching, research and innovation.

She was honoured with the Star Educator Award for Excellence in Teaching at the AVIAN (Abraham Verghese Insect and Nature) Trust Awards Ceremony, held on the 14th of December 2025 at the Regional Plant Quarantine Station, Bengaluru. The award recognized her two decades of dedicated service, particularly in environmental sustainability. She also secured the Best Presentation Award with a cash prize of ₹3,000 at the World Wetland Day Conference which happened on 1st and 2nd February 2026, organized by KSTA, for her study on microplastic pollution at Yele Mallappa Shetty Lake, Bengaluru.

On National Science Day (26 February 2026), Dr. Kaviyarasi received the Innovation/Discovery Prize. She received the Prof. S. Ayyappan Prize 2025 from the Karnataka Science and Technology Academy, along with a cash award of ₹10,000. This was presented at the Jawaharlal Nehru Planetarium by Dr. A S Kiran Kumar (Former Chairman, ISRO) under the theme "Women in Science: Catalysing Viksit Bharat". This award recognized her research on developing low cost activated carbon from Anisomeles Malabarica leaf biomass for environmental remediation. The department celebrates her achievements with extreme pride. Her commitment to academic excellence, innovation and environmental responsibility acts as an inspiration for her students.



Change in Motion

Dr. George Dimitrov



Dr. George Dimitrov, an assistant professor of the Political Science Department, completed an Indian Council of Social Science Research (ICSSR) funded research project titled 'A Study on the Status of Women Street Vendors during Pre and Post Covid-19, with Special Reference to the PM Svanidhi Scheme,' in the year 2025.

The scheme was initiated for street vendors to start their business again for which they are required to register and are then provided with financial support. "Bengaluru has the highest population of street vendors," Dr. Dimitrov stated when asked about why he took this project up. "We should create awareness," he added, "especially for street vendors."

He also shed light on the lack of infrastructure, noting that there is no provision for basic facilities such as restrooms. He emphasized the importance of having a network for street vendors, as the absence of such systems can lead to health concerns, especially for women who can contact UTIs. "One thing is that change is happening, but not so vibrantly." Dr. Dimitrov concluded.

Reclaiming Landscapes: Literature, Identity, and the Quiet Power of Persistence

Koshy A.V.

In an age where literature is often declared obsolete, conversations with practicing writers and editors suggest otherwise: literature is not fading, it is evolving. The anthology 'Windblown Landscapes', edited by Dr. Koshy A.V. and developed through a collaborative writers' collective, stands as a compelling example of this quiet endurance, rooted in both tradition and innovation.

The project began as an invitation to explore tinai, the ancient Tamil poetic system that connects human emotion with landscapes, seasons, and ecology. What started as a thematic prompt grew into a nationwide literary response, with submissions arriving from across India, starting with states such as Tamil Nadu, Karnataka, and beyond. This diversity reflects not only the richness of contemporary voices but also the adaptability of classical frameworks in modern expression.

What distinguishes 'Windblown Landscapes' is its structure. The anthology is organized geographically, tracing the path of monsoon winds across the subcontinent. This editorial choice reinforces its central idea: literature is not static, but shaped by movement, of climate, culture, and people.

At its core, the anthology challenges the imbalance in literary discourse that often privileges Western traditions. By reviving tinai, the editors do not seek replacement, but restoration, an assertion that Indian aesthetics are plural and equally vital. As Dr. Koshy notes, "The aim is not to displace one canon, but to restore balance; to recognise that our literary frameworks have always existed, even if they were overlooked."

The process of creating such a collection is long and iterative, marked by pauses and revisions. Yet, this reflects a larger philosophy: literature's value is not measured by scale of readership but by meaning. As Dr. Koshy puts it, "Some books reach thousands, others only a few, but what matters is that the work holds." This ethos extends into academic spaces. When students encounter teachers as published writers, literature becomes tangible. It shifts from abstraction to possibility, inspiring new voices and sustaining literary culture through mentorship.

Perhaps most significantly, the anthology reaffirms literature's relevance today. Even in visual media, storytelling begins with the written word. "Literature does not disappear," Dr. Koshy observes, "it simply changes form." 'Windblown Landscapes' ultimately stands as a reminder, not of nostalgia, but of continuity. Literature does not demand attention; it endures, quietly shaping how we understand the world.



Innovations in Diabetes and Hypertension Management

Dr. Myrene Roselyn dsouza



Dr. Myrene Roselyn Dsouza, the Head of the Department of Biochemistry, has co-authored a book titled 'Diabetes and Hypertension Management via Nutrition', published by CRC Press (Taylor & Francis).

"'Diabetes and Hypertension Management Via Nutrition' explores the complex tapestry of metabolic health and cardiovascular well-being," shares Dr. Myrene. She writes about the complex relationship between metabolic health and cardiovascular well-being. Her book also focuses on the management of chronic conditions such as diabetes and hypertension.

Elaborating on her work, Dr. Myrene highlights integrative approaches to diabetes and hypertension management, combining lifestyle modifications with advancements such as functional foods, nanotechnology, and emerging technological advancements. The book also addresses key areas like gestational diabetes, adolescent nutrition, and the role of gut microbiota in managing blood pressure. She also highlights new and innovative approaches to hypertension management through the use of nutraceuticals.

Through this publication, Dr. Myrene contributes valuable insights to the field, helping bridge the gap between traditional knowledge and contemporary approaches towards Diabetes and Cardiovascular health.

Making Learning Easier: Book on Organisational Behaviour

Dr. Prema Latha



A faculty member of the School of Commerce Dr. Prema Latha V, has authored a textbook titled 'Organisational Behaviour'. The book aims to simplify complex concepts such as factors affecting individual behaviour and traits of personality, and make these concepts more accessible to students.

Elaborating on her journey she shared, "The process was a journey of passion, patience, and purpose." She further explained, "Finding a gap in student friendly academic materials was the first step in the process which was followed by in depth research, drafting and revision."

Despite challenges like understanding students' perspective of the subject, time management and tight deadlines, she said that the journey was fulfilling and contributed to students' learning and academic growth.

Between Clouds and Colours: The Literary World of Dr. Koyal Biswas

Dr. Koyal Biswas

In a deeply reflective conversation, Dr. Koyal Biswas, Head of the Hindi Department, brings together the essence of her two significant works, 'Baadalon Ke Piche Ek Ghar Hai' and 'Indra Dhanush Mein Kala Rang Kyu Nahi Hota'. Through both books, she explores human emotions, identity, and resilience, particularly from a woman's perspective, while also addressing universal experiences of struggle and hope.

Her poetry collection, 'Baadalon Ke Piche Ek Ghar Hai', revolves around a powerful and intimate question: what truly defines a woman's home? Dr. Biswas explains how society conditions women from a young age to believe that their parental home is temporary, while their "real" home lies elsewhere. This idea creates a lifelong sense of displacement. Through her poems, she captures this emotional journey of belonging, loss, and self-discovery. She highlights how, while men often remain rooted in one space, women are expected to rebuild their identity in unfamiliar surroundings. Yet, rather than accepting this as fate, her work offers a quiet assertion of agency. She speaks of women who choose to create their own space, a home that is not defined by societal expectations but by self-worth and independence. The metaphor of clouds in the title represents uncertainty, but also the promise that beyond them lies a space one can truly call their own.

In contrast, her second book, 'Indra Dhanush Mein Kala Rang Kyu Nahi Hota', takes a narrative approach through a collection of short stories rooted in everyday life. These stories, while often women-centric, extend to all individuals navigating emotional and psychological challenges. The central metaphor of the rainbow becomes a guiding philosophy. Dr. Biswas explains that a rainbow is made of vibrant colours, symbolizing positivity and hope, and notably does not include black. For her, black represents despair and negativity, which, although present in life, should not define it. Through her stories, she emphasizes that even in moments of grief, anxiety, or loss, life continues to hold possibilities.

Drawing from her background in counseling, she crafts stories inspired by real people and situations. She observes the lives of her students and those around her, understanding their struggles and emotional responses. These observations become narratives that not only reflect reality but also offer direction. In some cases, even when real-life situations remain unresolved, she imagines hopeful outcomes to guide readers toward resilience.



Dr. Biswas also speaks about her personal approach to challenges. She emphasizes self-kindness, introspection, and patience. Rather than being harsh on oneself during difficult times, she believes in understanding one's limitations and gradually finding a way forward. Writing, for her, becomes both an expression and a form of healing, a space where unspoken emotions can take shape.

Together, her two books complement each other. While 'Baadalon Ke Piche Ek Ghar Hai' explores the inner world of identity and belonging, 'Indra Dhanush Mein Kala Rang Kyu Nahi Hota' offers practical reflections on living through life's varied emotions. One is deeply introspective and poetic, the other grounded in narrative and lived experiences, yet both carry a shared message of hope, strength, and self-realization.

In her concluding thoughts, Dr. Biswas encourages readers to embrace life fully. "Students remember teachers who give something extra," she says. "In the same way, readers remember writers who leave something valuable behind." Through her writing, she reminds us that even amidst uncertainty and struggle, there is always the possibility of building meaning, finding belonging, and choosing hope.

“My poem is not just an expression of my feelings,”: A Conversation with Dr. Kaushal Kumar Patel

Dr. Kaushal Kumar Patel

In an engaging conversation, Dr. Kaushal Kumar Patel, from Department of Hindi, reflects on his poetic work ‘Srijan Ki Paristhitki’, offering insights into his creative vision and literary journey. His poetry presents a thoughtful blend of imagination, environment, and human expression.

Speaking about his book, Patel explains that Srijan Ki Paristhitki represents the conditions in which creation takes place. “Srijan means the expression of creation,” he says, emphasizing how poetry becomes a medium to express thoughts and emotions. The term “paristhitki” refers to the environment and circumstances that shape existence. His poems explore the relationship between nature and human life, focusing on a person’s thoughts, imagination, and emotional world. Through this, he attempts to capture how creativity emerges from both inner feelings and external surroundings.

When asked about his inspiration, Patel shares that his journey began with reading literature and observing the connection between imagination and reality. He felt that certain themes, even if discussed before, could always be revisited from a fresh perspective. His exposure to formal, informal, and non-formal education also played a key role in shaping his ideas. He highlights that his writing engages with diverse perspectives such as women’s experiences, tribal and Dalit voices, and the intersection of art and science within literature. These elements together form the foundation of his poetic expression.
Recalling his first writing experience, Dr. Patel speaks with nostalgia. He wrote his first poem on the occasion of Women’s Day, focusing on the representation of women in Indian tradition and literature. He portrayed rivers and elements of nature as feminine forms, symbolizing strength, nurturing, and continuity. Drawing from ancient texts and cultural narratives, he described women who have contributed to society and upheld dignity and values. This initial experience not only shaped his writing style but also strengthened his interest in connecting nature with human identity.

Before concluding, Dr. Patel offers a profound reflection on his work. “My poem is not just an expression of my feelings,”



he says, “but a sculpture of humanity, through which humanity walks.” His words underline his belief that poetry is not limited to personal emotion but serves as a broader reflection of human existence.

Through ‘Srijan Ki Paristhitki’, Dr. Kaushal Kumar Patel presents poetry as a space where nature, society, and human consciousness come together, inviting readers to reflect on the deeper conditions that shape creativity and life.

Greenovation and Cultural Memory: A Conversation with Dr. Rathod Pundlik

Dr. Rathod Pundlik



In a thoughtful and insightful conversation, Dr. Rathod Pundlik, speaks about his two significant works, Greenovation: Green Technology Creating a Sustainable Future and Diksha Guru Prem Singh Maharaj Charitra Amrit. His journey reflects a blend of research, cultural preservation, and a deep commitment to making knowledge accessible.

Talking about Greenovation, he explains that the book is a compilation of his research articles, many of which were originally published on his Tribal Environmental Blog. "These articles were already being read widely," he shares, noting that nearly two lakh readers engaged with them at an international level. This growing readership eventually caught the attention of Amazon, which led to the book's international publication from North Haven, USA on April 3, 2025.
However, accessibility remained important to him. "The book was expensive in India," he says, "so through a collaboration with Notion Press, it was published here as well."

The book is structured into four parts: water management and recycling, renewable energy and green technology, sustainable agriculture and water conservation, and individual and social initiatives. With around 17 to 18 articles, the work introduces readers to environmental issues and solutions in a simple and accessible manner. "These are not deeply technical articles," he clarifies. "They are meant to introduce ideas and inspire awareness."

When asked about his second book, Diksha Guru Prem Singh Maharaj Charitra Amrit, his tone shifts to one of cultural responsibility. Belonging to the Banjara community, he noticed a lack of written history about his people. "There was no authentic documentation," he says. "Wherever we went for seminars, we realized there was no book representing our community."

This realization led him to extensive fieldwork, data collection, and conversations with people. The result is a 380-page epic poem in Hindi that traces the spiritual and social journey of the Banjara community, beginning with Saint Shivadas and continuing through generations of gurus and disciples. It captures their nomadic past, trade practices, spiritual traditions, and gradual social transformation.

What makes this work remarkable is not just its literary form but its documentation of a living history that had long remained unwritten. Notably, within just two months of publication, the book has already sold around 2000 copies, reflecting its impact and relevance.

Speaking about inspiration, he shares that Greenovation emerged from a practical need to find a platform where his research could reach people. Traditional journals were limiting and often required payment, so he turned to blogging. "My only aim was to take my research to people," he says. Over time, the blog gained traction, readership increased, and even financial support followed through Google AdSense.
In contrast, his second book was driven by a deeper cultural motivation, the need to preserve and present the history of his own community in an authentic form.

Balancing writing with his role as a teacher is not easy, yet he manages it with discipline and clarity. He explains that teaching preparation is streamlined due to prior experience, which allows him to dedicate time to research and writing. "Whatever time I get, in college or at home, I keep thinking and writing," he says. Institutional support also plays a key role, as research contributes to both professional growth and recognition.

Before concluding, he offers a piece of advice to young writers:
"Creative writing does not come only from books or social media. Education increases knowledge, but new ideas come from the subconscious mind. When you bring those ideas into words, that is where true creativity begins."

With his work, he bridges environmental awareness and cultural preservation, reminding us that writing is not just about expression, but also about responsibility, memory, and impact.

Dr. Paromita Patranobish and the Politics of Writing the Self

Dr. Paromita Patranobish



In her deeply introspective and politically resonant poetry collection, 'The Distance Between Braids', Dr. Paromita Patranobish transforms personal memory into a powerful literary and cultural intervention. What began, as she notes, as "the wish to craft a memoir in poetry," gradually revealed a larger narrative arc of "the journey of a self from conditioned self-alienation to radical self acceptance."

This movement from the personal to the collective defines the strength of her work. Rooted in her lived experiences, the collection confronts themes of eating disorders, body dysphoria, gender norms, and generational trauma, subjects still insufficiently explored in Indian discourse. Dr. Patranobish makes it clear that her work is not merely confessional but purposeful: "The poems are both an exploration and a critique of gender norms… and the burden of shame."

By resisting clinical or reductive frameworks, she crafts what she calls a "poetics of the anorexic body," one that moves beyond pathologization and instead embraces "nuance, precision… but also care, gratitude and love." This reimagining is crucial. It restores agency to bodies often silenced or misrepresented, turning poetry into a space of reclamation.

Equally significant is how her work situates the self within larger socio-economic and cultural transitions. Reflecting on India in the 1990s and early 2000s, she describes it as "a confusing time to inhabit," shaped simultaneously by consumerism and deeply rooted social hierarchies. Her collection traces how these contradictions imprint themselves on identity, emotion, and embodiment.

As both an academic and creative writer, Dr. Patranobish dissolves the boundary between scholarship and storytelling. "My training in academics has helped me politicize the personal," she explains, emphasizing that writing is not just expression but inquiry. This dual lens allows her work to engage critically while remaining deeply intimate.

Ultimately, her hope is simple yet radical: to give readers "courage and permission to tell their stories… the ones that they may see as… unspeakable." In a time when literature is often sidelined, Dr. Paromita Patranobish reminds us of its urgency. Her work does not just tell a story, it insists that stories like hers must be heard, felt, and carried forward.

Books That Speak For Sustainability and Ethics

Dr. Rajeshwari PT

Dr. Rajeshwari PT, a faculty member of the School of Commerce has authored three books in the field of sustainability. Her recent book 'Sustainable Green Practices for SMEs: Awareness, Adoption and Impact', published in April 2025, explores green initiatives and their broader implications. She has also authored 'Business Ethics and Corporate Social Responsibility', focusing on ethical practices and corporate governance and 'Green Management: Strategies, Implementation and Sustainability' in 2024, which offers practical insights for businesses to embrace sustainability.

Dr. Rajeshwari shared, "Writing a book has been one of the most enriching and transformative experiences of my life." When asked about her experience, she added, "I believe that writing is a valuable tool for communication and a way to spread knowledge, motivate and influence others. This journey has taught me that anyone with dedication and passion can become a writer."



Service with Heart - The Journey of Mr Kuppan

Mr. Kuppan



Mr. Kuppan has proudly completed 25 years of service in Mount Carmel College, a journey that began with him taking care of the college garden, which later transitioned into Mr. Kuppan working at the Botany Department, where he has been working for eight years as a support staff member. His early contribution to maintaining the greenery added to the serene environment that students and staff continue to appreciate today.

When asked about the changes he had witnessed over the years, he remarked "A lot of change has happened, many new buildings and an increase in student population." He also noted "When I joined, the student strength was three thousand, but now it is more than ten thousand students."

Mr. Kuppan expressed deep pride in having seen the institution grow so significantly during his tenure in MCC. He believes that what truly makes the college special are its students. When asked to share a message for the current students, in just four words, he said thoughtfully: "Do good for yourself." Mr. Kuppan's journey stands as a testament to the dedication and unseen effort that keep the spirit of Mount Carmel College alive.

From Celebrating College Jubilee Years to Completing Her Own

Dr. G.S. Shylashree



Not many can say that not only are they a Jubilarian, but have also been a part of an institution's Golden, Diamond and Platinum Jubilee celebrations. Dr. G S Shylashree from the Department of Psychology, Mount Carmel College is, however, one such individual who can rightfully make that claim.

Having initially joined the college in 1996, before becoming a part-time professor from 1998 onwards after the birth of her daughter, to joining again as a full-time professor in the year 2000, Dr. Shylashree now celebrates completing 25 years of teaching in MCC this year. When asked about what memories stood out the most to her throughout her time in MCC so far, she mentioned being present for the college's Golden Jubilee celebration in 1998, followed by the Platinum Jubilee year from 2022 to 2023.

In Dr. Shylashree's own words, MCC is "like a second home" for her, with her stating, "My personal and professional lives have grown parallelly." She elaborated by sharing about how alongside joining MCC, she also got married and had her daughter. She had both her responsibility to her family, as well as responsibility towards her vocation as she became Controller of Examinations from 2009 to 2011, and later the HOD of Psychology in 2022.

Going on to describe her days in MCC, Dr. Shylashree said that there were initially 8 faculty members in the psychology department, but now the department has 20 faculty members. "I have learned a lot from my seniors, my contemporaries, and also from those who have newly joined." she said. She also showed gratitude towards the college management for its continuous support, encouragement, and motivation.

When asked about what message she would like to share with her students, Dr. Shylashree had one piece of advice to share, "I would emphasise on being punctual and showing interest in whatever subject they (the students) have chosen." She talked about the importance of being internally motivated, and being passionate about the subjects that the students have chosen. According to her, it is not just the end goal that is important, but the journey taken there should also be enjoyed.

25 Years of Warmth and Dedication

Ms. Shivashankari



Mount Carmel College celebrates the contribution of Ms. Shivashankari, a significant member of the canteen staff, who has completed an incredible 25 years of service for this prestigious college. She is known for her warm greetings and the sweetest smile among her colleagues. She has been a part of this establishment's daily life since 2000, from serving in the college campus, to serving meals in the canteen, to sharing laughter during breaks.

When asked about how her journey at MCC began, Ms. Shivashankari recalls, "I joined this institution back in 2000. I was quite young then. My mother-in-law used to work here before, and she encouraged me to work alongside her. I remember my first day and how big everything felt—the college, the crowd; the energy." She explains that this is not only her place of work but rather another family. The sisters throughout the years have helped her a lot and she cherishes joining MCC.

Over these years, she has seen many generations of students graduating from this college. "So many faces, so many memories," she smiles. "Students have changed; they are more confident. There have also been a lot of infrastructure changes, but their warmth and respect and the core value of this college has always been the same." Furthermore, she shared that this is the institution that has made her who she is today, the provider of her family, and that which has empowered her to keep working. She says, "This college has given not only the power and confidence to students but also to the staff working here."

When asked if there's a memory that stands out, Ms. Shivashankari laughs softly. "Nothing in particular, but before, I used to work on the campus, then they shifted me to the canteen. I was a bit sad, but working here itself is something to be grateful of. MCC is a huge part of my life." Her eyes light up as she shares her memories, by adding that this college has taught her a lot of things in life that are not something you can forget. As the conversation drew to its end, Ms. Shivashankari's heartfelt message for everyone was, "If you are kind to everyone, the god will also be kind to you, and I hope that everyone will be happy and blessed for a long time." After 25 years of dedicated service, she looks forward to the future, where she will continue working here as long as possible in this institution, which remains an irreplaceable part of her everyday life.

Gladly Jubilarian

Ms. Reeta D



"I love my work," said Ms. Rita, a support staff member from the Psychology Department who completed 25 years of work in Mount Carmel College this year. When asked how she felt about being a jubilarian, she said she was very proud, and grateful to the many people who helped her get here.

Since Ms. Rita started working in 2000, she has worked in the Library, the Exam Section, the Electronics Department, and is currently working as one of the Psychology lab attendants. Having worked in many departments, she took every opportunity to learn whatever she could. She knows how to classify and arrange books in the Library, recalling how she used to read books there with her colleagues during free hours. She was also the first woman to be assigned to the Electronics lab. She said, "As a woman, whatever was there, I have learned." Initially, she didn't know how to work with the lab equipment, so the teachers there taught her everything—even soldering.

Ms. Rita is confident that she knows her work well, whether it's the Library, the Electronics Department, the Psychology Department or the Exam Section, she believes that she can work anywhere. In the Psychology labs, she likes to clean and sort everything neatly. She also strongly believes in respecting the teachers. "Respect is the main thing I have learned here," she shared. When asked if she had any advice to share with her coworkers, she shared that her father, who was a watchman at Mount Carmel Central School, taught her two things—to love your work, and to work hard. She has the same advice for her coworkers.

“What Do You Call a Person Who is Happy on a Monday Morning? Retired.” -Ms. Shanthi Subbaiah

Ms. Shanthi Subbaiah

Ms. Subbaiah did not join Mount Carmel College as a fresher, but with the veteran experience of 12 years in teaching. She had previously been teaching in Chennai, before her husband’s transfer led her to Bengaluru and eventually, to MCC on 28th August, 2000. Reflecting on her time as an educator in MCC, she said, “It is hard to believe that this chapter of my life has come to a close.”



Ms. Subbaiah presented with tokens of appreciation by the college management staff members

According to Ms. Subbaiah, retirement had always felt like something in the distant future, until suddenly it was not. As she spoke, she talked about how she had the pleasure of serving her tenure here in MCC from the year 2000 to 2025 under five different principals and three deans from her own department of Chemistry. “I have learned valuable lessons, unique vision and leadership from each one of them,” she added.

She admitted that when she first joined MCC, Ms. Subbaiah was not too inclined to teach here for long. However, she happily shared that just within a year, her workstyle and meticulous nature was very quickly recognised and appreciated by her co-workers. She was close to all her seniors, who were supportive of her and never treated her as just a fresher. “That gave me the feeling to continue here,” she remarked, also adding that for her retirement celebration, all her seniors had come to wish her well, which she considers a real privilege.

As for her students, Ms. Subbaiah shared that they have always been a great source of support to her who loved her just as dearly as she loved them. They would seek her advice not just on subject matter, but also for personal problems and worries. She greatly valued the trust and confidence her students had in her, and would always be ready to offer moral support to them. “All this,” she stated, “has given me satisfaction.”

Addressing her students, Ms. Subbaiah called them her greatest teachers and said, “You have challenged me, inspired me, and reminded me every single day why I chose this path.” Leaving a final message to her students, she encouraged them to be sincere, meticulous, and to never shy away from hard work, “It will give you such mental satisfaction, which we cannot get from anywhere else.”

“I Want To Be Remembered As a Mother, Not Just As a Teacher” – K.S. Shyamala

K.S. Shyamala

Dr K.S. Shyamala, has been the Head and Associate Professor of the Department of Physics for more than 30 years, and now, she bids farewell to Mount Carmel College that has been her home for all these years.

Dr Shyamala first joined MCC in 1994, after settling in Bangalore and completing her Bachelor's degree in science. In 2015, when the times were challenging for private colleges, she was transferred 400 kilometres away from Bangalore to teach in another college located in Channagiri. But MCC called her back after a gap of 3 years, and she rejoined the college as a lecturer, and then rose through years of dedication and hard work to become the head of the physics department. Her students remember her for her teaching and the affection she used to shower upon them. “We used to wait for her classes. She taught so well that all the concepts were stuck in our minds. But more than that, she taught us valuable life lessons like a mother; she is just like a backbone to all of us,” one student fondly recalls her. Along with her teaching, she also established a physics laboratory, which, to this day, benefits the students in a number of ways.

Dr Shyamala took voluntary retirement after 35 years of teaching. When asked why a sudden retirement plan, she smiles and replies, “I want to build a school in my village for the children there.” This initiative of hers reflects her spirit. Dr Shyamala’s teaching journey has certainly left a mark on the history of Mount Carmel College. She reminisces about her journey with utmost gratitude: “I've been blessed with such a supportive



Ms. K.S. Shyamala being presented with tokens of appreciation

family and colleagues, and just because I'm retiring today doesn't mean that my journey as a teacher is coming to an end. Instead, my dream of starting something in a place that I grew up in is finally getting fulfilled."
Dr. Shyamala recalls feeling the proudest every Teachers' Day, as each year during that time she felt like she achieved something when her former students, even those who graduated in 2007, would call or message her with their warm wishes. She wants to be remembered as a motherly figure for all her students and coworkers, for whom she used to bring tiffin almost every day. As she comes to the end of this chapter in her life, She leaves one piece of advice for young girls: "Remain simple and sincere in whatever you do, and make sure to blindly listen to your parents and teachers, who will be your support pillar in all stages of your life."

The Man Behind the Lab

Mr. Michael Rodrigues

Mr. Michael Rodrigues, a member of the support staff in the Department of Electronics, retires after completing 38 years of service at Mount Carmel College since joining MCC in 1987. From start to finish, he has been a consistent and reliable presence, known for his discipline, humility, and dedication towards his work.
Looking back to his journey, Mr. Rodrigues shares, "I have dedicated 38 years of my service at Mount Carmel College, and the one thing I remember is arriving in Bangalore as a young man, unsure but hopeful. At first it felt unfamiliar to me but gradually it became a significant part of my life, and not only did it shape my career but it surely made me grow too"

When asked, Mr. Rodrigues reflected that he has learned many things during his time at MCC, both from his colleagues and from students. He says that joining the institution had truly changed his life. Despite not having experienced college life as a student, he found his own form of education within the walls of the institution through the daily interactions, responsibilities, and the relationships he built over the years. Mr. Rodrigues spoke about the memories that stood out to him, not as one single moment, but as the people who became part of his journey. He shared that he had built strong friendships with teaching staff, non-teaching staff, and students across departments, and considers these relationships as his greatest achievement. For him, the bonds formed over the years remain the most meaningful part of his service.

His contribution, however, is best understood through the words of those who worked alongside him. As one staff member shared during a farewell address, "We are not just here to bid farewell, but to celebrate the journey of a gentleman who has been the heart and soul of our department." From setting up laboratories early to maintaining them with precision and care, his work laid the foundation for generations of learning. "He didn't just



Mr. Michael Rodrigues being receives token of appreciation

manage the lab; he set an example for everyone." As he steps into a new phase of life, Mr. Rodrigues looks forward to spending time with his family, especially caring for his mother. Even as he retires, his bond with the college remains strong, and for him, it is not a goodbye, but a "see you later." After 38 years of service, Mr. Michael Rodrigues leaves behind a legacy of kindness, humility, and dedication. His journey reminds us that the true strength of an institution lies in the people who quietly support it every day. When asked to share a message for students, he smiled and replied, "Be honest, be punctual, and don't lose hope in failure. There is always a tomorrow for success."


LANGUAGE

हिंदी

माउंट कार्मेल कॉलेज (स्वायत्त), बेंगलुरु
वार्षिक रिपोर्ट – हिंदी संघ (2025–26)

उपाध्यक्ष (VP) : डॉ. कोयल बसि्वास

सचविगण (2025–26):

माउंट कार्मेल कॉलेज (स्वायत्त), बेंगलुरु

वार्षकि रपिोर्ट – हदिी संघ (2025–26)

उपाध्यक्ष (VP) : डॉ. कोयल बसि्वास

सचविगण (2025–26):

1. अनुष्का शंकर
2. परभिावसघिका
3. मोहम्मद रेहान
4. आलयिा मोहम्मद अनवर

वर्ष 2025–26 की गतविधियिाँ

वर्ष 2025–26 की गतिविधियाँ

1. ट्राइफ्लेम (फ्रेशर्स डे)- नए छात्रों के स्वागत और सांस्कृतिक संवाद को बढ़ावा देने वाला कार्यक्रम।

2. ICSSR के तत्वावधान में जनजातीय गौरव राष्ट्रीय संगोष्ठी – बिरसा मुंडा के 150 वीं वर्षगांठ पर आई सी एस एस आर द्वारा अनुदान प्राप्त भव्य जनजातीय गौरव संगोष्ठी जिसका उद्घाटन राज्यपाल द्वारा हुआ|

3. कहानी 2000s की (कल्चरल वीक)- 2000 के दशक पर आधारित रोचक और टीम-आधारित सांस्कृतिक गतिविधि।

4. हिंदी दिवस- मल्हार 2025- बैंक ऑफ बरोदा के तत्वावधान में आयोजित इस समारोह में 'वित्तीय प्रशिक्षण एवं बचत के लाभ' पर ज्ञानवर्धक व्याख्यान हुआ| विद्यार्थियों के लिए प्रतियोगिताओं और साहित्यिक गतिविधियों के माध्यम से हिंदी भाषा का उत्सव मनाया गया|

5. काव्य शिखर (अकाडेमिशिया) - रचनात्मकता और साहित्यिक अभिव्यक्ति को प्रोत्साहित करने वाला कविता मंच।

6. मनन (मानविकी संकाय द्वारा आयोजित कार्यक्रम) - चिंतन और वैचारिक चर्चा को प्रोत्साहित करने वाला मंच।

7. लिट फेस्ट '25 (साहित्य सम्मेलन 2025) – सुप्रसिद्ध साहित्यकारों का सम्मेलन, साहित्य अकादमी पुरस्कृत साहित्यकार डॉ गोविंद मिश्र, सुप्रसिद्ध दलित लेखिका सुशीला टाकभौरे एवं सुप्रसिद्ध कवि हरीश अरोड़ा जी ने साहित्य की गरिमा को विद्यार्थियों के सामने रखा| हिन्दी, कन्नड, संस्कृत, अंग्रेजी, फ्रेंच एवं जर्मन विभाग के संयुक्त प्रयास तथा अथर्स गिल्ड ऑफ इंडिया, दिल्ली साहित्य सम्मेलन,हिन्दुस्तानी प्रचार सभा, मुंबई तथा अमन प्रकाशन, कानपुर का वृहत साहित्यिक योगदान रहा| नृत्य कार्यशाला, लेखन कार्यशाला, फिल्म कार्यशाला आदि के माध्यम से यह साहित्यिक सम्मेलन सम्पन्न हुआ|

8. वायनाड शैक्षणिक भ्रमण - सांस्कृतिक और पर्यावरणीय अनुभव प्रदान करने वाली शैक्षणिक यात्रा।

9. शैक्षणिक कार्यशाला - ज्ञान और कौशल विकास हेतु आयोजित प्रशिक्षण सत्र।

10. हिन्दुस्तानी प्रचार सभा, मुंबई के तत्वावधान में आयोजित वक्तृत्व प्रतियोगिता - वक्तृत्व कला और अभिव्यक्ति कौशल विकसित करने का मंच।

11. कल-आह (Cul-Ah) - प्रतिभा और रचनात्मकता को प्रदर्शित करने वाला सांस्कृतिक कार्यक्रम।

12. रोज़गारपरक हिंदी एवं अनुवाद पर अतिथि व्याख्यान - हिंदी के व्यावहारिक उपयोग और अनुवाद कौशल पर मार्गदर्शन।

13. विधि (कानून) पर करियर मार्गदर्शन कार्यशाला - विधि क्षेत्र में करियर के अवसरों पर जानकारी प्रदान करने वाला सत्र।

14. सामुदायिक विकास कार्यक्रम - सामाजिक जिम्मेदारी और समुदाय सेवा को बढ़ावा देने वाली पहल।

15. विद्यार्थी उपलब्धियाँ - छात्रों की शैक्षणिक और सह-पाठ्यक्रमीय उपलब्धियों का सम्मान।

राष्ट्रीय संगोष्ठी

माउंट कार्मेल कॉलेज, बेंगलुरु में 30 और 31 जुलाई 2025 को "जनजातीय गौरव राष्ट्रीय संगोष्ठी" का आयोजन हिंदी विभाग द्वारा ICSSR के सहयोग से किया गया। यह सम्मेलन बिरसा मुंडा की 150वीं जयंती के उपलक्ष्य में आयोजित हुआ, जिसमें विद्वानों, शोधकर्ताओं और सामाजिक कार्यकर्ताओं ने जनजातीय संस्कृति, पारिस्थितिकी और समाज पर विचार-विमर्श किया।

उद्घाटन DJB सभागार में दीप प्रज्वलन के साथ हुआ। डॉ. राठौड़ पुंडलिक और डॉ. जॉर्ज लेखा ने स्वागत भाषण दिया। मुख्य अतिथि राज्यपाल थावर चंद गहलोत ने बिरसा मुंडा के "उलगुलान" आंदोलन और जनजातीय ज्ञान के महत्व पर प्रकाश डाला। प्रो. धनंजय सिंह, प्रो. जयकरा एस.एम. और प्रो. के.आर. जलजा ने भी अपने विचार साझा किए। इस अवसर पर "Great Nicobar" और "Greenovation" पुस्तकों का विमोचन हुआ।



BOOK LAUNCH CONFERENCE



प्रथम दिवस में विभिन्न सभागारों में जनजातीय इतिहास, पारिस्थितिकी और नीलगिरि की टोडा जनजाति पर शोध प्रस्तुत किए गए। सांस्कृतिक संध्या में बंजारा, बिहू, मणिपुरी, संथाली और घूमर नृत्य प्रस्तुत हुए।

द्वितीय दिवस में भाषा, पहचान, मीडिया और सामाजिक-आर्थिक चुनौतियों पर चर्चा हुई, जिसमें जनजातीय भाषाओं और परंपराओं के संरक्षण पर बल दिया गया।

समापन समारोह में वहारू सोनवणे और प्रो. सुधीर सोनी उपस्थित रहे। डॉ. कोयल बिस्वास द्वारा "The Hidden Life of Trees" का विमोचन किया गया। सम्मेलन ने जनजातीय विरासत को भारत की जीवंत धरोहर के रूप में प्रस्तुत किया।

हिंदी दिवस

माउंट कार्मेल कॉलेज (स्वायत्त), बेंगलुरु में 11 सितंबर 2025 को हिंदी दिवस उत्साहपूर्वक मनाया गया। यह कार्यक्रम बैंक ऑफ बड़ौदा के सहयोग से "दो दिवसीय राजभाषा संगोष्ठी" के अंतर्गत आयोजित किया गया।

कार्यक्रम का शुभारंभ डॉ. कोयल बिस्वास के संबोधन से हुआ। प्रथम सत्र में लखन चौधरी ने वित्तीय साक्षरता और साइबर सुरक्षा पर विचार प्रस्तुत किए। दोपहर के बाद गायन, ओपन माइक, वाद-विवाद और पोस्टर निर्माण जैसी प्रतियोगिताएँ आयोजित की गईं, जिनमें विद्यार्थियों ने सक्रिय भाग लिया।

द्वितीय सत्र में अमिता ब्रह्मा ने व्यावसायिक संप्रेषण में हिंदी की भूमिका पर प्रकाश डाला। कार्यक्रम का समापन धन्यवाद ज्ञापन के साथ हुआ।

यह आयोजन अत्यंत सफल रहा और हिंदी को अभिव्यक्ति एवं एकता की सशक्त भाषा के रूप में प्रस्तुत किया।

मनन 2025

माउंट कार्मेल कॉलेज (स्वायत्त), बेंगलुरु के हिंदी संघ द्वारा "मनन 2025" के अंतर्गत 11 अक्टूबर 2025 को "तशन-ए-दिल्ली" प्रतियोगिता का आयोजन MTB 105 में किया गया। इस कार्यक्रम ने दिल्ली की संस्कृति, विरासत और स्ट्रीट फूड को रोचक प्रश्नोत्तरी के माध्यम से प्रस्तुत किया।

प्रतियोगिता में रिद्धि जैन, बी. अक्षय कुमार और फिल्ज़ा फातिमा ने भाग लिया। संचालन सलोनी और मोहित ने किया तथा निर्णायक डॉ. सुरेश डुडवे रहे। कार्यक्रम को तीन चरणों, दिल्ली दर्शन, ज़ायका-ए-दिल्ली और क्रॉसवर्ड चैलेंज,में विभाजित किया गया।

परिणामस्वरूप, रिद्धि जैन प्रथम, बी. अक्षय कुमार द्वितीय और फिल्ज़ा फातिमा तृतीय स्थान पर रहे। यह प्रतियोगिता दिल्ली की समृद्ध संस्कृति और पहचान का सफल उत्सव साबित हुई।

लिट फेस्ट 2025

माउंट कार्मेल कॉलेज (स्वायत्त), बेंगलुरु में 12 और 13 दिसंबर 2025 को दो दिवसीय वार्षिक साहित्यिक महोत्सव "लिट फेस्ट" का आयोजन किया गया, जिसका उद्देश्य साहित्य, संवाद, रचनात्मकता और सांस्कृतिक अभिव्यक्तियों को मंच प्रदान करना था।

उद्घाटन समारोह में अतिथियों का स्वागत, श्लोक पाठ और "नाद गीत" प्रस्तुत हुआ। डॉ. कोयल बिस्वास ने साहित्य के महत्व पर प्रकाश डाला। गोविंद मिश्र, सुशीला टकभौरे और हरीश अरोड़ा की उपस्थिति में दीप प्रज्वलन के साथ कार्यक्रम आरंभ हुआ।

पुस्तक विमोचन में चार भाषाओं की 12 पुस्तकों का अनावरण हुआ, जिनमें डॉ. राठौड़ पुंडलिक, डॉ. कोयल बिस्वास, डॉ. कौशल कुमार पटेल, डॉ. प्रियंका गुप्ता तथा डॉ. कोशी ए. वी. की कृतियाँ और विद्यार्थियों की रचनाएँ शामिल थीं।

पैनल चर्चा में AI और भाषा के संबंध पर विचार हुआ, जिसमें इसकी सीमाओं और मानवीय संवेदनाओं के महत्व को रेखांकित किया गया।

जी.डी. बिड़ला कार्यशाला में गोविंद मिश्र, हरीश अरोड़ा और महेश कुमार ने डिजिटल युग में साहित्य की चुनौतियों पर चर्चा की।

काव्य पाठ (कवि सम्मेलन) में विभिन्न विषयों पर विद्यार्थियों और संकाय ने कविताएँ प्रस्तुत कीं।



LIT FEST

हिन्दुस्तानी प्रचार सभा, मुंबई के तत्वावधान में आयोजित कार्यक्रम के अंतर्गत कहानी, काव्य और भाषण प्रतियोगिताएँ आयोजित हुईं, जिनका मूल्यांकन प्रो. सुरेश, डॉ. वानिश्री बुग्गी, डॉ रोहिणी और डॉ ज्योत्स्ना ने किया।

सांस्कृतिक कार्यक्रम में संस्कृत, कन्नड़, हिंदी, जर्मन, फ्रेंच और अंग्रेज़ी विभागों द्वारा नृत्य, गीत और काव्य प्रस्तुतियाँ दी गईं।

फिल्म कार्यशाला में हरीश अरोड़ा ने पटकथा लेखन और फिल्म निर्माण की तकनीकों पर मार्गदर्शन दिया।

ऑथर्स गिल्ड सत्र में सुशीला टकभौरे ने लेखन, सामाजिक संघर्ष और शिक्षा के महत्व पर विचार साझा किए।

कथक कार्यशाला में अर्पणा राव ने 40 से अधिक विद्यार्थियों को प्रशिक्षण दिया, जिनकी प्रस्तुति समापन समारोह में सराही गई।

यह लिट फेस्ट साहित्य, संस्कृति और संवेदनशीलता का सफल संगम रहा, जिसने विद्यार्थियों को अभिव्यक्ति और संवाद का प्रभावी मंच प्रदान किया।

वायनाड शैक्षणिक भ्रमण

हिंदी विभाग द्वारा 10 और 11 जनवरी को केरल के वायनाड के लिए दो दिवसीय शैक्षिक भ्रमण का आयोजन किया गया। इस भ्रमण में लगभग 130 विद्यार्थियों ने भाग लिया, जिनके साथ चार संकाय सदस्य मार्गदर्शन के लिए उपस्थित थे। इसका उद्देश्य विद्यार्थियों को शैक्षणिक दिनचर्या से विराम देते हुए प्रकृति और संस्कृति से परिचित कराना था।

समूह ने प्रातः माउंट कार्मेल कॉलेज से प्रस्थान किया। वायनाड पहुँचकर करापुझा बांध का भ्रमण किया, जहाँ प्राकृतिक दृश्य, ठंडी हवा और मनोरंजनात्मक गतिविधियों ने सभी को आकर्षित किया। विद्यार्थियों ने स्थानीय उत्पादों और मिठाइयों का भी आनंद लिया।

दूसरे दिन पूकोड झील का भ्रमण किया गया, जहाँ नौकायन और शांत वातावरण विद्यार्थियों के लिए विशेष आकर्षण रहा। इसके बाद भोजन कर समूह ने वापसी यात्रा आरंभ की।

यह भ्रमण मनोरंजन, सीख और आपसी संबंधों को मजबूत करने का एक सफल और यादगार अनुभव रहा।

शैक्षणिक कार्यशाला

माउंट कार्मेल कॉलेज (स्वायत्त), बेंगलुरु में 28 जनवरी 2026 को हिंदी विभाग और वैज्ञानिक अनुसंधान एवं उन्नत अध्ययन केंद्र के संयुक्त तत्वावधान में “रिसर्च पेपर लेखन – कौशल एवं संभावनाएँ” विषय पर एक शैक्षणिक कार्यशाला आयोजित की गई।

इस कार्यशाला के मुख्य वक्ता डॉ. आत्माराम शर्मा थे, जिन्होंने विद्यार्थियों को शोध-पत्र लेखन की मूलभूत अवधारणाओं, तकनीकी पहलुओं और संभावनाओं से परिचित कराया। उन्होंने भारतीय परंपरा में शोध की जड़ों को रेखांकित करते हुए कृत्रिम बुद्धिमत्ता और मानव सृजनात्मकता के अंतर को स्पष्ट किया।

कार्यक्रम का संचालन आस्था राज द्वारा किया गया। यह कार्यशाला विद्यार्थियों को शैक्षणिक लेखन के प्रति प्रेरित करने में सफल रही। अंत में धन्यवाद ज्ञापन डॉ. सुरेश कुमार द्वारा प्रस्तुत किया गया।



GUEST LECTURE ON RESEARCH

कल-आह 2026



CUL-AH

14 फरवरी 2026 को माउंट कार्मेल कॉलेज (स्वायत्त) में हिंदी संघ द्वारा “कल-आह 2026” के अंतर्गत “आदि संघर्ष” नामक अंतर-महाविद्यालयीय हिंदी प्रतियोगिता आयोजित की गई। यह कार्यक्रम जनजातीय जीवनशैली, संघर्ष और पारंपरिक ज्ञान से प्रेरित था।

प्रतियोगिता में प्रत्येक टीम में दो प्रतिभागी थे और हिंदी का प्रयोग अनिवार्य था। इसमें दो चरण शामिल थे, पहले चरण में समकालीन समस्याओं पर जनजातीय ज्ञान आधारित समाधान प्रस्तुत किए गए, जबकि दूसरे चरण में “तब और अब” विषय पर संक्षिप्त प्रस्तुति दी गई।

निर्णायक डॉ. कोयल बिस्वास और डॉ. वानिश्री बुग्गी ने प्रतिभागियों की सराहना की। कार्यक्रम ने यह संदेश दिया कि हमारी जड़ें ही हमारी सबसे बड़ी शक्ति हैं।

रोज़गारपरक हिंदी एवं अनुवाद पर अतिथि व्याख्यान

हिंदी विभाग, माउंट कार्मेल कॉलेज (स्वायत्त), बेंगलुरु ने यूको बैंक के सहयोग से 9 मार्च 2026 को “रोज़गारपरक हिंदी एवं अनुवाद” विषय पर एक शैक्षिक कार्यक्रम का आयोजन किया। इस पहल का उद्देश्य हिंदी भाषा के व्यावहारिक उपयोग को बढ़ावा देना, इससे जुड़े विभिन्न करियर विकल्पों के प्रति जागरूकता उत्पन्न करना तथा विद्यार्थियों को अनुवाद, राजभाषा कार्यान्वयन, तथा सरकारी एवं बैंकिंग क्षेत्रों में उपलब्ध पेशेवर अवसरों की ओर प्रेरित करना था।

कार्यक्रम के दौरान विशेषज्ञ वक्ता ने हिंदी के वर्तमान परिदृश्य में बढ़ते महत्व पर प्रकाश डाला और बताया कि किस प्रकार हिंदी न केवल एक सांस्कृतिक भाषा है, बल्कि यह प्रशासनिक, व्यावसायिक और तकनीकी क्षेत्रों में भी समान रूप से महत्वपूर्ण भूमिका निभा रही है। उन्होंने अनुवाद के क्षेत्र में उपलब्ध संभावनाओं, इसके व्यावहारिक पक्षों तथा आवश्यक कौशलों के बारे में विस्तार से जानकारी दी।

इसके अतिरिक्त, विद्यार्थियों को राजभाषा से संबंधित कार्यों, आधिकारिक पत्राचार, और बैंकिंग क्षेत्र में हिंदी के उपयोग के विभिन्न आयामों से भी अवगत कराया गया। वक्ता ने यह भी समझाया कि किस प्रकार हिंदी का ज्ञान सरकारी परीक्षाओं, कार्यालयी कार्यों और बहुराष्ट्रीय कंपनियों में रोजगार के अवसरों को बढ़ाने में सहायक सिद्ध हो सकता है।

कार्यक्रम ने विद्यार्थियों को हिंदी भाषा के प्रति एक नई दृष्टि प्रदान की और उन्हें इसे केवल एक विषय के रूप में नहीं, बल्कि एक सशक्त करियर विकल्प के रूप में अपनाने के लिए प्रेरित किया। अंत में, प्रश्नोत्तर सत्र के माध्यम से विद्यार्थियों की जिज्ञासाओं का समाधान किया गया, जिससे कार्यक्रम अत्यंत उपयोगी और प्रभावशाली सिद्ध हुआ।



विधि (कानून) पर करियर मार्गदर्शन कार्यशाला

हिंदी विभाग, माउंट कार्मेल कॉलेज (स्वायत्त), बेंगलुरु ने 13 मार्च 2026 को प्रथम एवं द्वितीय वर्ष के हिंदी विद्यार्थियों के लिए विधि विषय पर एक करियर मार्गदर्शन कार्यशाला का आयोजन किया। इस सत्र का संचालन अधिवक्ता भारती बी द्वारा किया गया, जिन्होंने कॉर्पोरेट, सिविल एवं आपराधिक वाद-विवाद के क्षेत्र में अपने 30 वर्षों के अनुभव से विद्यार्थियों को महत्वपूर्ण जानकारी प्रदान की।

उन्होंने विद्यार्थियों को विधि क्षेत्र में उपलब्ध विभिन्न करियर अवसरों से अवगत कराया तथा इस पेशे में सफलता प्राप्त करने के लिए समर्पण, अनुशासन और निरंतर परिश्रम के महत्व पर बल दिया। साथ ही, उन्होंने विधि व्यवसाय की वास्तविकताओं, चुनौतियों और व्यावहारिक पहलुओं पर भी विस्तार से चर्चा की।

यह कार्यशाला विद्यार्थियों के लिए अत्यंत ज्ञानवर्धक सिद्ध हुई, जिससे उन्हें विधि क्षेत्र की गहन समझ प्राप्त हुई और उन्होंने इसे एक संभावित करियर विकल्प के रूप में गंभीरता से विचार करने की प्रेरणा प्राप्त



CAREER GUIDANCE WORKSHOP

सामुदायिक विकास कार्यक्रम

माउंट कार्मेल कॉलेज (स्वायत्त), बेंगलुरु के हिंदी विभाग के संकाय सदस्यों ने 7 मार्च 2026 को ओम शांति धाम वेद गुरुकुल का शैक्षिक भ्रमण किया। इस यात्रा का उद्देश्य गुरुकुल के विद्यार्थियों एवं आचार्यों के साथ संवाद स्थापित करना तथा पारंपरिक गुरुकुल शिक्षण पद्धति को समझना था। साथ ही, इस भ्रमण का लक्ष्य आधुनिक शिक्षा प्रणाली को भारतीय पारंपरिक ज्ञान प्रणाली के साथ समन्वित करने की संभावनाओं का अन्वेषण करना और भविष्य में शैक्षणिक सहयोग के अवसरों को विकसित करना भी था।

इस भ्रमण के दौरान संकाय सदस्यों को गुरुकुल की पारंपरिक शिक्षण पद्धतियों एवं अध्ययन-अभ्यास की विशिष्ट प्रक्रियाओं के बारे में गहन जानकारी प्राप्त हुई। इस संवाद ने आधुनिक शिक्षा और पारंपरिक ज्ञान प्रणालियों के बीच विचारों के आदान-प्रदान को प्रोत्साहित किया, जिससे दोनों के समन्वय की नई संभावनाएँ सामने आईं।
इसके अतिरिक्त, इस यात्रा ने संस्थान और गुरुकुल के मध्य भविष्य में शैक्षणिक सहयोग की संभावनाओं को सुदृढ़ किया। यह प्रयास भारतीय ज्ञान परंपरा के तत्वों को पाठ्यक्रम में सम्मिलित करने की दिशा में एक महत्वपूर्ण कदम सिद्ध हुआ। साथ ही, इस अनुभव ने शिक्षा के वैकल्पिक एवं समग्र दृष्टिकोण को समझने में सहायता प्रदान की और संकाय सदस्यों के दृष्टिकोण को व्यापक

विद्यार्थी उपलब्धियाँ

हिंदी विभाग अपने विद्यार्थियों को शैक्षणिक वर्ष 2025–26 के दौरान विभिन्न अंतर-महाविद्यालयीय प्रतियोगिताओं में उनके उत्कृष्ट प्रदर्शन के लिए हार्दिक बधाई देता है।

1. हिंदी विभाग एवं हिंदी संघ को यह बताते हुए गर्व हो रहा है कि हमारे विद्यार्थियों ने 20 जुलाई 2025 को सेंट जोसेफ्स कॉलेज ऑफ कॉमर्स में आयोजित स्ट्रीट प्ले प्रतियोगिता में प्रथम स्थान प्राप्त किया। इस प्रस्तुति ने सशक्त टीमवर्क, रचनात्मकता और प्रभावशाली कथानक के माध्यम से एक सशक्त सामाजिक संदेश प्रस्तुत किया।

विद्यार्थियों के समर्पण, तालमेल और मंच पर प्रभावशाली प्रस्तुति को निर्णायकों और दर्शकों द्वारा अत्यधिक सराहा गया, जिसके परिणामस्वरूप यह उल्लेखनीय उपलब्धि प्राप्त हुई।

2. हिंदी विभाग एवं हिंदी संघ को यह बताते हुए गर्व हो रहा है कि हमारी छात्रा सम्युक्ता ने 20 जुलाई 2025 को सेंट जोसेफ्स कॉलेज ऑफ कॉमर्स में हिंदी दिवस के अवसर पर आयोजित पैनल चर्चा प्रतियोगिता में द्वितीय स्थान प्राप्त किया।

3. हिंदी विभाग एवं हिंदी संघ को यह बताते हुए अत्यंत गर्व हो रहा है कि हमारे विद्यार्थियों मोहम्मद रेहान (द्वितीय वर्ष, बीबीए एविएशन) एवं निखिल सिंह (प्रथम वर्ष, बीकॉम जनरल) ने 15 सितंबर 2025 को जैन (डीम्ड-टू-बी यूनिवर्सिटी) द्वारा आयोजित हिंदी दिवस के अंतर्गत "सितारों की सौदेबाज़ी" प्रतियोगिता में प्रथम स्थान प्राप्त किया।

4. हिंदी विभाग एवं हिंदी संघ को यह बताते हुए गर्व हो रहा है कि हमारी छात्राएँ अल्विया सैफी (द्वितीय वर्ष, बीएससी BtCZ) एवं मुस्कान (द्वितीय वर्ष, बीएससी BtCZ) ने 25 सितंबर 2025 को बिशप कॉटन विमेंस क्रिश्चियन कॉलेज द्वारा आयोजित पहेली प्रतियोगिता में तृतीय स्थान प्राप्त किया।

5. हिंदी विभाग एवं हिंदी संघ को यह बताते हुए गर्व हो रहा है कि हमारे विद्यार्थियों पुनीत, अलीशा, संदीप एवं ज्ञानेश्वरी ने 22 जनवरी 2026 को सेंट जोसेफ्स कॉलेज ऑफ कॉमर्स (एसजेसीसी) के हिंदी विभाग द्वारा आयोजित "डब एन एड" प्रतियोगिता में द्वितीय स्थान प्राप्त किया।

6. हिंदी विभाग एवं हिंदी संघ को यह बताते हुए अत्यंत गर्व हो रहा है कि हमारे विद्यार्थियों सम्युक्ता, रोहीता, रिया शर्मा, अल्विया, अनन्या एवं हरिनी ने 16 फरवरी 2026 को क्रिस्टु जयंती (डीम्ड-टू-बी यूनिवर्सिटी) में आयोजित विभिन्न प्रतियोगिताओं में उत्कृष्ट प्रदर्शन किया। एकल प्रतियोगिताओं में सम्युक्ता ने पिक एंड स्पीक में तृतीय स्थान तथा वकृत्व कला (एलोक्यूशन) में प्रथम स्थान प्राप्त किया। रोहीता ने कहानी लेखन में प्रथम स्थान प्राप्त किया। रिया शर्मा ने काव्य पाठ में प्रथम स्थान प्राप्त किया, जबकि अल्विया ने काव्य पाठ में द्वितीय स्थान प्राप्त किया। अनन्या ने एकल अभिनय (वन कैरेक्टर एक्ट) में प्रथम स्थान प्राप्त किया। समूह प्रतियोगिताओं में रिया शर्मा, सम्युक्ता, अनन्या एवं हरिनी ने वाद-विवाद में तृतीय स्थान प्राप्त किया, तथा रिया शर्मा, रोहीता, सम्युक्ता, हरिनी एवं अनन्या ने नुक्कड़ नाटक में प्रथम स्थान प्राप्त किया ।





रचनाएं:

कैद

मेरे हालात कुछ ऐसे हैं
बादलों में कैद एक बूंद जैसी है
जी रही हूँ आसमान में।
कैद हूँ यहाँ, मेरे जैसी बहुत सी हैं
बस फर्क इतना है, कोई बारिश में आज़ाद हो जाती है
और कोई धूप से सूख जाती है।
किस्मत देखो बादलों की, वो गरजते हैं, बरसते हैं
और हम बूंदें?
आज़ादी भी मिली तो गरजते बादलों के हुक्म पे।
जाते भी कहाँ उसके बाद,
आँसू बनकर मिलना भी तो हमें था
मिट्टी में।

— ज्योति

4th sem B.Com B(regular)

घर

ये वो जगह है जिसको हर शख्स एक उम्र बाद ढूंढने में अपनी पूरी उम्र लगा देता है।
वो जगह जहां सुकून मिले,
जहां जाने के बाद थोड़े समय के लिए दुनियादारी से पीछे छूट जाए।
कुछ लोग इसको अपने मां-बाप के साए में ढूंढते हैं,
कुछ लोग इसे अपनी मां की गोद में या पापा की बाहों में ढूंढते हैं,
और कुछ लोग होते हैं जो घर को अपने प्रेमी के साथ होने में पाते हैं।
ये वो जगह है जहां कुछ दिल की बात करने से पहले "आगे वाला गलत न सोच ले" वाला डर नहीं होता।
ये वो जगह है जहां रोने से पहले आस-पास देखना नहीं पड़ता।
घर वो जगह है जहां हम अपने दिल की बात बिना किसी शंका के बता पाते हैं।
घर वो जगह है जहां हम सुकून से रह पाते हैं।

-स. इमरान

2nd sem B.Sc PMC

प्रेम का प्रतिमान

(ताजमहल का यमुना से संवाद)

आकाश की ओर ताकता ताजमहल
लेकर गहरी सांस,
एक बार पलकें नीची कर
देखा यमुना की चिर सुकुमार उच्छास|
बहती हुई उसकी धाराओं में
देखकर अपनी विचलित सी नाचती काया
सदियों से स्थितप्रज्ञ है वह मगर
क्यों यमुना दिखाती विकृत उसकी छाया?

ऊंची गर्दन को तनिक झुकाकर आखिर पूछ ही लिया
'कहो यमुना अब मुझे यह कैसी तुम्हारी माया?
प्रेम का मैं अमर अटल प्रतीक
पूरे विश्व ने जब स्वीकार किया
आखिर क्यों तुम मुझे विकृत मानती हो
मेरी सत्ता के आगे सिर नहीं झुकाते हो?"

बोली यमुना मुस्कुराकर,"प्रेम की परिभाषा
तुमने कहाँ जाना है, हे प्रस्तर पाषाण?
मेरी धाराओं में आज भी बहती है देखो
युगों पुरानी अलौकिक प्रेम का प्रतिमान|
कृष्ण की बाँसुरी की तान
आज भी राधा के अश्रु का करती मैं सम्मान|

मेरे तट पर यशोदा मैया की प्रतीक्षा के क्षण
आज भी वात्सल्य का करता है बखान
गोपियों की निर्मल भक्ति की गंध से
आज भी महकती शीतल जल की धार
कभी-कभी कृष्ण की स्मृति में
वृंदावन से आती है गौओं की पुकार|
ताजमहल निस्संदेह तुम्हारी गरिमा अपरंपार
विश्व में प्रेम गाथा का तुम हो उद्गार महान
परंतु राधा- कृष्ण के शाश्वत प्रेम के बढ़कर
यमुना कभी नहीं करेगी किसी का मान|"

-डॉ कोयल विश्वास
सह आचार्य एवं विभागाध्यक्ष, हिंदी



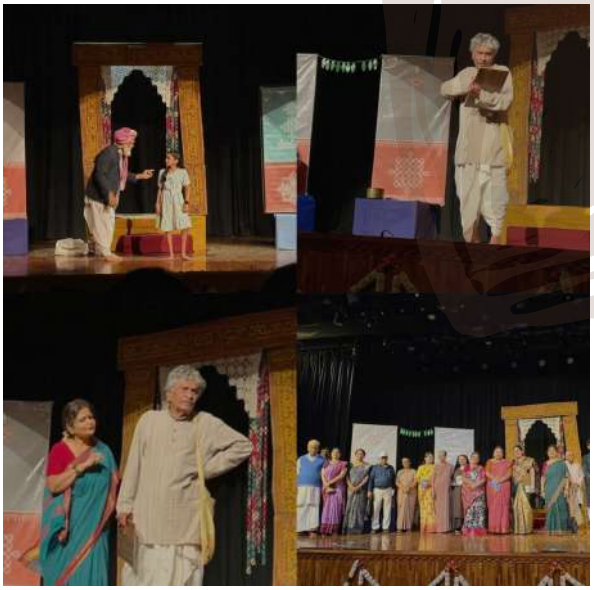
-H.K Mohit,
I Bcom General E

ಕನ್ನಡ ವಿಭಾಗ ಮತ್ತು ಕನ್ನಡ ಸಂಘದ ವಾರ್ಷಿಕ ವರದಿ 2025-26

ಮೈಸೂರು ಮಲ್ಲಿಗೆ ನಾಟಕ ಪ್ರದರ್ಶನ

25 ಜುಲೈ 2025

ಕನ್ನಡ ವಿಭಾಗವು ದಿನಾಂಕ 25 ಜುಲೈ 2025 ರಂದು 'ಮೈಸೂರು ಮಲ್ಲಿಗೆ' ರಂಗಪ್ರಯೋಗವನ್ನು ಪ್ರಸ್ತುತಪಡಿಸಿತ್ತು. ಕನ್ನಡದ ಪ್ರೇಮಕವಿ ಎಂದೇ ಖ್ಯಾತರಾಗಿದ್ದ ಡಾ.ಎಸ್.ನರಸಿಂಹಸ್ವಾಮಿ ಅವರ ಕವನಗಳನ್ನು ಆಧರಿಸಿ ಶ್ರೀ ರಾಜೇಂದ್ರ ಕಾರಂತ ಅವರು ರಂಗನಾಟಕವನ್ನು ನಿರೂಪಿಸಿದ್ದಾರೆ. ಡಾ. ಬಿ. ವಿ ರಾಜಾರಾಂ ಅವರ ವಿನ್ಯಾಸ ಮತ್ತು ನಿರ್ದೇಶನದಲ್ಲಿ ಕಲಾಗಂಗೋತ್ರಿ ರಂಗತಂಡ ಈ ಸಾಂಸಾರಿಕ ನಾಟಕವನ್ನು 380 ನೇ ಬಾರಿಗೆ ರಂಗದ ಮೇಲೆ ಪ್ರಯೋಗಿಸಿತ್ತು.



ಕಲಾವಿದರು ಕೆ.ಎಸ್. ನ ಅವರ ತಾರುಣ್ಯ, ಮಧ್ಯಮ ವಯಸ್ಕನ ಪಾತ್ರ ಮತ್ತು ವೃದ್ಧಾಪ್ಯದ ಅನನ್ಯತೆಯನ್ನು ಸರಿಯಾಗಿ ಗ್ರಹಿಸಿ ಅಭಿನಯಿಸಿದ್ದಾರೆ. ಈ ಮೂಲಕ ಕವಿ ಮತ್ತು ಕಾವ್ಯಾಭಿವ್ಯಕ್ತಿಯ ನಡುವಿನ ಲೋಕ ನಿರ್ಮಿತಿಯ ರಂಗ ಪ್ರಯೋಗ ನಡೆಯಿತು.ನುರಿತ ಕಲಾವಿದರಾದ ಡಾ.ಬಿ.ವಿ ರಾಜಾರಾಂ, ಡಾ.ಎಂ.ಎಸ್.ವಿದ್ಯಾ , ಕಲಾಗಂಗೋತ್ರಿ ಕಿಟ್ಟಿ ಮುಂತಾದವರು ಪಾತ್ರದ ಹಲವು ಆಯಾಮಗಳಿಗೆ ತಮ್ಮನ್ನು ಒಡ್ಡಿಕೊಂಡು ಪ್ರೇಕ್ಷಕರ ಮನದಲ್ಲಿ ತಮ್ಮ ಸ್ಥಾನವನ್ನು ಸ್ಥಾಪಿಸಿದರು. ಬಳೆಗಾರ ಚನ್ನಯ್ಯನ ಪಾತ್ರ ನಾಟಕಕ್ಕೆ ಮತ್ತಷ್ಟು ಚಲನೆಯನ್ನು ನೀಡಿತ್ತು.

ವಸ್ತ್ರ ವಿನ್ಯಾಸ, ಬೆಳಕಿನ ವಿನ್ಯಾಸ, ರಂಗಪರಿಕರಗಳ ಸ್ವರೂಪ ನಾಟಕದ ಆಶಯಕ್ಕೆ ಬದ್ಧವಾಗಿದ್ದು, ಸುಮಧುರ ಸಂಗೀತ ನಾಟಕದುದ್ದಕ್ಕೂ ಸೆಳೆಯುತ್ತದೆ. ಪ್ರಸಾಧನದ ಕಲಾವಿದರು ಪಾತ್ರಕ್ಕೆ ಜೀವವನ್ನು ತುಂಬಿದ್ದು, ಪ್ರೇಕ್ಷಕನ ಅನುಭವಕ್ಕೆ ದಕ್ಕುತ್ತದೆ. ಮೈಸೂರು ಮಲ್ಲಿಗೆಯ ಘಮ ರಂಗಪ್ರಸ್ತುತಿ ಪೂರ್ಣಗೊಂಡ ನಂತರವೂ ಪ್ರೇಕ್ಷಕನ ಒಳಗನ್ನು ಸೇರಿಕೊಳ್ಳುತ್ತದೆ. ಕಾವ್ಯದ ಲಯದೊಂದಿಗೆ ಸೇರಿದ ಕಥಾಹಂದರವು ಕೆ.ಎಸ್.ನ ಅವರ ಕೌಟುಂಬಿಕ ಕಥನವನ್ನು ಸಾರ್ವಜನಿಕ ಕಥನವನ್ನಾಗಿಸುತ್ತದೆ.

ನೂತನ ವಿದ್ಯಾರ್ಥಿಗಳ ದಿನ (ಫ್ರೆಶರ್ಸ್ ಡೇ)

26 ಜುಲೈ 2025

ನೂತನ ವಿದ್ಯಾರ್ಥಿಗಳ ದಿನದ ಅಂಗವಾಗಿ, ಕನ್ನಡ ಸಂಘವು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ತಮ್ಮ ಪ್ರತಿಭೆಯನ್ನು ಪ್ರದರ್ಶಿಸಲು ಹಾಗೂ ಪ್ರೋತ್ಸಾಹಿಸಲು, ನೃತ್ಯ ಸ್ಪರ್ಧೆಯನ್ನು ಆಯೋಜಿಸಿತ್ತು. ಸ್ಪರ್ಧೆಯಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಉತ್ಸಾಹದಿಂದ ಭಾಗವಹಿಸಿ ವಿವಿಧ ನೃತ್ಯ ಶೈಲಿಗಳಲ್ಲಿ ಪ್ರದರ್ಶನಗಳನ್ನು ನೀಡಿದರು. ಈ ಕಾರ್ಯಕ್ರಮವು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ವೇದಿಕೆಯನ್ನು ಕಲ್ಪಿಸುವ ಮೂಲಕ ಪ್ರತಿಭೆಯನ್ನು ಪ್ರದರ್ಶಿಸಲು ಅವಕಾಶ ನೀಡಿತು. ಈ ಕಾರ್ಯಕ್ರಮದ ಮೂಲಕ, ಕನ್ನಡ ಸಂಘವು ನೂತನ ವಿದ್ಯಾರ್ಥಿಗಳ ಸ್ಪರ್ಧಾ ಮನೋಭಾವವನ್ನು ಯಶಸ್ವಿಯಾಗಿ ಬೆಳೆಸಿತು.

(ಕಲ್-ವೀಕ್)

7 ಆಗಸ್ಟ್, 2025

ಕಲ್-ವೀಕ್‌ನ ಭಾಗವಾಗಿ, ಕನ್ನಡ ಸಂಘವು ಕೈಮಗ್ಗ ಪರಂಪರೆಯ ವಿಷಯದ ಅಡಿಯಲ್ಲಿ "ಖಾದಿ ಸಂಭ್ರಮ" ಎಂಬ ಫ್ಯಾಷನ್ ನಡಿಗೆಯನ್ನು ಆಯೋಜಿಸಲಾಗಿತ್ತು. ವಿದ್ಯಾರ್ಥಿಗಳು ಸಾಂಪ್ರದಾಯಿಕ ಖಾದಿ ಉಡುಪುಗಳನ್ನು ಪ್ರದರ್ಶಿಸಿದರು, ಕೈಮಗ್ಗವನ್ನು ಸಂರಕ್ಷಿಸುವ ಮಹತ್ವವನ್ನು ಒತ್ತಿ ಹೇಳಿದರು. ಈ ಕಾರ್ಯಕ್ರಮವು ಸಂಸ್ಕೃತಿಯ ಸೊಬಗನ್ನು ಆಚರಿಸುತ್ತಾ ಕೈಮಗ್ಗ ಪರಂಪರೆಯ ಅರಿವನ್ನು ಯುವ ಪೀಳಿಗೆಯಲ್ಲಿ ಮೂಡಿಸಲು ಸಹಾಯಕಾರಿಯಾಗಿತ್ತು.



ಅಕಡಮೇಷಿಯಾ - ಮೈಸೂರು ಜ್ಞಾನ ಸ್ಪರ್ಧೆ

ಸೆಪ್ಟೆಂಬರ್ 19, 2025

ವಿದ್ಯಾರ್ಥಿಗಳ ಬರವಣಿಗೆಯ ಕೌಶಲ್ಯಗಳನ್ನು ಹೆಚ್ಚಿಸಲು "ಮೈಸೂರು ಜ್ಞಾನ ಸ್ಪರ್ಧೆ" ಎಂಬ ಪ್ರಬಂಧ ಬರೆಯುವ ಸ್ಪರ್ಧೆಯನ್ನು ಆಯೋಜಿಸಲಾಗಿತ್ತು. ಸ್ಪರ್ಧಿಗಳು ಮೈಸೂರಿನ ಸಾಂಸ್ಕೃತಿಕ ಮತ್ತು ಐತಿಹಾಸಿಕ ಮಹತ್ವವನ್ನು ವಿಶ್ಲೇಷಣಾತ್ಮಕವಾಗಿ ಬರೆದರು. ಈ ಕಾರ್ಯಕ್ರಮವು ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಸಂಶೋಧನೆ ಮತ್ತು ಬರವಣಿಗೆಯ ಮೂಲಕ, ಕರ್ನಾಟಕದ ಪರಂಪರೆಯ ಬಗ್ಗೆ ಆಸಕ್ತಿಯನ್ನು ಮೂಡಿಸಿತು.

ಕನ್ನಡೋತ್ಸವ

4 ಅಕ್ಟೋಬರ್ 2025

ಕನ್ನಡ ಸಂಘದ ವತಿಯಿಂದ ಕನ್ನಡ ಭಾಷೆ, ಸಂಸ್ಕೃತಿ ಮತ್ತು ಕರ್ನಾಟಕದ ವೈವಿಧ್ಯತೆಯನ್ನು 'ಕನ್ನಡೋತ್ಸವ' ಎಂಬ ಕಾರ್ಯಕ್ರಮದ ಮೂಲಕ ಪ್ರಸ್ತುತಿಪಡಿಸಿತ್ತು.ಪ್ರಸಿದ್ಧ ಕವಿ ಹೆಚ್.ಎಸ್.ವೆಂಕಟೇಶಮೂರ್ತಿ ಅವರಿಗೆ ಈ ವರ್ಷದ ಕಾರ್ಯಕ್ರಮವನ್ನು ಅರ್ಪಣೆ ಮಾಡಲಾಗಿತ್ತು.

ಮುಖ್ಯ ಅತಿಥಿಗಳಾದ ಕವಯತ್ರಿ ಪ್ರೊ.ಎಂ.ಆರ್.ಕಮಲ ಅವರು ಕಾರ್ಯಕ್ರಮವನ್ನು ಉದ್ಘಾಟಿಸಿ ಮಾತನಾಡಿ ಮೌಂಟ್ ಕಾರ್ಮೆಲ್ ಕಾಲೇಜು ಇಂಗ್ಲಿಷ್ ಶಿಕ್ಷಣದ ಜೊತೆ ಕನ್ನಡತನವನ್ನು ಉಳಿಸಿಕೊಂಡು ಬರುತ್ತಿರುವುದನ್ನು ಶ್ಲಾಘಿಸಿದರು.ವಿಶೇಷ ಆಹ್ವಾನಿತರಾದ ಚಲನಚಿತ್ರ ತಾರೆ ಶ್ರೀಮತಿ ಅಮೂಲ್ಯ ಅವರು ಮೌಂಟ್ ಕಾರ್ಮೆಲ್ ಕಾಲೇಜಿನ ಹಳೆಯ ವಿದ್ಯಾರ್ಥಿನಿ. ಅವರು ತಮ್ಮ ಕಾಲೇಜಿನ ದಿನಗಳನ್ನು ಮೆಲುಕು ಹಾಕುತ್ತ ಅನುಭವವನ್ನು ಹಂಚಿಕೊಂಡರು.

ಡಾ. ಬೇಲೂರು ರಘುನಂದನ್ ಅವರ ನಿರ್ದೇಶನದ ' ಇಷ್ಟು ಕಾಲ' (ಹೆಚ್ಚೆಸ್ವಿ ಕಾವ್ಯರಂಗ) ನಾಟಕ ಪ್ರದರ್ಶನಗೊಂಡಿತು. ಹೆಣ್ಣುಮಕ್ಕಳು ಜೋಗತಿ ಕುಣಿತವನ್ನು ಪ್ರದರ್ಶಿಸಿ ಎಲ್ಲರ ಮೆಚ್ಚುಗೆಗೆ ಪಾತ್ರರಾದರು.

ಕವಿ ಹೆಚ್ಚೆಸ್ವಿ ಅವರ ಕವಿತೆಗಳ ಆಧಾರಿತ ಶಾಸ್ತ್ರೀಯ ನೃತ್ಯ, ಸಮೂಹ ಗಾಯನ , ನಾಟಕ ಮುಂತಾದ ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮಗಳು ನೋಡುಗರ ಮನಸೂರೆಗೊಂಡವು.



ಮನನ್ - ಕಥಾ ಅಭಿನಯ

11 ಅಕ್ಟೋಬರ್ 2025

ಸಂಸ್ಕೃತ ಸಂಘದ ಸಹಯೋಗದೊಂದಿಗೆ ನಡೆಸಲಾದ "ಮನನ್ - ಕಥಾ ಅಭಿನಯ"ವು ಶಾಸ್ತ್ರೀಯ ಕಥೆ ನಿರೂಪಣೆ, ಸಂಪ್ರದಾಯಗಳನ್ನು ಪ್ರಸ್ತುತ ಪಡಿಸಿತ್ತು. ವಿದ್ಯಾರ್ಥಿಗಳು ಅಭಿನಯದ ಮೂಲಕ ಪೌರಾಣಿಕ ಮತ್ತು ಸಾಹಿತ್ಯಿಕ ನಿರೂಪಣೆಗಳನ್ನು ಸೂಕ್ತವಾಗಿ ಪ್ರದರ್ಶಿಸಿದರು. ಕನ್ನಡ ಮತ್ತು ಸಂಸ್ಕೃತದ ಸಾಹಿತ್ಯ ಮತ್ತು ಸಂಸ್ಕೃತಿಯನ್ನು ಎತ್ತಿ ತೋರಿಸುವ ಉದ್ದೇಶ ಈ ಕಾರ್ಯಕ್ರಮದ್ದಾಗಿತ್ತು.

ಲಿಟ್ ಫೆಸ್ಟ್ - ಅಂತರ-ಭಾಷಾ ಉತ್ಸವ - ಡಿಸೆಂಬರ್

ಡಿಸೆಂಬರ್ 12-13, 2025

ಮೌಂಟ್ ಕಾರ್ಮೆಲ್ ಕಾಲೇಜು ಸ್ವಾಯತ್ತದ ಕನ್ನಡ, ಹಿಂದಿ, ಸಂಸ್ಕೃತ, ಜರ್ಮನ್, ಫ್ರೆಂಚ್ ಮತ್ತು ಇಂಗ್ಲಿಷ್ ಸೇರಿದಂತೆ ಭಾಷಾ ವಿಭಾಗಗಳು ಒಟ್ಟಾಗಿ "ಲಿಟ್ ಫೆಸ್ಟ್" ಎಂಬ ಎರಡು ದಿನಗಳ ಸಾಹಿತ್ಯ ಉತ್ಸವವನ್ನು ಆಯೋಜಿಸಿದ್ದರು.

ಕಾರ್ಯಕ್ರಮದ ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಸಾಹಿತ್ಯ ಅಕಾಡೆಮಿ ಪ್ರಶಸ್ತಿ ಪುರಸ್ಕೃತರಾದ ಭಾರತೀಯ ಕಾದಂಬರಿಕಾರ ಶ್ರೀ ಗೋವಿಂದ ಮಿಶ್ರಾ ಅವರನ್ನು ಆಹ್ವಾನಿಸಲಾಗಿತ್ತು. ಪ್ರೊ. ಎಂ. ಆರ್. ಕಮಲಾ, ಶ್ರೀಮತಿ ಸುಶೀಲಾ ತಕ್ಕೌರೆ ಮತ್ತು ಶ್ರೀ ಹರೀಶ್ ಅರೋರಾ ಮುಂತಾದ ಗಣ್ಯರು ವಿಶೇಷ ಆಹ್ವಾನಿತರಾಗಿ ಆಗಮಿಸಿದ್ದರು.

ಕಾಲೇಜಿನ ನಿರ್ದೇಶಕರಾದ ಸಿಸ್ಟರ್ ಅಲ್ಬಿನ ಮತ್ತು ಸಿಸ್ಟರ್ ಫ್ರೀಡೋಲಿನ್ (ಸ್ಥಳೀಯ ವ್ಯವಸ್ಥಾಪಕರು)ಭಾಷೆಗಳ ಅಗತ್ಯತೆಯ ಬಗೆಗೆ ಸಭಿಕರಿಗೆ ನೆನಪಿಸಿದರು. ವಿದ್ಯಾರ್ಥಿಗಳು ಸ್ಪರ್ಧೆಗಳಲ್ಲಿ ತಮ್ಮ ಪ್ರತಿಭೆಯನ್ನು ಪ್ರದರ್ಶಿಸಲು ಪ್ರೋತ್ಸಾಹಿಸಿದರು.
ಕಾರ್ಯಕ್ರಮದ ಸಂಚಾಲಕರಾದ ಮತ್ತು ಹಿಂದಿ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರಾದ ಡಾ. ಕೋಯಲ್ ಬಿಸ್ವಾಸ್ ಅವರು ಸಾಹಿತ್ಯದ ಮಹತ್ವವನ್ನು ಯುವ ಜನಾಂಗಕ್ಕೆ ತಲುಪಿಸುವ ಆಶಯವನ್ನು ವ್ಯಕ್ತಪಡಿಸಿದರು.

"ಭಾಷಾ ಕಲಿಕೆ, ನಿರರ್ಗಳತೆ ಮತ್ತು ಭಾಷಾ ಪುನರುಜ್ಜೀವನದ ಮೇಲೆ ಕೃತಕ ಬುದ್ಧಿಮತ್ತೆ ಹೇಗೆ ಪರಿಣಾಮ ಬೀರುತ್ತದೆ" ಎಂಬ ವಿಷಯದ ಕುರಿತು ರಿಯಾಂಕಾ ಸರ್ಕಾರ್ ಅವರ ನಿರೂಪಣೆಯಲ್ಲಿ ಚರ್ಚೆ ನಡೆಯಿತು. ಈ ಸಂವಾದವು ಪ್ರಸಿದ್ಧ ಲೇಖಕರು, ವಿದ್ವಾಂಸರು ಮತ್ತು ಪ್ರಾಧ್ಯಾಪಕರನ್ನು ಆರೋಗ್ಯಕರ ಚರ್ಚೆಯಲ್ಲಿ ಸಂವಾದಿಸಲು ಪ್ರೇರೇಪಿಸಿತು. ಪ್ರೊ. ಎಂ. ಆರ್. ಕಮಲಾ, ಡಾ. ಸುಶೀಲಾ ತಕ್ಕೌರೆ, ಡಾ. ಅಮಿತಾ ಸ್ಯಾಂಟಿಯಾಗೊ, ಡಾ. ಶಂಕರ್ ರಾಜಾರಾಮನ್ , ಶ್ರೀ ಸೂರ್ಯ ಅಭಿಷೇಕ್ ಮತ್ತು ಡಾ. ಎ. ವಿ. ಕೋಶಿ ಸೇರಿದಂತೆ ಪ್ಯಾನಲಿಸ್ಟ್‌ಗಳು ಸಾಹಿತ್ಯ, ಸಮಾಜ ಮತ್ತು ತಂತ್ರಜ್ಞಾನದ ನಡುವಿನ ವಿಕಸನಗೊಳ್ಳುತ್ತಿರುವ ಸಂಬಂಧವನ್ನು ಪರಿಶೀಲಿಸಿದರು. ಸಾಹಿತ್ಯದ ವಿಕಸನ, ದಲಿತ ಬರವಣಿಗೆಯ ಪಾತ್ರ ಮತ್ತು ಶಾಸ್ತ್ರೀಯ ಭಾಷೆಗಳ ಭಾವನಾತ್ಮಕ ಬಳನೋಟದ ಬಗ್ಗೆ ಚರ್ಚಿಸಿದರು. ಭಾಷಾ ಕಲಿಕೆ ಮತ್ತು ಸಂರಕ್ಷಣೆಯಲ್ಲಿ ಕೃತಕ ಬುದ್ಧಿಮತ್ತೆ ಸಹಾಯಕ ಸಾಧನವೆಂದು ಗುರುತಿಸಲ್ಪಟ್ಟಿದ್ದರೂ, ಮಾನವ ಸೃಜನಶೀಲತೆ, ಸಾಂಸ್ಕೃತಿಕ ಸೂಕ್ಷ್ಮತೆ ಮತ್ತು ಭಾವನೆಗಳನ್ನು ಸಂವೇದಿಸಲು ಸಾಧ್ಯವಿಲ್ಲ ಎಂದು ಸಮಿತಿ ನಿಲುವು ತಾಳಿತು.

ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಆಗಮಿಸಿದ್ದ ಶ್ರೀ ಗೋವಿಂದ್ ಮಿಶ್ರಾ ಅವರು ಕೃತಕ ಬುದ್ಧಿಮತ್ತೆ ಆಧಾರಿತ ವಿಷಯವು ಮಾನವ ಸಾಹಿತ್ಯಿಕ ಸೃಜನಶೀಲತೆಗೆ ಹೊಂದಿಕೆಯಾಗುವುದಿಲ್ಲ ಎಂದು ಒತ್ತಿ ಹೇಳಿದರು. ಬರವಣಿಗೆಯಲ್ಲಿನ ಭಾವನಾತ್ಮಕ ಸಂವೇದನೆಗಳನ್ನು ಮನಮುಟ್ಟುವಂತೆ ವಿಶ್ಲೇಷಿಸಿದರು. ಭಾಷೆ ಮತ್ತು ಸಾಹಿತ್ಯದಲ್ಲಿನ ಸಮಕಾಲೀನ ಸವಾಲುಗಳನ್ನು ಪರಿಹರಿಸುವಾಗ ಇಂತಹ ಉತ್ಸವವು ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಸಾಹಿತ್ಯಿಕ ಅಭಿರುಚಿಯನ್ನು ಹೆಚ್ಚಿಸುವಲ್ಲಿ ಪರಿಣಾಮಕಾರಿ ಎಂದು ಪ್ರಶಂಸಿಸಿದರು.

ಎಂಸಿಸಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ಪ್ರಾಧ್ಯಾಪಕರನ್ನು ಒಳಗೊಂಡಂತೆ 11ಲೇಖಕರ ಪುಸ್ತಕಗಳನ್ನು ಸಾಹಿತ್ಯ ಕ್ಷೇತ್ರಕ್ಕೆ ಲೋಕಾರ್ಪಣೆ ಮಾಡಲಾಯಿತು. ಕನ್ನಡ ವಿಭಾಗದ ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕರಾದ ಅನಿತ ಕೆ.ವಿ. ಅವರ ಬೇಂದ್ರೆ ಸಾಹಿತ್ಯ ಕುರಿತ ಸಂಶೋಧನಾ ಲೇಖನಗಳ ಸಂಗ್ರಹ ಕೃತಿ 'ನೋಟದ ಆಖ್ಯಾನ' ಕೃತಿಯನ್ನು ನಮ್ಮ ಕಾಲೇಜಿನ 2025-26 ನೇ ಸಾಲಿನ 'ಲಿಟ್ ಫೆಸ್ಟ್' ಕಾರ್ಯಕ್ರಮದ ವೇದಿಕೆಯಲ್ಲಿ ಲೋಕಾರ್ಪಣೆ ಮಾಡಲಾಯಿತು.

ಎಲ್ಲಾ ಭಾಷೆಯ ವಿಭಾಗಗಳ ಸ್ಪರ್ಧೆಗಳು ಸೇರಿ 20 ಸಾಹಿತ್ಯಿಕ ಸ್ಪರ್ಧೆಗಳು ಆಯೋಜಿಸಲ್ಪಟ್ಟವು. ಬೇರೆ ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿಗಳು ಸೇರಿದಂತೆ ವಿದ್ಯಾರ್ಥಿಗಳು ಸ್ಪರ್ಧೆಗಳಲ್ಲಿ ಬಹುಸಂಖ್ಯೆಯಲ್ಲಿ ಭಾಗವಹಿಸಿದರು. ಕನ್ನಡ ಸಂಘವು ನಾಲ್ಕು ಆಕರ್ಷಕ ಸ್ಪರ್ಧೆಗಳನ್ನು ನಡೆಸಿತು: ಭಾವಗೀತೆ, ಕಥಾ ಸ್ಪರ್ಧೆ, ಕವನ ವಾಚನ ಮತ್ತು ಚರ್ಚಾ ಸ್ಪರ್ಧೆ.



ಶಕ್ತಿ ಸಂವಾದ

9 ಜನವರಿ 2026

ಮೌಂಟ್ ಕಾರ್ಮೆಲ್ ಕಾಲೇಜು, ಸಹಯೋಗ ಮತ್ತು ಪ್ರಾಯೋಜಕತ್ವ, ವಿಜಯ ಕರ್ನಾಟಕ ಡಿಜಿಟಲ್ ಮತ್ತು ಸಾಯಿ ಗೋಲ್ಡ್ ಪ್ಯಾಲೇಸ್ ಸಹ ಪ್ರಾಯೋಜಕತ್ವದಲ್ಲಿ ಶಕ್ತಿ ಸಂವಾದ 2026 ಕಾರ್ಯಕ್ರಮವನ್ನು ಹಮ್ಮಿಕೊಂಡಿತ್ತು. ಈ ವಿಶೇಷ ಕಾರ್ಯಕ್ರಮ "ಹೆಣ್ಣು ಸಮಾಜದ ಕಣ್ಣು" ಎಂಬ ಸತ್ಯ ವಾಕ್ಯವನ್ನು ಅತ್ಯಂತ ಗಟ್ಟಿ ಧ್ವನಿಯಲ್ಲಿ ಘೋಷಿಸಿತು. ಇಂತದ್ದೊಂದು ಅಪರೂಪದ ಕಾರ್ಯಕ್ರಮವನ್ನು ಕಣ್ತುಂಬಿಕೊಂಡ ವಿದ್ಯಾರ್ಥಿಗಳು ಕೂಡ ಈ ಜಂಟಿ ಪ್ರಯತ್ನವನ್ನು ಮುಕ್ತಕಂಠದಿಂದ ಶ್ಲಾಘಿಸಿದರು.

ಆಧುನಿಕ ಸಮಾಜ ರಚನೆಯಲ್ಲಿ ಮಹಿಳೆಯ ಪಾತ್ರ, ಸಮಾಜದ ವಿವಿಧ ಕ್ಷೇತ್ರಗ್ರಗಳಲ್ಲಿ ಮಹಿಳೆ ಸಲ್ಲಿಸುತ್ತಿರುವ ಸೇವೆಯನ್ನು ಗುರುತಿಸುವಲ್ಲಿ ಮತ್ತು ಗೌರವಿಸುವಲ್ಲಿ, ಶಕ್ತಿ ಸಂವಾದ 2026 ಯಶಸ್ವಿಯಾಯಿತು. ಶಕ್ತಿ ಸಂವಾದದಲ್ಲಿ ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದ್ದ 8 ವಿಷಯಗಳು, ಭಾರತದ ಭವಿಷ್ಯವನ್ನು ರೂಪಿಸುವಲ್ಲಿ ಮಹಿಳೆಯರ ಪಾತ್ರವನ್ನು ಯುವ ಸಮುದಾಯಕ್ಕೆ ಅತ್ಯಂತ ಪರಿಣಾಮಕಾರಿಯಾಗಿ ಮನದಟ್ಟು ಮಾಡಿಕೊಡುವಲ್ಲಿ ಯಶಸ್ವಿಯಾಯಿತು.

8 ಫೆಬ್ರವರಿ 2026

ಕನ್ನಡ ವಿಭಾಗದ ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕರಾದ ಡಾ.ಚೇತನಾ ಹೆಗಡೆ ಅವರ 'ಭೋಗ ಮತ್ತು ವೈರಾಗ್ಯಗಳ ಸಮನ್ವಯದಲ್ಲಿ...' (ಆದಿಪುರಾಣದಲ್ಲಿ ಚಿತ್ರಿತಗೊಂಡಿರುವ ಪ್ರಾತಿನಿಧಿಕ ಸ್ತ್ರೀ ಪಾತ್ರಗಳನ್ನು ಅನುಲಕ್ಷಿಸಿ) ಎಂಬ ಲೇಖನವು 'ಅತ್ಯುತ್ತಮ ಸಂಶೋಧನಾ ಲೇಖನ ಪ್ರಶಸ್ತಿ' ಗೆ ಪಾತ್ರವಾಗಿದೆ.



ಅಂತಾರಾಷ್ಟ್ರೀಯ ಸಮಾವೇಶ

17 ಫೆಬ್ರವರಿ 2026

ಮೌಂಟ್ ಕಾರ್ಮೆಲ್ ಕಾಲೇಜಿನ ಕನ್ನಡ ವಿಭಾಗವು ಮನಃಶಾಸ್ತ್ರ ವಿಭಾಗದ ಸಹಯೋಗದಲ್ಲಿ 'ಕನ್ನಡ ಸಾಹಿತ್ಯ ಮತ್ತು ಮನೋವಿಜ್ಞಾನ' ಎಂಬ ವಿಷಯದ ಕುರಿತು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದ್ದ ಒಂದು ದಿನದ ಅಂತಾರಾಷ್ಟ್ರೀಯ ಸಮಾವೇಶವು ಅತ್ಯಂತ ಯಶಸ್ವಿಯಾಗಿ ಜರುಗಿತು. ಸಾಹಿತ್ಯ ಮತ್ತು ಮನೋವಿಜ್ಞಾನದ ನಡುವಿನ ಕೊಂಡಿಯನ್ನು ಬೆಸೆಯುವ ಈ ಅಪರೂಪದ ಪ್ರಯತ್ನಕ್ಕೆ ಹಿರಿಯ ವಿದ್ವಾಂಸರು ಹಾಗೂ ಸಂಶೋಧಕರು ಸಾಕ್ಷಿಯಾದರು.



ಉದ್ಘಾಟನಾ ಭಾಷಣ ಮಾಡಿದ ಡಾ. ಇಂದಿರಾ ಜೈ ಪ್ರಕಾಶ್ ಅವರು 'ಸಾಹಿತ್ಯ ವೃದ್ಧಾಪ್ಯಶಾಸ್ತ್ರ' ಎಂಬ ವಿಶಿಷ್ಟ ವಿಷಯದ ಕುರಿತು ಮಾತನಾಡಿದರು. "ವೃದ್ಧಾಪ್ಯ ಎಂಬುದು ಕೇವಲ ದೈಹಿಕ ಬದಲಾವಣೆಯಲ್ಲ, ಅದು ಮನೋವೈಜ್ಞಾನಿಕ ಸ್ಥಿತ್ಯಂತರ ಕೂಡ ಹೌದು. ಸಾಹಿತ್ಯವು ವೃದ್ಧರ ಭಾವನೆಗಳನ್ನು, ಒಂಟಿತನವನ್ನು ಮತ್ತು ಅವರ ಅನುಭವದ ಬುತ್ತಿಯನ್ನು ಹೇಗೆ ದಾಖಲಿಸುತ್ತದೆ ಎಂಬುದನ್ನು ಮನೋವಿಜ್ಞಾನದ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ವಿವರಿಸಬೇಕು," ಎಂದು ಅವರು ಅಭಿಪ್ರಾಯಪಟ್ಟರು.

ವಿಶೇಷ ಆಹ್ವಾನಿತರಾದ ಪ್ರೊ. ಗಿರಿ ಹೆಗ್ಡೆ , ಪ್ರೊ. ಸುತ್ತೂರು ಎಸ್. ಮಾಲಿನಿ ಹಾಗು ಪ್ರೊ. ಎಂ. ಶ್ರೀಧರ ಮೂರ್ತಿ ಅವರು ತಮ್ಮ ಉಪನ್ಯಾಸವನ್ನು ಅರ್ಥಪೂರ್ಣವಾಗಿ ಮಂಡಿಸಿದರು .

ಸಮಾವೇಶದ ಅಂತಿಮ ಭಾಗದಲ್ಲಿ ವಿವಿಧ ಕಾಲೇಜುಗಳ ಅಧ್ಯಾಪಕರು ಹಾಗೂ ಸಂಶೋಧನಾ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ಪ್ರಬಂಧ ಮಂಡನೆ ನಡೆಯಿತು. ಸಾಹಿತ್ಯದ ವಿವಿಧ ಆಯಾಮಗಳನ್ನು ಮನೋವಿಜ್ಞಾನದ ಕಣ್ಣಿನಿಂದ ನೋಡುವ ಪ್ರಯತ್ನವನ್ನು ಅನೇಕ ಸಂಶೋಧಕರು ಮಾಡಿದರು. ಕಾಲೇಜಿನ ಕನ್ನಡ ಸಂಘದ 'ಕಾಜಾಣ ತಂಡ'ದ ವಿದ್ಯಾರ್ಥಿ ವೃಂದದವರು ಪ್ರಸ್ತುತಪಡಿಸಿದ ಸುಶ್ರಾವ್ಯ ಗಾಯನವು ಸಭಿಕರ ಮನಸೂರೆಗೊಂಡಿತು. ನಾಡಗೀತೆ ಹಾಗೂ ಸಾಹಿತ್ಯಿಕ ಮೌಲ್ಯವುಳ್ಳ ಗೀತೆಗಳ ಮೂಲಕ ಸಮಾವೇಶಕ್ಕೆ ಸಾಂಸ್ಕೃತಿಕ ಮೆರುಗನ್ನು ನೀಡಿದರು.

ಒಟ್ಟಾರೆಯಾಗಿ, ಸಾಹಿತ್ಯ ಕೇವಲ ರಂಜನೆಯಲ್ಲ, ಅದು ಮನುಷ್ಯನ ಮನಸ್ಸಿನ ಆಳವನ್ನು ಅರಿಯುವ ವಿಜ್ಞಾನವೂ ಹೌದು ಎಂಬುದನ್ನು ಈ ಸಮಾವೇಶವು ಸಾಬೀತುಪಡಿಸಿತು. ಅಚ್ಚುಕಟ್ಟಾದ ವ್ಯವಸ್ಥೆ ಮತ್ತು ವಿದ್ವತ್ಪೂರ್ಣ ಚರ್ಚೆಗಳಿಂದಾಗಿ ಈ ಅಂತಾರಾಷ್ಟ್ರೀಯ ಸಮಾವೇಶವು ಶೈಕ್ಷಣಿಕ ವಲಯದಲ್ಲಿ ಮೆಚ್ಚುಗೆಗೆ ಪಾತ್ರವಾಯಿತು.

ಅನಿಕೇತನ

16 ಮಾರ್ಚ್ 2026

ಅಂತರ ಕಾಲೇಜು ಸಾಂಸ್ಕೃತಿಕ ಉತ್ಸವವಾದ ಅನಿಕೇತನ 2026, ಕನ್ನಡ ಸಂಘ ಮತ್ತು ಕನ್ನಡ ವಿಭಾಗದಿಂದ ಆಯೋಜಿಸಲ್ಪಟ್ಟ ಒಂದು ಉತ್ತಮ ಅಂತರ ಕಾಲೇಜು ಸಾಂಸ್ಕೃತಿಕ ಉತ್ಸವವಾಗಿತ್ತು. ಸ್ನೇಹೋತ್ಸವ ಎಂಬ ಥೀಮ್‌ನೊಂದಿಗೆ, ಈ ಕಾರ್ಯಕ್ರಮವು ವಿವಿಧ ವಿದ್ಯಾಸಂಸ್ಥೆಗಳ ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ಒಟ್ಟುಗೂಡಿಸಿ, ಸಾಂಸ್ಕೃತಿಕ ಪ್ರಸ್ತುತಿಗಳಿಗಾಗಿ ಒಂದು ಅದ್ಭುತ ವೇದಿಕೆಯನ್ನು ಸೃಷ್ಟಿಸಿತು.

ಈ ಉತ್ಸವವನ್ನು ಪ್ರಸಿದ್ಧ ಗಾಯಕ ನವೀನ್ ಸಜ್ಜು ಉದ್ಘಾಟಿಸಿದರು, ಅವರ ಸ್ಫೂರ್ತಿದಾಯಕ ಮಾತುಗಳು ಮತ್ತು ಅದ್ಭುತ ಗೀತಗಾಯನಕ್ಕೆ ಸಭಿಕರು ತಲೆದೂಗಿದರು . ಗೀತಗಾಯನ, ನೃತ್ಯ, ಫ್ಯಾಷನ್ ನಡಿಗೆ ಮುಂತಾದ ಸ್ಪರ್ಧೆಗಳು ಸೇರಿದಂತೆ 14 ಸ್ಪರ್ಧೆಗಳನ್ನು ಒಳಗೊಂಡ ಅನಿಕೇತನವು ಸಾಂಪ್ರದಾಯಿಕ ಮತ್ತು ಆಧುನಿಕ ಸೃಜನಶೀಲತೆ ಎರಡನ್ನೂ ಆಚರಿಸಿತು. ಕನ್ನಡ ಸ್ಟ್ಯಾಂಡ್-ಅಪ್ ಹಾಸ್ಯನಟ ನಿತಿನ್ ಎಂ. ಕಾಮತ್ ನಿರ್ಣಯಿಸಿದ ಮಿಸ್ಟರ್ ಮತ್ತು ಮಿಸ್ ಅನಿಕೇತನ ಸ್ಪರ್ಧೆಯು ಒಂದು ಪ್ರಮುಖ ಭಾಗವಾಗಿತ್ತು. ಇದು ಸ್ಪರ್ಧಿಗಳಲ್ಲಿ ಕುತೂಹಲವನ್ನು ಮೂಡಿಸಿತು. ಕಾರ್ಯಕ್ರಮದ ಪ್ರಾಯೋಜಕರಾದ, ಟಿ. ಸಿ. ಎಸ್. , ಶ್ರೀದೇವಿ ಕೃಪ ಜ್ಯುವೆಲರ್ಸ್, ಬ್ಲೂ ಬೆಲ್ಸ್ ಹಾಗು ಜಸ್ಟ್ ವೇರ್ ಅವರ ನೇತೃತ್ವದಲ್ಲಿ ಬಹುಮಾನ ವಿತರಣಾ ಸಮಾರಂಭ ಯಶಸ್ವಿಯಾಗಿ ನೆರವೇರಿತು.

ಕುಮಾರ ವ್ಯಾಸ ಭಾರತ - ಗಮಕ ವಾಚನ

20 ಮಾರ್ಚ್ 2026

ಕನ್ನಡ ವಿಭಾಗದ ವತಿಯಿಂದ ಳನೆ ಸೆಮಿಸ್ಟರ್ ಬಿ ಎಸ್ಸಿ ಹಾಗೂ ಬಿ ಸಿ ಎ ವಿದ್ಯಾರ್ಥಿಗಳ ಅಧ್ಯಯನಕ್ಕೆ ಪೂರಕವಾಗಿ ಶ್ರೀಯುತ ಡಾ. ಪ್ರದೀಪ್ ಎಸ್ ಕೌಶಿಕ್ ರವರಿಂದ ಕುಮಾರವ್ಯಾಸ ಭಾರತದ "ಭೇದದಲಿ ಹೊಕ್ಕಿರಿದನೂ" ಎಂಬ ಕಾವ್ಯಪ್ರಸಂಗದ ಗಮಕವಾಚನವನ್ನು ಆಯೋಜಿಸಲಾಗಿತ್ತು. ಈ ಪ್ರಸಂಗದ ಗಮಕವಾಚನವು ಕುರುಕ್ಷೇತ್ರ ಯುದ್ಧಪೂರ್ವದಲ್ಲಿ ಕೃಷ್ಣ ಹಾಗೂ ಕರ್ಣರ ನಡುವೆ ನಡೆದ ಸಂಭಾಷಣೆಯನ್ನು ವಿಶದವಾಗಿ ನಿರೂಪಿಸಿ, ಆ ಪಾತ್ರಗಳ ಭಾವಾಭಿವ್ಯಕ್ತಿಯನ್ನು ಸಾರಿತು.

ಡಾ. ಪ್ರದೀಪ್ ಎಸ್ ಕೌಶಿಕ್ ರವರು ತಮ್ಮ ಸುಶ್ರಾವ್ಯ ಹಾಗೂ ಭಾವಪೂರ್ಣ ನಿರೂಪಣೆಯ ಮೂಲಕ, ಈ ಕವಿತಾಪ್ರಸಂಗವನ್ನು ಕಣ್ಣಿಗೆ ಕಟ್ಟಿದಂತೆ ಕಲ್ಪಿಸಿಕೊಳ್ಳಲು ಮತ್ತು ಅದರ ಸನ್ನಿವೇಶದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳು ತಲ್ಲೀನರಾಗಲು ಅನುವು ಮಾಡಿಕೊಟ್ಟರು. ಈ ಗಮಕವಾಚನವು ವಿದ್ಯಾರ್ಥಿಗಳ ಗ್ರಹಿಕೆ, ಅರ್ಥೈಸುವಿಕೆ ಮತ್ತು ಕಾವ್ಯಸಾಹಿತ್ಯದಲ್ಲಿ ತೊಡಗಿಸಿಕೊಳ್ಳುವಿಕೆಗಳಲ್ಲಿ ಅನುಕೂಲಕಾರಿಯಾಗಿತ್ತು.



ಸ್ಪರ್ಧೆಗಳಲ್ಲಿ ವಿಜೇತರಾದ ಕನ್ನಡ ಸಂಘದ ವಿದ್ಯಾರ್ಥಿಗಳು

1. ಐಸಿರಿ - SJU
2. ಬಹುರೂಪಿ - JNC
3. ಭಾರತ್ ಉತ್ಸವ್ 25 – RVIM
4. ಮೇಸಿಯೋಮ್ - MES
5. ಕಲರವ - SJCC
6. ಧ್ವನಿ – SJCC
7. ಸೌರಭ 2026 (ರಾಜ್ಯ ಮಟ್ಟದ ಸ್ಪರ್ಧೆಗಳು) – ರಂಗ ಸೌರಭ ದ್ವಿತೀಯ ಸ್ಥಾನ (ಜಾನಪದ ವೃಂದ ಗಾಯನ & ಏಕಪಾತ್ರಾಭಿನಯ)

ಅನ್ವಿತಾ ಆರ್
ದ್ವಿತೀಯ ಬಿ ಎಸ್ಸಿ (Hsc)
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ಅಂತರಾಷ್ಟ್ರೀಯ ಸಮಾವೇಶದ ವರದಿ (ಕನ್ನಡ ಸಾಹಿತ್ಯ ಮತ್ತು ಮನೋವಿಜ್ಞಾನ)

ನಮ್ಮ ಮೌಂಟ್ ಕಾರ್ಮೆಲ್ ಕಾಲೇಜಿನ ಕನ್ನಡ ವಿಭಾಗ ಮತ್ತು ಮನಃಶಾಸ್ತ್ರ ವಿಭಾಗದವರು ಹಮ್ಮಿಕೊಂಡಿದ್ದ ಅಂತರಾಷ್ಟ್ರೀಯ ಸಮಾವೇಶವು ದಿನಾಂಕ: ೧೭ ಫೆಬ್ರವರಿ ೨೦೨೬ ರಂದು ಬೆಳಗ್ಗೆ ೧೦ ಗಂಟೆಗೆ ಡಿ.ಜೆ.ಬಿ ಸಭಾಂಗಣದಲ್ಲಿ ನಡೆಯಿತು. ಕಾರ್ಯಕ್ರಮದ ನಿರೂಪಣೆಯ ಜವಾಬ್ದಾರಿಯನ್ನು ನಮ್ಮ ಕನ್ನಡ ವಿಭಾಗದ ಪ್ರಾಧ್ಯಾಪಕರಾದ ಡಾ. ಚೇತನಾ ಹೆಗಡೆ ಮತ್ತು ಮನಃಶಾಸ್ತ್ರ ವಿಭಾಗದ ಪ್ರಾಧ್ಯಾಪಕರಾದ ಡಾ. ಪವಿತ್ರ ಅವರು ವಹಿಸಿಕೊಂಡಿದ್ದರು. ನಮ್ಮ ಕಾಲೇಜಿನ 'ಕಾಜಾಣ' ತಂಡದವರು ಪ್ರಾರ್ಥನಾ ಗೀತೆಯನ್ನು ಹಾಡುವ ಮೂಲಕ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಚಾಲನೆ ನೀಡಿದರು.

ನಮ್ಮ ಕಾಲೇಜಿನ ಗೀತೆ ಪ್ರಸಾರವಾದಾಗ ಎಲ್ಲರೂ ಎದ್ದು ನಿಂತು ಗೌರವ ನೀಡಿದೆವು. ಕನ್ನಡ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರಾದ ಡಾ. ರವೀಶ ಹೆಚ್.ವಿ. ಅವರು ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಸಹೃದಯರೆಲ್ಲರನ್ನು ಸ್ವಾಗತಿಸಿದರು. ಗಣ್ಯಾತಿಗಣ್ಯರು ದೀಪವನ್ನು ಬೆಳಗುವ ಮೂಲಕ ಇಡೀ ಸಭಾಂಗಣವನ್ನಷ್ಟೇ ಅಲ್ಲದೆ ನಮ್ಮೆಲ್ಲರ ಮನಸ್ಸುಗಳನ್ನು ಬೆಳಗಿಸುತ್ತಾ ಕಾರ್ಯಕ್ರಮವನ್ನು ಉದ್ಘಾಟಿಸಿದರು. ಮನಃಶಾಸ್ತ್ರ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರಾದ ಡಾ. ಶೈಲಶ್ರೀ ಜಿ.ಎಸ್. ಅವರು ಗಣ್ಯರ ಪರಿಚಯ ಮಾಡಿಕೊಟ್ಟರು.

ಬೆಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾಲಯದ ನಿವೃತ್ತ ಪ್ರಾಧ್ಯಾಪಕರಾದಂತಹ ಡಾ. ಇಂದಿರಾ ಜೈ ಪ್ರಕಾಶ್ ಅವರು ಉದ್ಘಾಟನಾ ನುಡಿಗಳನ್ನು ನುಡಿದರು. ಇವರು "ಸಾಹಿತ್ಯಿಕ ವೃದ್ಧಾಪ್ಯಶಾಸ್ತ್ರ" ವಿಷಯ ಕುರಿತು ಉಪನ್ಯಾಸ ಮಾಡಿದರು. ಸಾಹಿತ್ಯಿಕ ವೃದ್ಧಾಪ್ಯಶಾಸ್ತ್ರ ಅಥವಾ "Literary gerontology" ಎಂಬುವುದು ಯಾವುದೇ ರೀತಿಯಲ್ಲಿ ಶಿಶು ಅಧ್ಯಯನವನ್ನು ಹೋಲಿಸುವಂತದಲ್ಲ. Gerontology ಇದು "Geron" ಎಂಬ ಗ್ರೀಕ್ ಪದದಿಂದ ಬಂದದ್ದು. Geron ಎಂದರೆ old man ಎಂಬ ಅರ್ಥ ಇದೆ. ವೃದ್ಧಾಪ್ಯಶಾಸ್ತ್ರವು ೨೦ನೇ ಶತಮಾನದಿಂದ ಆರಂಭವಾದಂತಹ ಒಂದು ಹೊಸ ರೀತಿಯ ಅಧ್ಯಯನ. ಇದು ಮುಖ್ಯವಾಗಿ ವಯಸ್ಸಾದವರ ಬಗ್ಗೆ, ವಯಸ್ಸಾಗುವುದರ ಕುರಿತಾಗಿಯೇ ಇದ್ದರೂ ಈ ಸಾಹಿತ್ಯವು ಹೆಚ್ಚು ಭಾವನಾತ್ಮಕವಾಗಿ ಮತ್ತು ಯುವಪೀಳಿಗೆಗೆ ಬಹಳ ಆಳವಾಗಿ ಅರಿವು ಮೂಡಿಸುವುದರಲ್ಲಿ ಮುಖ್ಯ ಪಾತ್ರ ವಹಿಸುತ್ತದೆ. ಅವರು ಹೇಳಿದ "ವೃದ್ಧರನ್ನು ಕುರಿತು ತಾರತಮ್ಯ" ಎಂಬ ಮಾತು ಸಭಿಕರನ್ನು ಚಿಂತನೆಗೆ ಈಡುಮಾಡಿತು.

ಇದು ವಾಸ್ತವವಾಗಿ ನಡೆಯುತ್ತಿರುವ ಬಹಳ ದುಃಖದ ವಿಚಾರ. ಬುದ್ಧಿ ಬಂದ ಮಕ್ಕಳಿಂದ ಹಿಡಿದು, ೫೦ನೇ ವಯಸ್ಸಿನವರವರೆಗೂ ಎಲ್ಲರೂ ೬೦ ವರ್ಷ ಮೇಲ್ಪಟ್ಟವರನ್ನು ಮುದುಕರು ಎಂದು ಪರಿಗಣಿಸಿ ಅವರನ್ನು ದೂರ ಇಡುತ್ತಾರೆ. ಇವರೆಲ್ಲರ ಪ್ರಕಾರ ೬೦ ವರ್ಷಕ್ಕೆ ಮೇಲ್ಪಟ್ಟವರೆಂದರೆ - ಜೊಲ್ಲು ಸುರಿಸುವ ಮುದುಕ, ಗೊಣಗುವ ಮುದುಕಿ, ಸ್ವಲ್ಪ ಸಮಯಕ್ಕೆ ನಿಧನವಾಗುವಂತವರು ಎಂದೇ ಭಾವಿಸುತ್ತಾರೆ. ಅವರು ಹೆಚ್ಚು ಕಾಲ ಬದುಕಿದರೆ ಅವರ ಜವಾಬ್ದಾರಿಯನ್ನು ಯಾರು ತೆಗೆದುಕೊಳ್ಳುವುದಿಲ್ಲ, ಅವರೊಂದಿಗೆ ಯಾರು ಸಮಯ ಕಳೆಯಲು ಇಚ್ಛಿಸುವುದಿಲ್ಲ. ಹಾಗಾಗಿ ಈಗಿನ ಕಾಲದಲ್ಲಿ ದೇಹದ ಸೌಂದರ್ಯಕ್ಕೆ ಮಾತ್ರ ಬೆಲೆ ಇದೆ. ಅಲ್ಲದೇ ದೇಹದ ಸೌಂದರ್ಯಕ್ಕಾಗಿ ಮುಪ್ಪನ್ನು ದೂರ ಇಡಲು ಎಲ್ಲರೂ "ಯಯಾತಿಯಂತೆ" ವರ್ತಿಸುತ್ತಿದ್ದಾರೆ ಎಂದು ಒಂದು ಉತ್ತಮ ಉದಾಹರಣೆ ನೀಡಿದ್ದರು.

ವೃದ್ಧಾಪ್ಯ ಕುರಿತು ಎರಡು ರೀತಿಯ ಸಂಶೋಧನೆಗಳಿವೆ. ಒಂದು 'ಶಾಶ್ವತ ಯೌವನವನ್ನು ಕಂಡುಕೊಳ್ಳುವುದು ಇನ್ನೊಂದು 'ಅಮರತ್ವದ ಹುಡುಕಾಟ'. ಒಟ್ಟಾರೆ ಸಮಾಜದಲ್ಲಿ ವೃದ್ಧಾಪ್ಯದ ಬಗ್ಗೆ ಜನರಲ್ಲಿ ಇರುವಂತಹ ನಕಾರಾತ್ಮಕ ಮನೋಭಾವ ಈಗ "ಬೃಹತ್ ಮೌಲ್ಯದ ಉದ್ಯಮವಾಗಿ" ಬದಲಾಗುತ್ತಿದೆ. "ಹುಟ್ಟು - ಸಾವು ಖಚಿತ", ಹೀಗೆ ಹುಟ್ಟಿದ ಮೇಲೆ ಸಾವು ಹೇಗೆ ಖಚಿತವೋ ಅದೇ ರೀತಿಯಲ್ಲಿ 'ಬದುಕಿದ ಮೇಲೆ ವೃದ್ಧಾಪ್ಯವೂ ಖಚಿತ.' ಹೀಗಿರುವ ಈ ಜೀವನದ ಪ್ರಮುಖ ಸತ್ಯಾಂಶವನ್ನು ಸಮಾಜ ಮರೆತು ವಯಸ್ಸಾಗುವುದನ್ನು, ಬಿಳಿ ಕೂದಲನ್ನು, ಸುಕ್ಕುಗಟ್ಟಿದ ಚರ್ಮವನ್ನು ನೋಡಿ ತಾರತಮ್ಯ ಮಾಡುತ್ತದೆ. ಲಿಂಗ ತಾರತಮ್ಯ, ಜಾತಿ - ಧರ್ಮ ತಾರತಮ್ಯದ ಹಾಗೇ ಇದು ಒಂದು ತಾರತಮ್ಯವಾಗಿ ಹೋಗಿದೆ ಎಂದು ಬೇಸರವನ್ನು ವ್ಯಕ್ತಪಡಿಸಿದರು.

ಒಟ್ಟಾರೆ ವಯಸ್ಸು ಎನ್ನುವುದು ಕೇವಲ ಸಂಖ್ಯೆ ಅಷ್ಟೇ ಎಂದು ನಿರೂಪಿಸಲು ಅವರಾಡಿದ ನುಡಿಮುತ್ತುಗಳು ನಮ್ಮ ಮನಸನ್ನು ಮುಟ್ಟುವಂತಿದ್ದವು. ಈ "ಸಾಹಿತ್ಯಿಕ ವೃದ್ಧಾಪ್ಯಶಾಸ್ತ್ರದ" ಒಟ್ಟೂ ಉದ್ದೇಶವು ಯುವಪೀಳಿಗೆಯಲ್ಲಿ ಎಚ್ಚರವನ್ನು ಮೂಡಿಸುವುದು. ಇದನ್ನು ವೃದ್ಧಾಪ್ಯದ ಚಿತ್ರಣವನ್ನು ವಾಸ್ತವದಲ್ಲಿ ನಡೆಯುತ್ತಿರುವ ನಿಜ ಜೀವನದ ಕಥೆಗಳ ಮೂಲಕ, ವಯಸ್ಸಾದವರ ಅನುಭವಗಳನ್ನು ಅರ್ಥೈಸಿದರು. ೬೦ ವರ್ಷದ ಮೇಲ್ಪಟ್ಟವರು ಗಟ್ಟಿಯಾಗಿಯೇ ಇದ್ದರೂ ಅವರನ್ನು ಪ್ರತ್ಯೇಕಿಸುವುದು, ಅವರ ಮನೋಧೈರ್ಯ ಕಡಿಮೆ ಮಾಡದಿರುವಂತೆ ಯುವಕರಿಗೆ ಸಂದೇಶ ನೀಡಿದರು. ಸಾಹಿತ್ಯಿಕ ವೃದ್ಧಾಪ್ಯಶಾಸ್ತ್ರ ಈ ವಿಷಯದ ಮೂಲಕ ಇಂದಿರಾ ಮೇಡಂ ಅವರ ಮುಖ್ಯ ಉದ್ದೇಶ ಯುವಕರು ಮತ್ತು ವೃದ್ಧರ ನಡುವಿನ ಅಂತರವನ್ನು ದೂರ ಮಾಡುವುದರ ಮೂಲಕ ಯುವಜನತೆಯ ಅರಿವನ್ನು ವಿಸ್ತರಿಸುವುದು .

ಮನಃಶಾಸ್ತ್ರ ವಿಭಾಗದ ಪ್ರಾಧ್ಯಾಪಕರಾದ ಸುಮನಾ ಯು.ಎನ್. ಅವರು ಪ್ರೊ. ಗಿರಿ ಹೆಗ್ಡೆ ಅವರನ್ನು ಪರಿಚಯಿಸಿದರು. ಇವರು ಕ್ಯಾಲಿಫೋರ್ನಿಯಾದಲ್ಲಿ ಗೌರವಾನ್ವಿತ ಪ್ರಾಧ್ಯಾಪಕರಾಗಿ ತಮ್ಮ ಕಾರ್ಯ ನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಇವರು ಅಂತರ್ಜಾಲದಲ್ಲಿ ವಿಡಿಯೋ ಸಂವಾದದ ಮೂಲಕ ನೇರ ಸಂಪರ್ಕಕ್ಕೆ ಬಂದು ವಿಶೇಷ ಉಪನ್ಯಾಸವನ್ನು ನೀಡಿದರು. ಇವರು 'ಸಾಹಿತ್ಯ ಬಿಂಬಿಸುವ ವರ್ತನಾ ವಿಜ್ಞಾನ' ಈ ವಿಷಯದ ಕುರಿತು ಉಪನ್ಯಾಸ ನೀಡಿದರು. ಕನ್ನಡ ಸಾಹಿತ್ಯವನ್ನು ವೈಜ್ಞಾನಿಕ ದೃಷ್ಟಿಕೋನದಿಂದ ಅವಲೋಕಿಸುತ್ತ. ಭರ್ತೃಹರಿ, ಕನಕದಾಸರ ಉದಾಹರಣೆ ನೀಡುತ್ತಾ ಅವರ ಸಾಹಿತ್ಯದ ಮಹತ್ವವನ್ನು ತಿಳಿಸಿಕೊಟ್ಟರು. ಜೊತೆಗೆ ಅವರು ಮೈಸೂರು ವಿಶ್ವವಿದ್ಯಾಲಯದಲ್ಲಿ ಮನೋವಿಜ್ಞಾನದ ಪದವಿ ಪಡೆದುದನ್ನು ನಮ್ಮೊಂದಿಗೆ ಹಂಚಿಕೊಂಡರು. ಈ ವಿಚಾರದಿಂದ ಗಿರಿ ಹೆಗ್ಡೆ ಸರ್ ಅವರು ನಮ್ಮವರು ಎಂಬ ಭಾವನೆಯನ್ನು ಇನ್ನಷ್ಟು ಹೆಚ್ಚಿಸಿತು. ಇವರು ನಮ್ಮೊಂದಿಗೆ ಸಾಹಿತ್ಯ ಹಾಗೂ ವಿಜ್ಞಾನದ ಕುರಿತು ಹಂಚಿಕೊಂಡ ಮಾಹಿತಿ ಹೊಸತು ಮತ್ತು ವಿಶೇಷವಾಗಿತ್ತು. ಸಾಹಿತ್ಯಕ್ಕೂ ಮನೋವಿಜ್ಞಾನಕ್ಕೂ ಸಂಬಂಧವಿದೆ ಎಂದು ನಮಗೆ ತಿಳಿದಿದ್ದೇ ಇವರ ಮಾತುಗಳಿಂದ. ಇವರ ಈ ಆಳವಾದ ಮಾಹಿತಿಗಳು ನಮ್ಮ ಕಾರ್ಯಕ್ರಮವನ್ನು ಇನ್ನಷ್ಟು ವಿಶೇಷವಾಗಿಸಿತು.

ನಂತರ ಕನ್ನಡ ವಿಭಾಗದ ಪ್ರಾಧ್ಯಾಪಕರಾದ ಅನಿತ ಕೆ.ವಿ. ಅವರು ವಿಶೇಷ ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಗಳಾದ ಪ್ರೊ. ಸುತ್ತೂರು ಎಸ್. ಮಾಲಿನಿ ಅವರನ್ನು ಪರಿಚಯಿಸಿಕೊಟ್ಟರು. ಇವರು ಮೈಸೂರು ವಿಶ್ವವಿದ್ಯಾಲಯದ ಜೆನೆಟಿಕ್ಸ್ ಮತ್ತು ಜೆನಾಮಿಕ್ಸ್ ವಿಭಾಗದ ನಿರ್ದೇಶಕರು. ಇವರು 'ಸಾಧಕರ ಮೆದುಳಿನ ರಹಸ್ಯಗಳು' ಎಂಬ ವಿಷಯದ ಕುರಿತು ತಿಳಿಸಿಕೊಟ್ಟರು. ಮೊದಲಿಗೆ ಇವರು ತಮ್ಮ ಮಾತುಗಳನ್ನು ಮನುಷ್ಯನ ಮೆದುಳಿನ ಬಗ್ಗೆ ಹೇಳುತ್ತಲೇ ಪ್ರಾರಂಭಿಸಿದಾಗ ಇದು ವೈಜ್ಞಾನಿಕವಾಗಿರುವುದರಿಂದ ಬಹಳ ಜಟಿಲವಾಗಿರಬಹುದು ಎಂದು ನಾವೆಲ್ಲ ಭಾವಿಸಿದ್ದೇವು. ಆದರೆ, ಅವರು ಬಹಳ ಸರಳ ವಿವರಣೆಯ ಮೂಲಕ ಮನುಷ್ಯನ ಆಹಾರ ಶೈಲಿಯು ಅವನ ವ್ಯಕ್ತಿತ್ವವನ್ನು ಹೇಗೆ ರೂಪಿಸುತ್ತದೆ ? ಸಾಧಕರಾಗಬೇಕಾದರೆ ವ್ಯಕ್ತಿ ಹೇಗೆ ತನ್ನ ಆಲೋಚನೆಗಳನ್ನು ನಿಯಂತ್ರಣದಲ್ಲಿ ಇರಿಸಿಕೊಳ್ಳಬೇಕು? ಯಾವಾಗಲೂ 'ನಾನು ಗೆಲ್ಲಬಲ್ಲೆ' ಎಂಬ ಸಕಾರಾತ್ಮಕವಾದ ಆಲೋಚನೆಗಳಿಂದ ತುಂಬಿರಬೇಕು. ಅಷ್ಟೇ ಅಲ್ಲದೆ ಬ್ರಾಹ್ಮಿ ಮುಹೂರ್ತದ ಮಹತ್ವ ಹಾಗೆ ಧ್ಯಾನ ಮಾಡುವುದರಿಂದಾಗುವ ಪ್ರಯೋಜನಗಳ ಬಗ್ಗೆ ತಿಳಿಸಿಕೊಟ್ಟರು. ಇವರ ಮಾತುಗಳು ನಮ್ಮಲ್ಲಿ ಸಕಾರಾತ್ಮಕತೆಯನ್ನು ಮೂಡಿಸಿತು.

ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಗಳಾದ ಪ್ರೊಫೆಸರ್ ಎಂ ಶ್ರೀಧರ ಮೂರ್ತಿಯವರನ್ನು ಕನ್ನಡ ವಿಭಾಗದ ಉಪನ್ಯಾಸಕರಾದ ಡಾ. ಶ್ವೇತ ಜೆ. ಅವರು ಪರಿಚಯಿಸಿಕೊಟ್ಟರು. ಇವರು ಕಾರ್ಯಕ್ರಮದ ಕೊನೆ ಹಂತದಲ್ಲಿ ಮಾತನಾಡಿದರೂ ಸಹ ನಮ್ಮ ಆಸಕ್ತಿಯನ್ನು ಕಿಂಚಿತ್ತೂ ಸಹ ಕಡಿಮೆಯಾಗದಂತೆ ಬಹಳ ಹಾಸ್ಯವಾಗಿ, ಸಾಮಾಜಿಕ ಮೌಲ್ಯಗಳನ್ನು ಸಾರುವ ವಿಚಾರಗಳನ್ನಾಡಿದರು. 'ವಿವಾಹ, ಕುಟುಂಬ ವ್ಯವಸ್ಥೆ, ವಿಚ್ಛೇದನ, ಪಲ್ಲಟಗಳು ಮನೋವೈಜ್ಞಾನಿಕ ಚಿಂತನೆ' ಇವರ ವಿಷಯವಾಗಿತ್ತು.

"Marriage is a long-drawn-out dinner that starts with the dessert." ಅವರ ಈ ಮಾತುಗಳು ನಮ್ಮ ಯುವ ಪೀಳಿಗೆಗೆ ಬೇಕಾದಂತಹ ಒಂದು ಉತ್ತಮ ಸಂದೇಶವಾಗಿತ್ತು.

ಪುರುಷ ಪ್ರಧಾನ ಸಮಾಜದಲ್ಲಿ ಗಂಡಿಗೆ ಹೆಣ್ಣನ್ನು ತನ್ನ ಹಿಡಿತದಲ್ಲಿರಿಸಿಕೊಳ್ಳಬೇಕು ಎಂಬ ಹಠ, ಎಲ್ಲದರಲ್ಲೂ ತನ್ನ ಅಧಿಪತ್ಯವೇ ನಡೆಯಬೇಕೆಂಬ ಛಲ. ಆದರೆ ಇಂದು ಹೆಣ್ಣು ಸಹ ಬದಲಾಗಿದ್ದಾಳೆ. ಆರ್ಥಿಕವಾಗಿ ಅವಳು ಸ್ವತಂತ್ರಳಾಗಿದ್ದಾಳೆ. ವೈವಾಹಿಕ ಸಂಬಂಧದಲ್ಲಿನ ನಿರೀಕ್ಷೆಗಳು ಬದಲಾಗುತ್ತಿವೆ. ಈಗ ಹೆಣ್ಣು ಗಂಡು ಒಬ್ಬರಲ್ಲಿ ಒಬ್ಬರು ಸಮಾನ ರೀತಿಯ ಗುಣಲಕ್ಷಣಗಳನ್ನು ಹುಡುಕಾಡುತ್ತಾರೆ. ಅಲ್ಲದೇ ವಿವಾಹೇತರ ಲೈಂಗಿಕ ಸಂಬಂಧಗಳು ಹೆಚ್ಚಾಗುತ್ತಿವೆ, 'ಲಿವ್‌ಇನ್ ರಿಲೇಷನ್ ಶಿಪ್' ಎಂಬ ಹೊಸ ಸಂಪ್ರದಾಯಕ್ಕೆ ದಾರಿ ಮಾಡಿಕೊಡುತ್ತಿದೆ. ಪತಿ, ಪತ್ನಿ, ಪ್ರಿಯಕರ, ಪ್ರಿಯತಮೆ ಈ ಸಂಬಂಧಗಳಲ್ಲಿ ಒಬ್ಬರ ಮೇಲೆ ಒಬ್ಬರಿಗೆ ನಂಬಿಕೆ ಇಲ್ಲ, ಗೌರವ ಸಡಿಲಗೊಂಡಿದೆ. ಎಲ್ಲಿ ನಂಬಿಕೆ, ಗೌರವ ಇರಬೇಕಿತ್ತೋ ಅಲ್ಲಿ ಅಹಂ, ಸ್ವಾರ್ಥ ಹೆಚ್ಚಾಗುತ್ತಿದೆ. ಇವೆಲ್ಲವೂ ವಿಚ್ಛೇದನಕ್ಕೆ ಮತ್ತು ವಿವಾಹ ಪಲ್ಲಟಗೊಳ್ಳಲು ಕಾರಣವಾಗುತ್ತಿದೆ. ವಿದೇಶಿಯರಿಗೆ ಮಾದರಿಯಾಗಿದ್ದಂತಹ ನಮ್ಮ ನಾಡಿನ ವಿವಾಹ ಸಂಸ್ಥೆಯಲ್ಲಿ ಈಗ ವಿವಾಹಕ್ಕೆ, ಸಂಬಂಧಗಳಿಗೆ, ಬಾಂಧವ್ಯಕ್ಕೆ ಬೆಲೆಯೇ ಇಲ್ಲದಂತಾಗಿದೆ.

ಇಂದಿನ ಪೀಳಿಗೆಗಳಿಗೆ ವೈವಾಹಿಕ ಜೀವನ ಸುಖಮಯವಾಗಿರಲು ಮುಖ್ಯವಾಗಿ ಬೇಕಾಗಿರುವುದು ಒಬ್ಬರ ಮೇಲೆ ಒಬ್ಬರಿಗೆ ಇರಬೇಕಾಗಿರುವುದು ಪರಸ್ಪರ ಪ್ರೀತಿ, ನಂಬಿಕೆ ಹಾಗೂ ಗೌರವ ಎಂಬ ಅತ್ಯುತ್ತಮ ಸಂದೇಶವನ್ನು ನೀಡಿದರು.

ನಮ್ಮೆಲ್ಲರಿಗೂ ನೆನಪಿನಲ್ಲಿ ಉಳಿಯುವಂತಹ ಇನ್ನೊಂದು ವಿಶೇಷ ಘಟ್ಟ ಎಂದರೆ ಕಾರ್ಯಕ್ರಮದ ಎಲ್ಲಾ ಗಣ್ಯರು 'ಜರ್ನಲ್' ಬಿಡುಗಡೆ ಮಾಡಿದುದು. ಅಷ್ಟೇ ಅಲ್ಲದೇ ಈ ನಮ್ಮ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಪತ್ರಿಕೆ ಮಂಡಣೆ ಮಾಡಲು ಕರ್ನಾಟಕದ ವಿವಿಧ ಜಿಲ್ಲೆಗಳಿಂದ ಆಗಮಿಸಿದಂತಹ ಅಭ್ಯರ್ಥಿಗಳು, ಕಾಲೇಜಿನ ಅಧ್ಯಾಪಕರು ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಗಳು ಭಾಗವಹಿಸಿದ್ದರು. ಪತ್ರಿಕೆ ಮೌಲ್ಯಮಾಪನಕ್ಕೆ ಕನ್ನಡ ವಿಭಾಗದ ಕಡೆಯಿಂದ ಪ್ರೊ. ಎಲ್.ಜಿ. ಮೀರಾ ಅವರು ಆಗಮಿಸಿದ್ದರು. ಇವರು ಪತ್ರಿಕೆ ಮಂಡಕರಿಗೆ ಹಲವು ಸೂಚನೆಗಳನ್ನು ನೀಡಿದರು. ಉತ್ತಮ ಪತ್ರಿಕೆ ಮಂಡಿಸಿದವರಿಗೆ ಪ್ರಶಸ್ತಿ ಪ್ರಧಾನ ಮಾಡಲಾಯಿತು.

ಈ ಅಂತರಾಷ್ಟ್ರೀಯ ಸಮಾವೇಶವು ಅನೇಕ ಹೊಸ ವಿಚಾರಗಳನ್ನು ತಿಳಿದುಕೊಳ್ಳಲು ಅವಕಾಶ ಮಾಡಿಕೊಟ್ಟ ಕನ್ನಡ ಮತ್ತು ಮನೋವಿಜ್ಞಾನ ವಿಭಾಗಕ್ಕೆ ನಾನು ಆಭಾರಿ.



ಕುಸುಮ ಎಂ
ದ್ವಿತೀಯ ಬಿ. ಕಾಂ
(ಪ್ರೊಫೆಷನಲ್ ೧)

संस्कृतम्

SIGN-UP DRIVE 2025

The Sanskrit Gairvaani Association successfully conducted a two-day Sign-Up Drive on 21st and 22nd July 2025 at the college amphitheatre. The initiative was aimed at inviting students to become a part of the association and actively engage with its diverse sectors. It created an interactive platform where students could explore different roles, understand the vision of promoting Sanskrit language and culture, and connect with existing members.



CORE TEAM OF GAIRVAANI ASSOCIATION

Through engaging activities, direct interactions, and collaborative efforts, the drive effectively fostered community spirit, encouraged participation, and strengthened the association by building a motivated and diverse student base.

The event witnessed strong coordination across all sectors. The Event Management team ensured smooth execution by organizing interactive games such as "Guess the Character" and "Guess the Emoji," while efficiently managing large crowds and securing applications for the sector.

The Poster Designing team enhanced visibility through creative posters, QR-enabled sign-up sheets, and social media designs. Marketing played a key role in campus outreach, while Logistics and Art & Décor ensured a well-organized and welcoming setup. The Social Media team amplified the event's reach through photos, videos, and reels.

FRESHERS' DAY 2025 – प्राणतरङ्गः

Freshers' Day 2025, titled प्राणतरङ्गः, was organized by the Sanskrit Gairvaani Association on 26th July 2025 at MTB 209, 9AM –10:30AM, Mount Carmel College (Autonomous). As part of the "Six Elements" celebration, the event was themed around the element Vāyu (Air), symbolizing freshness, energy, and new beginnings. The event successfully created a warm and inclusive environment, bringing together freshers, seniors, and faculty to foster meaningful connections and a sense of belonging within the association. A unique highlight of the event was the integration of traditional Sanskrit elements with modern activities. The game of musical chairs was creatively combined with prāṇāyāma (प्राणायामः) and yoga-inspired exercises, offering participants an engaging and culturally enriching experience. The event was entirely student-led, with different sectors handling logistics, marketing, décor, social media, and event management. The use of digital promotions, vibrant air-themed décor, and interactive sessions ensured enthusiastic participation throughout.

The event not only fulfilled its objective of welcoming freshers but also provided students with opportunities to develop leadership, teamwork, and organizational skills. With remarkable participation, effective coordination, and creative execution, प्राणतरङ्गः stood as a successful blend of tradition and innovation, setting a positive tone for the academic year.

CUL WEEK 2025-चित्रपटः

As part of Cultural Week 2025 and the celebration of Sanskrit Day, the Sanskrit Gairvaani Association organized चित्रपटः(Chitrapatha) on 7th August 2025 at PJEC –2 ,11:00 AM – 12:15 PM. The event celebrated Sanskrit culture and India's handloom heritage through a series of interactive games and engaging student activities. The event featured multiple rounds designed to encourage participation, teamwork, and cultural appreciation. It successfully combined entertainment with learning, creating a vibrant atmosphere for students across the campus. The handloom heritage theme was beautifully reflected in the event design, posters, and overall presentation.

The programme saw enthusiastic student participation and was supported by effective teamwork across sectors. Marketing helped generate awareness, Social Media documented the event through reels and photographs, Event Management ensured smooth execution, and the Creative teams contributed to the thematic décor and presentation. Overall, चित्रपटः emerged as an engaging and memorable celebration that promoted Sanskrit in a lively and accessible format.

ACADEMICIA 2025- जम्बूद्वीपे भारतवर्षम्

जम्बूद्वीपे भारतवर्षम्, conducted on 19th September 2025 at DJB 302, was a thoughtfully curated academic event organized by the Sanskrit Gairvaani Association. Centered around the theme "Apotheosis – From Words to Worlds: The Ascent of Knowledge," the event aimed to engage students in exploring Sanskrit and Indian cultural heritage through intellectually stimulating activities. Participants took part in unique rounds such as a map-based geography quiz, Sanskrit literature crossword, and cultural knowledge challenges, making the event both informative and interactive.

The programme encouraged students to engage with academic content in a dynamic and collaborative manner. The success of the event was driven by strong coordination among various sectors, including marketing, social media, logistics, event management, and design. Extensive pre-event planning ensured that promotions, venue setup, and execution were handled efficiently. Even with challenges such as last-minute registrations, the team responded effectively to ensure smooth functioning.



कथा-अभिनयः - MANAN 2025

MANAN 2025 – Katha abhinayah (कथा-अभिनयः) was a collaborative cultural event organized by the Sanskrit gairvaani association in association with the Kannada sangha on 11th October 2025 at the DJB auditorium, Mount Carmel College. The event focused on Sanskrit storytelling through expressive performance, giving participants a platform to creatively depict characters and narratives rooted in literary and cultural traditions.



STUDENTS WITH THE HOD

With strong student participation, the event successfully blended elements of theatre, literature, and visual storytelling, creating an engaging and immersive experience for the audience. The initiative stood out for its seamless coordination across multiple sectors, including marketing, poster design, art and décor, and event management.

Students took active ownership of planning and execution, from digital promotions and creative design to stage management and logistics. The event not only strengthened inter-association collaboration but also enhanced students' leadership, creativity, teamwork, and communication skills. overall, कथा-अभिनयः was a remarkable success, leaving a lasting cultural and organizational impact while reinforcing the spirit of collaborative excellence.

भगवद्गीता एवं व्यक्तित्व-विकास कार्यशाला

BHAGAVAD GITA AND PERSONALITY DEVELOPMENT WORKSHOP

The event "Samvad – Transforming Personality the Gita Way" was organized by the Abhijnan Carmel Center for IKS in collaboration with the Gairvaani Sanskrit Association of Mount Carmel College on 14th Oct 11:10am to 12:15pm in PJEC 1. The session aimed to bridge the gap between ancient wisdom and modern life by showing how the teachings of the Bhagavad Gita can guide today's youth in building a strong and balanced personality. The resource person, Sri Shivaswamy K.V. shared valuable insights on how the Gita's principles can be applied in everyday situations, especially by students who often face confusion, stress, and emotional challenges. He explained that the Bhagavad Gita is not just a religious text but a complete guide for life that helps in understanding one's duties, emotions, and purpose. Drawing parallels between Arjuna's dilemma on the battlefield and the self-doubt faced by students, he emphasized that challenges and uncertainties are a natural part of life. Through self-reflection, clarity, and control over one's thoughts, a person can overcome confusion and act with confidence and righteousness. He beautifully described the Gita as a "vaccine for life," which builds mental strength and resilience in the face of difficulties.

नृत्यचर्चा- NRITYACHARCHA

नृत्यचर्चा formed part of the association's workshop initiatives during the academic year and reflected its effort to engage students with the artistic dimensions of Sanskrit and Indian culture. The programme contributed to the broader interdisciplinary vision of the association by connecting language, literature, movement, and performance. Such initiatives are significant because they encourage students to appreciate Sanskrit not only as a textual tradition but also as a cultural force expressed through artistic forms. नृत्यचर्चा thus supported the association's larger aim of making cultural learning more interactive, multidimensional, and relevant.

भारतीयभाषाविभागः - सस्कृतादनम् २०२५ – Ramaiah College

Our association took part in the intercollegiate event Sanskrit Chinese Whispers conducted at Ramaiah College of Arts, Science and Commerce on 05.08.2025. This participation highlighted our commitment to cultural exchange and appreciation of Sanskrit through interactive activities.

LIT FEST 2025

Lit Fest 2025, conducted on 12th and 13th December 2025 at Mount Carmel College (Autonomous), was a literary event focused on celebrating Sanskrit heritage and promoting intellectual and creative engagement among students. The event highlighted Sanskrit as a language of knowledge, philosophy, and artistic expression. Key competitions included Shlokakshari, an individual event testing participants' memory and presence of mind through Bhagavad Gita shloka recitation, and Sloka Chitranam, a team-based activity where participants creatively interpreted Sanskrit verses through digital poster design. The event also incorporated performative and interpretive elements that expanded the literary experience.

The festival was successfully executed through the coordinated efforts of various sectors, including marketing, poster design, social media, art and décor, logistics, and event management. Strategic promotions, careful planning, and smooth execution ensured strong participation and engagement.

Lit Fest 2025 played a significant role in promoting Sanskrit literature while enhancing students' creativity, communication, and leadership skills. It provided a platform for cultural and intellectual expression and left a strong foundation for future literary initiatives.

गीतगोविन्द GITA GOVINDA WORKSHOP

The गीतगोविन्द Workshop, conducted on 29th January 2026, explored the theme "Gita Govinda through the Lens of Bharatanatyam." Presented by Vid. Anjana Simha and Vid. Swathi Simha, the workshop introduced students to the relationship between classical Sanskrit literature and expressive visual storytelling through dance. The session provided insights into the literary richness of गीतगोविन्द, the fundamentals of Bharatanatyam, and the ways in which poetry can be interpreted through gesture, expression, and rhythm. A major highlight was the live demonstration of an Ashtapadi अष्टपदी, which made the workshop especially engaging and memorable. The programme successfully bridged the worlds of literature and performance, making Sanskrit text both accessible and artistically meaningful. It attracted students from diverse interests, including dance, literature, and culture. Overall, the workshop enriched participants' cultural understanding and demonstrated the continuing artistic relevance of Sanskrit literature.



SANSKRIT TEACHERS WITH THE DANCERS

CUL-AH! 26 – प्रपञ्च प्रहेलिका

The Sanskrit Gairvaani Association of Mount Carmel College (Autonomous),, Bengaluru, organized प्रपञ्च प्रहेलिका – "Let the Roots Speak" on 14th February 2026 from 11:30 AM to 1:00 PM at MOC Seminar Hall 1 as part of CUL-AH! 26 – Echoes of the First Roar. This unique treasure hunt was designed as an immersive experience blending adventure, wisdom, and nature, inspired by the ancient Vedic tradition where knowledge is discovered through observation, intuition, and harmony with the environment. Participants, grouped in teams of two, navigated through a series of clues presented in Vedic Sanskrit shlokas along with English translations, enabling both cultural immersion and accessibility.

The event encouraged students to decode meanings, explore spaces, and apply logical thinking while engaging with India's spiritual and ecological heritage.The event stood out for its bilingual format, integration of Vedic knowledge, interactive exploration, and emphasis on teamwork. Strong support from all sectors ensured smooth execution and active participation.

Overall, प्रपञ्च प्रहेलिका successfully reinforced the idea that Sanskrit is not merely a language of the past, but a timeless source of knowledge, wisdom, and cultural identity.

BHAASHADEEPA भाषादीपः WORKSHOP

The भाषादीपः Workshop, held on 10th February 2026 at DJB Basement 10 :00 AM – 4:00 PM, was a significant academic initiative organized by the Gairvaani Sanskrit Association in collaboration with Abhijnan – Carmel Centre for IKS and in association with Central Sanskrit University, Tirupati. The workshop focused on Sanskrit language and Indian Knowledge Systems, offering students an immersive and interdisciplinary learning experience. The programme highlighted the continuing relevance of Sanskrit in understanding traditional Indian systems of knowledge and encouraged students to move beyond conventional textbook learning.

Through scholarly interaction and well-structured sessions, the workshop helped participants appreciate Sanskrit as a living intellectual tradition. The event was supported by strong coordination across sectors, including marketing, design, logistics, event management, and social media. This ensured smooth execution and broad participation. भाषादीपः made a meaningful contribution to academic and cultural learning, strengthening students' awareness of Sanskrit and its role in India's intellectual heritage.

भारतज्ञानवैभवम् -POSTER EXHIBITION

भारतज्ञानवैभवम्, the Poster Exhibition conducted during the academic year, was an important visual and educational initiative of the association. It highlighted aspects of India's cultural and intellectual richness through poster-based presentation and creative interpretation.

By presenting knowledge visually and accessibly, the exhibition helped students engage with themes of heritage, history, and Sanskrit culture in an interactive manner. It also reflected the association's commitment to combining academic value with creative expression.

The exhibition stood as a meaningful addition to the association's activities and contributed to building awareness of cultural and civilizational knowledge among the student community.

मोक्षपटस्य विमोचनम् तथा भारतवर्षस्य विमोचनम

MOKSHAPATA & ANCIENT CITIES OF BHARATA VARSHA

The presentation of Mokṣhapāṭha and the Ancient Cities of Bhārata Varṣha was a significant academic initiative that combined philosophical insight with cultural heritage. The digital Mokṣhapāṭha, presented by Thiruvengalam Gayathri and originally conceptualized by Arjun, drew inspiration from texts such as the Bhagavad Gita and the Mahabharata.

It highlighted essential human values including humility, self-control, non-violence, detachment, and the importance of knowledge and selfless service. The presentation represented life as a journey in which virtues lead to growth and liberation, while vices such as desire, anger, and ego result in downfall.

The unveiling of Mokṣhapāṭha and the depiction of the Ancient Cities of Bhārata Varṣha took place during the Bhāṣādīpa Workshop in the presence of Dr. Kumar Bagewadimath and Dr. Harikrishnan. This initiative successfully integrated traditional wisdom and cultural richness, making it a meaningful and memorable academic experience.

NAATAKASHAALA - अभिज्ञानशाकुन्तलम्

Under the Naatakashaala project, a shortened version of Abhijñānaśhākuntalam, the timeless masterpiece by Kālidāsa कालिदासः, was presented at PJEC 1 and PJEC 2, Mount Carmel College (Autonomous), on 25th and 28th February 2026. The performance showcased Acts I to VII, bringing to life the story of King Dhushyanta(दुष्यन्तः) and Shakuntala (शकुन्तला), and exploring themes of love, separation, and reunion.

The entire production was presented in Sanskrit, with students delivering voice narration and dialogues, ensuring authenticity and depth.

Notably, the event was a completely student-led initiative, with students taking charge of acting, direction, costumes, stage management, videography, and editing under the guidance of Dr. Jyothirmayi P C.

The production aimed at preserving Sanskrit literature, promoting cultural heritage, and providing students with hands-on experience in performing arts and technical execution. Through this immersive theatrical experience, participants developed creativity, teamwork, leadership, and problem-solving skills.

The event stood out for its authentic presentation, strong coordination, and artistic excellence, making it a remarkable blend of tradition and student innovation.

नेतृत्व-मॉडल् नेतृत्व-पाठ्यक्रमः - STUDENT DEVELOPMENT PROGRAM

The NETRUTVA Model of Leadership for Team Development, offered by the Vyoma Linguistic Labs Foundation, was a unique course conducted with the active involvement of the Gairvaani Association. Rooted in the teachings of the Bhagavad Gita, the programme blended ancient Indian wisdom with modern leadership practices.

Led by Dr. Srinidhi K. Parthasarathi, the course focused on eight key leadership qualities, including empathy, accountability, respect, and the ability to unify people. It was also offered as a credit-based learning programme during the holidays, enabling students to engage in meaningful academic development beyond the classroom.

Through this initiative, students were able to enhance their leadership abilities, strengthen their value systems, and apply traditional knowledge to modern contexts of team and personal development.



ACHIEVING STUDENTS OF NETRUTVA COURSE

THE SECRETARIES' JOURNEY - A YEAR OF VISION, LEADERSHIP, AND LEGACY

From 29th July to 26th March, the journey of Stuti Banerjee, Keerthana G, and Thiruvengalam Gayathri as Secretaries of the Sanskrit Gairvaani Association was marked by dedication, innovation, and impactful leadership. Beginning with the Sign-Up Drive, the association went on to successfully organize a diverse range of events and initiatives, creating a dynamic platform that blended Sanskrit heritage with creativity and student engagement.

The year witnessed a rich lineup of events, including प्राणतरङ्गः (Freshers' Day), चित्रपटः (CUL Week), जम्बूद्वीपे भारतवर्षम् (Academicia), कथा-अभिनयः (Manan), नाटकाशाला – अभिज्ञानशाकुन्तलम्, and major literary and workshop-based programmes such as Lit Fest, प्रपञ्च प्रहेलिका, Bhā□ādīpa, Gita Govinda, Mok□apā□ha, and NETRUTVA.

A key achievement of their tenure was the structured establishment and coordination of dedicated sectors such as Poster Design, Event Management, Social Media, Marketing, Content Creation,

Logistics, and Art & Décor, along with stronger documentation practices. Their leadership created an environment in which students could contribute creatively, lead confidently, and engage deeply with Sanskrit culture.

Their legacy lies not only in the number of events conducted, but in the impact created through leadership, collaboration, and cultural commitment.



SECRETARIES OF GAIRVAANI ASSOCIATION

HOD'S NOTE

Knowledge is power when rooted in Dharma -

Dr. Jyothirmayi. PC

The wisdom of the Upanishads presents a profound vision of existence rooted in unity, harmony, and universal welfare. The timeless declaration "वसुधैव कुटुम्बकम्" reveals that the entire world is one family. This vision arises from the realization that the same ātman pervades all beings, leading to the understanding that "विश्वं भवत्येकनीडम्"—the whole world is one shared abode.

This realization transforms human perception. The Vedic teaching "मित्रस्य चक्षुषा सर्वाणि भूतानि समीक्षन्ताम्" guides individuals to look upon all beings with the eyes of friendship. Such a vision nurtures a deeply positive mindset, characterized by empathy, trust, and a genuine yearning for the welfare of all—"सर्वे भवन्तु सुखिनः".

Ancient Indian gurukulas served as powerful institutions that transmitted this vision through lived experience. Education was not confined to the accumulation of information; rather, it was a process of inner transformation. The śiṣya lived with the ācārya, imbibing values through discipline, service, contemplation, and direct guidance. The foundation was on dharma, along with various streams of education. Atmavidya acted as the guiding principle shaping thought, emotion, and action.

Within this framework, knowledge was indeed recognized as power. However, it was clearly understood that knowledge becomes a force for loka-kalyāṇa (universal welfare) only when it is handled by transformed, mature individuals. The Vedic and Upanishadic traditions ensured that knowledge was never divorced from wisdom, nor power from responsibility. The experiential realization of oneness refined the seeker's inner maturity, aligning personal capabilities with collective good.

Thus, education in the gurukula system proved to the seeking student that the power present in the macrocosm is also present in the microcosm. Realizing the infinite inner potential and एकात्मदर्शनम् gave the individual students the required maturity and balance to choose the path to प्रगति instead of प्रणाश. The paths to prosperity and total destruction - both are available to every individual. The inner balance and refinement will give a person the wisdom to choose the right. It transformed a person into a responsible and value-centered contributor to society. The connection between individual prosperity and societal progress was firmly established through dharma, which functioned as the vital link integrating vyashti (individual) and samashti (collective). In such a system, an increase in population was never seen as a burden; rather, each individual, properly guided, became a valuable human resource contributing meaningfully to society.

In contrast, contemporary global realities often reveal a concerning imbalance. Human beings today have acquired immense knowledge and technological power, yet without the corresponding inner maturity and commitment to universal welfare, such power can become dangerous. When knowledge is not anchored in dharma and not guided by a vision of loka-kalyāṇa, it may lead to conflict, exploitation, and disharmony.

Therefore, the Upanishadic wisdom taught in the gurukulas offer a timeless solution for the welfare of the world. They remind us that true education must go beyond intellectual empowerment to include ethical grounding, emotional refinement, and spiritual insight. Only such an integrated approach can ensure that knowledge serves as a constructive force, transforming individuals into assets for society and guiding humanity toward lasting harmony and well-being.

Expressions

संस्कृतयात्रा

मम जीवनदीपः
आद्ये काले श्यामला गुरुवर्या
मूलं दृढं मे वधिनाऽकरोत् सा।
अनन्तनामाऽपि दिशमेऽधिवर्षे
मार्गं प्रदर्श्याभवद् हिताय॥

प्रथमवर्षे सह मया प्रहृष्ट्या
उमातपोवनम् अधीतं मनोज्ञम्।
द्वतीये नैतकिकथाः सुधेव
संस्कारबीजान्यवपन् हृदस्थिाः॥

तृतीये शाकुन्तलनाटकेऽस्मन्
चतुर्थोऽङ्को हृदयं ममाहर्षीत्।
प्रकृतविज्ञानमपीह ज्ञातं
वश्विस्य सौन्दर्यमवेदमहं॥

अधुना गीता चरिन्तनी या
शास्त्रैः समेताऽधगिता मया सा।
वृक्षायुर्वेदार्थज्योतषिादि
मानसवास्त्वादविचिारयुक्तम्॥
सर्वं सुस्वरमवि सङ्गीतया
जीवनधारा मम प्रवहता॥

ज्योतर्मयी मनीषा गुरू मे
दीपप्रभेवेह पथं प्रकाश्य।
केचदि् दयालवोऽपि सदा सहायाः
छायेव मार्गं प्रदशिन्तनित्यिम्॥

संस्कृतभाषा मम जीवनस्य
प्राणैः समाना हृदविर्धमाना।
न केवलं तां पठतिुं प्रयत्नः
संस्कृतेनैव जीवतिं मदीयम्॥

-अर्जुनः Arjun P
B.Sc. 4th semester EsLM

जीवनस्पन्दनम्

संस्कृतं दैववचो न केवलम्
जीवनस्य तत् प्राणनश्विासः।
प्राचीनध्वनतिोऽधुना चन्तिनं
लोकमार्गप्रदं योगक्षेमास्पदम्॥
सदाध्येयं न केवलमादरात्
जीवनेऽप्यनुभव्यमेतत्सदा।
अस्यां सत्यनधिौ प्रतष्ठिति
वकिसत्येव जीवनपन्थाः शनैः॥

-कीर्तना - जी
Keerthana. G
2nd yr BCom IAF

Deutsch

INS NEUE JAHR STARTEN

26. Juli 2025

Begeisterungsrufe erfüllten den Raum, als TRIFLAME um 11:20 Uhr in ADM 201 begann. Die Veranstaltung, die gemeinsam von den Hindi-, Französisch- und Deutsch-Assoziationen organisiert wurde, brachte Studierende aus verschiedenen Jahrgängen zusammen, wobei insbesondere Erstsemester mit großer Begeisterung teilnahmen. Die Atmosphäre war energiegeladen und setzte den Ton für ein spannendes und wettbewerbsorientiertes Ereignis.

Die Sekretäre begrüßten die Teilnehmenden offiziell und erklärten den Ablauf des Wettbewerbs, woraufhin die dreirundige Veranstaltung begann. In der ersten Runde mussten die Teilnehmenden englische und Hindi-Lieder anhand rückwärts übersetzter Liedtexte innerhalb von 45 Sekunden erraten. Diese Runde wurde von lautem Applaus, lebhaften Reaktionen sowie spontanem Singen und Tanzen begleitet und sorgte für eine dynamische und sportliche Stimmung.

Nach der Bekanntgabe der Ergebnisse der ersten Runde begann die zweite Runde. Inspiriert von Pictionary musste ein Teammitglied anhand eines vorgegebenen Begriffs zeichnen, während die anderen innerhalb einer Minute raten mussten. Diese Runde war geprägt von Gelächter und Begeisterung, da die Studierenden Hinweise darstellten, Antworten riefen und das interaktive Format genossen. Die dritte und letzte Runde stellte Teamarbeit und Schnelligkeit auf die Probe, indem die Teams innerhalb einer Minute ein Puzzle lösen mussten.

Am Ende der dritten Runde lagen Team 1 und Team 3 gleichauf, was zu einem unterhaltsamen Tanzduell als Entscheidung führte. Team 1 präsentierte einen humorvollen Paartanz, während ein Teilnehmer aus Team 3 eine halbklassische Darbietung zeigte. Das Team von Suhani ging schließlich als Sieger hervor und belegte den ersten Platz.

Die Veranstaltung endete mit der Preisverleihung, gefolgt von einer Danksagung. Die Teilnehmenden zeigten sich erfreut über ihre Teilnahme, und die Sekretäre rundeten das Programm mit Erinnerungsfotos ab, wodurch TRIFLAME als erfolgreiche und unvergessliche Veranstaltung in Erinnerung bleibt.



SIGN-UP DRIVE

Maxton Ball

8. August 2025

Die Deutsche Vereinigung des Mount Carmel College organisierte am 8. August 2025 den Maxton Ball während der Cul-Week im GJB-Auditorium. Die Veranstaltung war von 9:40 Uhr bis 10:30 Uhr. Viele Studierende aus verschiedenen Kursen und Jahrgängen nahmen teil.

Das Event hatte zwei Runden. In Runde 1 gab es drei versteckte „Imposter". Sie tanzten zu Bollywood-Musik und schieden heimlich andere Teilnehmer aus. Nach einigen Runden wurde Bhavana richtig als Imposter erkannt. Später gab es eine falsche Abstimmung: Nihal (ein Imposter) und Vibha (unschuldig) wurden ausgeschlossen. Deshalb blieb ein Imposter übrig und gewann die Runde.

Runde 2 begann um 10:08 Uhr. Die Teilnehmer bekamen Rollen wie falscher Maulwurf, echter Maulwurf, Joker und normale Spieler. Das Publikum stellte Fragen und stimmte ab: „entlarven" oder „verschonen". Die Antworten waren lustig und machten viel Spaß. Am Ende wurde die Teilnehmerin im lila Kleid als falscher Maulwurf entlarvt.

Die Gewinner wurden am 9. August bei der Abschlussfeier bekannt gegeben. Zara und Anvesha waren die Jurorinnen. Die Sekretärin Avni sagte Danke am Ende. Das Event war sehr erfolgreich und wurde als bestes Event von Tag 2 der Cul-Week ausgezeichnet.



CUL-WEEK WINNERS

Genius' Gambit

19. September 2025

Im Rahmen des akademischen Fests Academicia organisierte die Deutsche Vereinigung des Mount Carmel College „Genius' Gambit", ein spannendes Quiz zwischen verschiedenen Colleges. Studierende aus verschiedenen Colleges nahmen teil, und die Veranstaltung war lebendig und wettbewerbsorientiert.

Der Wettbewerb hatte mehrere Runden, die das Wissen, das logische Denken und die schnellen Reaktionen der Teilnehmer testeten. Die Fragen waren aus verschiedenen Themenbereichen, sodass es für alle interessant blieb. Mit jeder Runde wurde der Wettbewerb intensiver, und die Teams zeigten gute Teamarbeit und Selbstvertrauen.

Im Raum herrschte eine aufregende Stimmung. Richtige Antworten bekamen Applaus, und schwierige Fragen sorgten für Spannung. Nach mehreren Runden gewann ein Team durch eine konstant gute Leistung.

Die Veranstaltung wurde von den Sekretärinnen Methila und Avni geleitet. Durch ihre gute Organisation lief alles reibungslos. Insgesamt war „Genius' Gambit" ein großer Erfolg und ein Highlight von Academicia.

Seminar der Deutschen Vereinigung im GJB-Auditorium

13. Dezember 2025

Die Deutsche Vereinigung organisierte ein informatives Seminar für Deutschlernende im GJB-Auditorium des Mount Carmel College. Ziel war es, den Studierenden Einblicke in das Leben und die Karrierechancen in Deutschland zu geben und das Lernen interaktiv und unterhaltsam zu gestalten.

Das Seminar wurde von Kedarnath Moghe geleitet, einem bekannten Deutschtrainer aus Belagavi, Karnataka, der auch die Moderation übernahm. Er teilte seine Erfahrungen von Easydeutsch und gab praktische Tipps zum Studieren, Arbeiten und Karriereaufbau in Deutschland.

Um das Seminar interaktiv zu gestalten, führte Herr Moghe Kahoot!-Quizze durch, bei denen die Studierenden mit ihren Geräten teilnehmen konnten. So entstand eine lebhafte und spannende Atmosphäre. Außerdem zeigte er deutsche Musikvideos, um die zeitgenössische deutsche Kultur zu präsentieren.

Während des Seminars sprach er über das Leben in Deutschland, kulturelle Unterschiede, Studienmöglichkeiten und berufliche Wege. Er betonte die Bedeutung von Sprachkenntnissen, Anpassungsfähigkeit und kulturellem Bewusstsein.

Das Seminar endete positiv und gab den Studierenden wertvolle Einblicke und ein besseres Verständnis der Chancen in Deutschland. Insgesamt war die Veranstaltung ein großer Erfolg, der Lernen, Interaktion und kulturelle Erfahrung kombinierte.

Culah

13. Februar 2026

Im Rahmen des jährlichen Festes Culah organisierte die Deutsche Vereinigung des Mount Carmel College die Veranstaltung „Roots in Ruin“ im LSCB-Seminarraum von 13:30 bis 15:00 Uhr. Studierende von St. Joseph’s University (SJU), St. Joseph’s College of Commerce (SJCC) und Jain CMS nahmen teil und sorgten für eine lebendige Atmosphäre voller Debatten, Ideen und kritischem Denken.



CUL-AH WITH PARTICIPANTS

Die Veranstaltung bestand aus drei Runden:

1. **The Post Dialect** – Freiwillige stellten die Teams vor und eröffneten den Wettbewerb.
2. **The Integration Pitch** – Die Teilnehmer hatten zwei Minuten Zeit, um Argumente zu einem vorgegebenen Thema vorzubereiten und zu präsentieren, was Schnelligkeit und

logisches Denken forderte.

3. **Survival Clock** – Die Teams arbeiteten zusammen, diskutierten strategisch und präsentierten ihre besten Ideen, wobei Teamarbeit und überzeugende Präsentation im Mittelpunkt standen.

„Roots in Ruin" war eine dynamische und spannende Veranstaltung, die Dialog, kritisches Denken und interkollegiale Zusammenarbeit förderte. St. Joseph's College of Commerce gewann den Wettbewerb, und alle Teilnehmer genossen die anregende und wettbewerbsorientierte Atmosphäre.

Mount Carmel College gewinnt beim Foreign Language Day

23. Februar 2026

Die Studierenden der Deutschen Abteilung und der Deutschen Vereinigung des Mount Carmel College zeigten ihr Talent und Engagement beim **Foreign Language Day** an der St. Joseph's University. Die Veranstaltung brachte Studierende verschiedener Hochschulen zusammen, um sprachliche Vielfalt durch Wettbewerbe und kulturelle Aktivitäten zu feiern.



OVERALL WINNERS AT SJU

Ein Höhepunkt war der **Chorwettbewerb**, bei dem der deutsche Chor des Mount Carmel College das bekannte Lied *Ein bisschen Frieden* aufführte. Mit harmonischem Gesang und überzeugender Darbietung gewann der Chor den **ersten Preis.**

Darüber hinaus nahmen die Studierenden aktiv an E**ssay-Wettbewerben** und einer **Schnitzeljagd** teil und zeigten Teamarbeit, Sprachkenntnisse und Kreativität.

Dank der hervorragenden Leistungen in mehreren Wettbewerben erzielte Mount Carmel College die **höchste Gesamtpunktzahl** und sicherte sich den Gesamtsieg des Foreign Language Day. Das Event förderte nicht nur Sprachkompetenz, sondern auch kulturellen Austausch und Zusammenarbeit zwischen den Hochschulen.

Dankeschön !

Expressions

Für immer, meine Mutter und ich

Eine herzliche Umarmung,
Ein Kuss auf die Stirn,
Liebevoll umarmen,
Der Komfort ist grenzenlos.
Sie ist immer da,
Durch Licht und Dunkelheit,
Durch Höhen und Tiefen,
Beschütze mich immer,
Und mein Schild zu sein.
Ihre Liebe beschützt mich,
Die reinste Form der Liebe.
Liebe, die einem niemand nehmen kann,
Es sind meine Mutter und ich.
Gemeinsam werden wir,
Immer und für immer.

-Harshita Yadav,
I B.A. PyEC

der Blumengarten

Mein Vater hat einen Blumengarten,
Mit vielen verschiedenen Pflanzen.
Anthurium, Efeu, Farne
Und Pflanzen an der Wand.

Aber von allen Pflanzen
Sehe ich das Fleißige Lieschen gern.
Es gibt einen Topf davon,
Der ein bisschen trocken ist.

Ein paar Tage später
Gehe ich in den Garten.
Und meine Augen gehen
Zu dem einsamen Fleißigen Lieschen.

Eine Farbe sehe ich,
Sehr hell und schön.
Eine Blume ist da-
Dunkelrot und so schön!

-Joanna Liel Mathew,
I B.A PyEC

Auf dem Weg zum Licht

Ich weiß nicht wohin Ich gehe
Der Weg ist nicht einfach.
Jeden Tag hoffe ich
Für einen besseren Tag.

Hier und da Ich sehe Menschen
Alle glücklich und ruhig.
Ich möchte das auch
Und ich denke, es kommt bald.

Heute lache ich ein bisschen,
Die Sonne ist da.
Ich fühle mich gut,
Mein Herz ist froh.

- Riteka A J,
II PyEJ

Ein Jahr, zu wenig wir

Und ein Jahr hat dreihundertfünfundsechzig Tage,
doch mit dir kann ich nur wenige verbringen.
Früher hast du auf mich gewartet,
auf meinen ersten Atemzug
jetzt sitz ich da und warte auf dich.
Du hast mir früher die Haare geschnitten,
ich saß still, du hast gelacht
jetzt änder ich mich leise,
und du bemerkst es nicht über Nacht.
Die Ferne hat uns wachsen lassen,
mehr als sie uns trennt
denn egal, wie weit wir gehen,
du bist der Ort, den mein Herz kennt.
Ich bin nicht mehr das kleine Kind von damals
Papa, ich bin jetzt 5'4.
Doch egal, wie groß ich werde,
bei dir bleib ich immer die von zuvor.

- Bhavana Shetty M
1 B.COM Industry Integrated

Warum keine Welt ohne Krieg?

Unsere Eltern erzählen von ihrem Leben,
auf den Feldern,
in den Gärten.
Mit der Familie – das waren schöne Zeiten.
Sie sprechen von schweren Tagen,
doch zusammen waren sie stark.
Mit Einheit, nicht mit Hass, nicht mit Macht.
Wir sehen das alles: Blut, Tod und den Fall.
Die Proteste sind laut, doch niemand hört sie.
Sie sind für die Menschen, für das Leben.
Raketen, Bomben, Waffen und Panzer – bringen sie wirklich Frieden?
Wenn ja – was ist Frieden?
Ist es, wenn du lebst, aber andere sterben?
Rufe nach Hilfe verklingen im Wind, niemand sieht den Schmerz.
Der Krieg geht weiter. Oh, warum gibt es keine Welt, in der Menschen
in Harmonie leben?
Warum gibt es keine Welt voller Glück?
Warum gibt es keine Welt voller Liebe? Oh, warum gibt es keine Welt
ohne Krieg?

-Nisa Nafrin . A
II BSC BTCM

Ein Wunderkind

Sie sollte nicht leben,
aber sie wurde geboren.

Ihre Mutter ging weg
ihr Vater war nicht da.

Sie lebte bei ihrer Großmutter,
Dort gab es wenig Liebe ind Warme,
und Geld war wichtiger als Enrsorge.

Sie wünscht sich Liebe,
eime Familie, die sie mie harte,
und cin Zuhause, das sich sicher antahtt

Am Ende bleibt sie allein,
zwischen Wunsch und Wirklichkeit
Schreibt sie ihr eigenes Leben
oder wartet sie auf das Lehen?

A miracle child

She was never meant to exist,
Yet miraculously, she was born.

Her mother said goodbye,
Her father stepped away from becomimg one.

Raised by her grandmother,
Where love and warmth were scarce,
And money stood in place
Of care, affection and presence.

She longs for a love that chooses her,
A family she never knew.
A home that feels safe

In the end, a soul remains
Caught between longing and reality.
Does she write her own destiny
Or wait for life to decide?

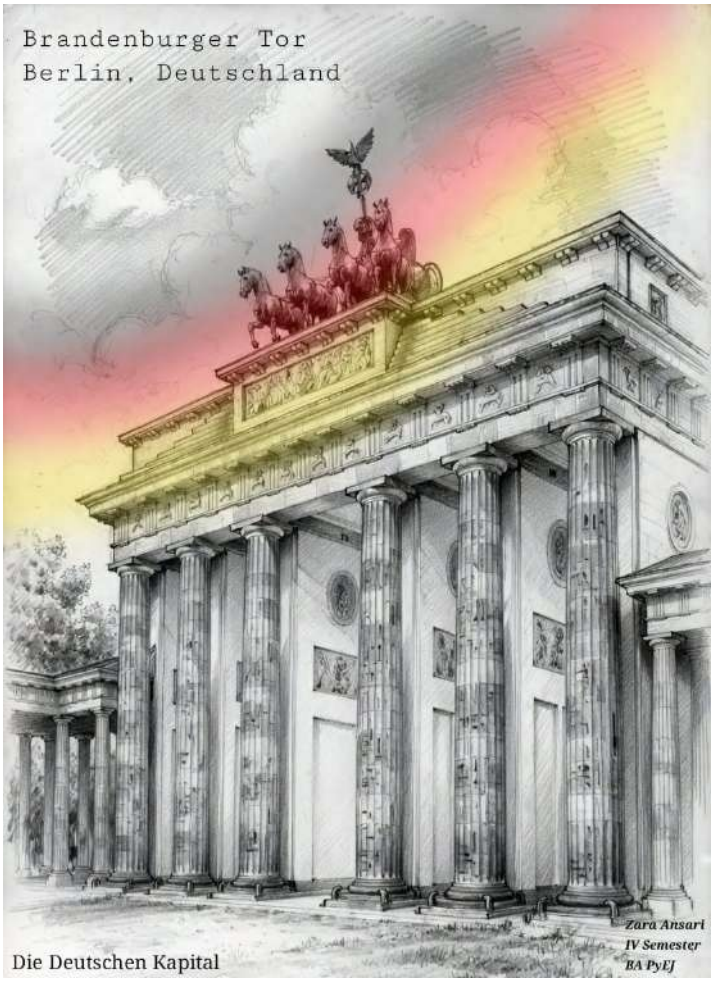
- Olinda Murray
IV B.A PYPT

Zwischen zu viel und zu wenig

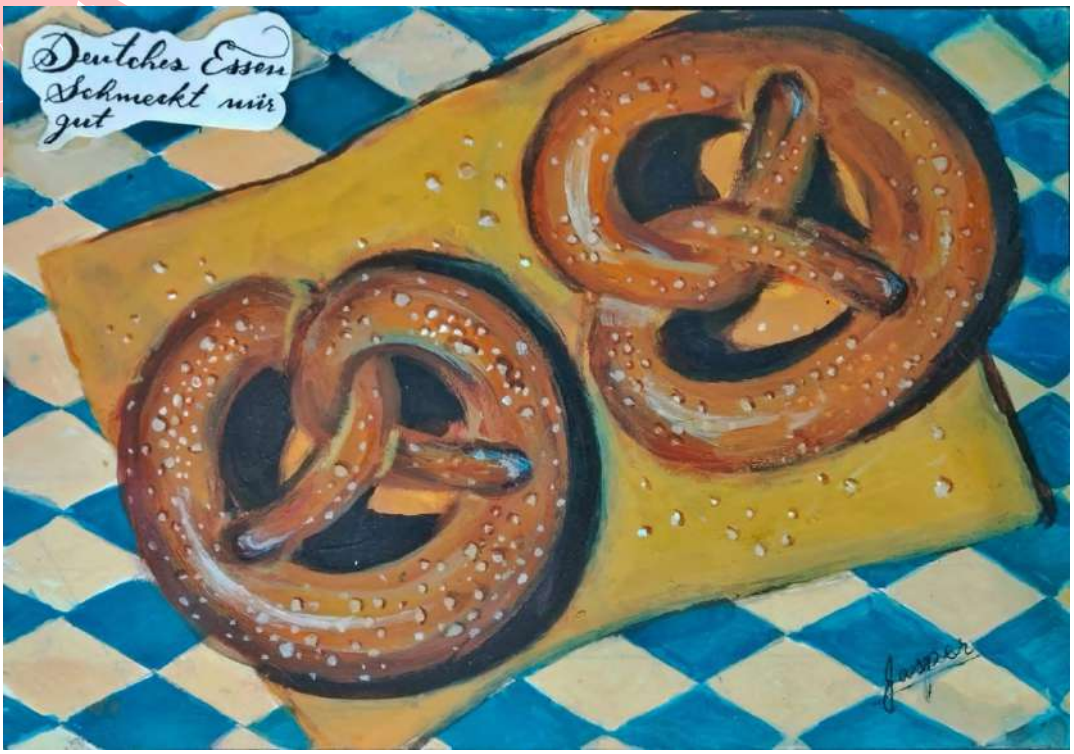
Ich kann mein Herz schlagen fühlen,
kann den Boden unter meinen Füßen spüren.
Zu mir selbst sage ich: „Ich lebe und atme“,
„doch wofür?“ frage ich den Spiegel.
Niemand sieht, wer ich hinter dieser Maske bin.
Ich habe keine Hoffnung, Liebe zu finden.
Ich bin ein Rabe, keine schöne weiße Taube.
Ich bin intensiv, zu viel und doch zu wenig.
Gebunden an Flüche und niemand, der mich segnet.
Ich trinke meine Tränen und schlucke meine Schreie.
Meine Augen fallen auf die Risse meines Seins.
Wer wäre bereit, ein Chaos zu lieben?
Warum sollte jemand diesen Stress auf sich nehmen?
Einen Menschen zu lieben ist ein Versprechen, ein Schwur.
Zu sagen: „Ich werde dich von hier an bemerken“,
„unter Milliarden werde ich dich erkennen.“
Solche Liebe finden nur wenige.

Wie ein persönlicher Zeuge deines Lebens,
wie eine lebendige, atmende Biografie.
Du bist sein, wie das Universum zur Kosmographie gehört.
Ich warte schmerzhaft in der Ecke der Dunkelheit,
dass die Liebe mich findet
und mich zu seinem Zeugen macht.

Vismaya Vivek
II BA PYEJ



-Zara Ansari,
II BA PyEJ



-Harshita Yadav,
I BA PyEC

Français

Annual Report

French Association (Academic Year 2025-2026)

The academic year unfolded not as a beautiful rhythmic sequence of language, laughter and art. Under the guidance of our ever-inspiring heads, Madame Mary and Madame Chanthini the French Association became a place of vibrant journeys, including our wonderful trip to Puduchhery, of happy happenings, throughout the year.



FRENCH ASSOCIATION MEMBERS WITH MADAME MARY

The year began with Freshers' Day, where our young freshers were given puzzles on French monuments as an invitation, to step into and belong in a brand new French world. Soon after, La Fête Nationale transformed the campus into a fragment of France itself, echoing with celebration, history, and the spirit of liberty.

Creativity took centre stage in August with the Logo Design and Collage Making Competition, themed "My Health, My Treasure." It was followed by a beautiful morning of elegance and illusion, the Bal Masqué, our masquerade ball, where identities could only blur faces but had to reveal the dancing feet of our dancing kings and queens. The celebration lingered with some playful mess as students also had gathered for light-hearted games like musical chairs, reminding us that sometimes resistance is... simply choosing joy.

Academicia – Brush Stroke Blitz brought art alive in its most passionate form. With Renaissance-inspired visions and themes, the participants painted and painted, as each stroke carried the essence of history, emotion, with imagination, wild and free.

On the European Day of Languages, voices turned visual through Les Échos Visuels, where videos explored mental health and eco-friendly living. It was indeed a moment of reflection, language became a medium to speak of the world we inhabit and the world we wish to create.

Espriva – Le Marché Fou filled the air with vibrance and unpredictability, a marketplace of ideas and expression. This was followed by a cinematic pause with the screening of Le Chef, because storytelling also, is an act of resistance.

The year found one of its most profound moments in the Centenary of St. Thérèse of Lisieux's canonisation. Through a heartffully portrayed skit, her life, death, and legacy were remembered with reverence, with tenderness, and with meaning.

As the year closed upon us, the association brought its festive vibes via food for a very multicultural celebration of French and francophone cuisines, in a way that celebrates the echoes of the first roar of tribal communities, which was the theme of MCC's very own Cul ah.



CUL-AH

In addition, Our department shone across college borders, excelling at inter College fests, both in SJU and JNC, where the efforts of the participants culminated in winning the Overall trophy.



FRENCH ASSOCIATION MEMBERS WITH OVERALL TROPHY

Each event this year was far more than an entry on a report. It was a gesture, a gesture that's sometimes soft, sometimes bold, all towards building a community that feels, questions, and celebrates. In every corner of every gathering, there existed something beautiful, the belief that language is not just spoken, but lived. And perhaps that is what this year truly was

Not just an academic calendar,

But a story we wrote together,

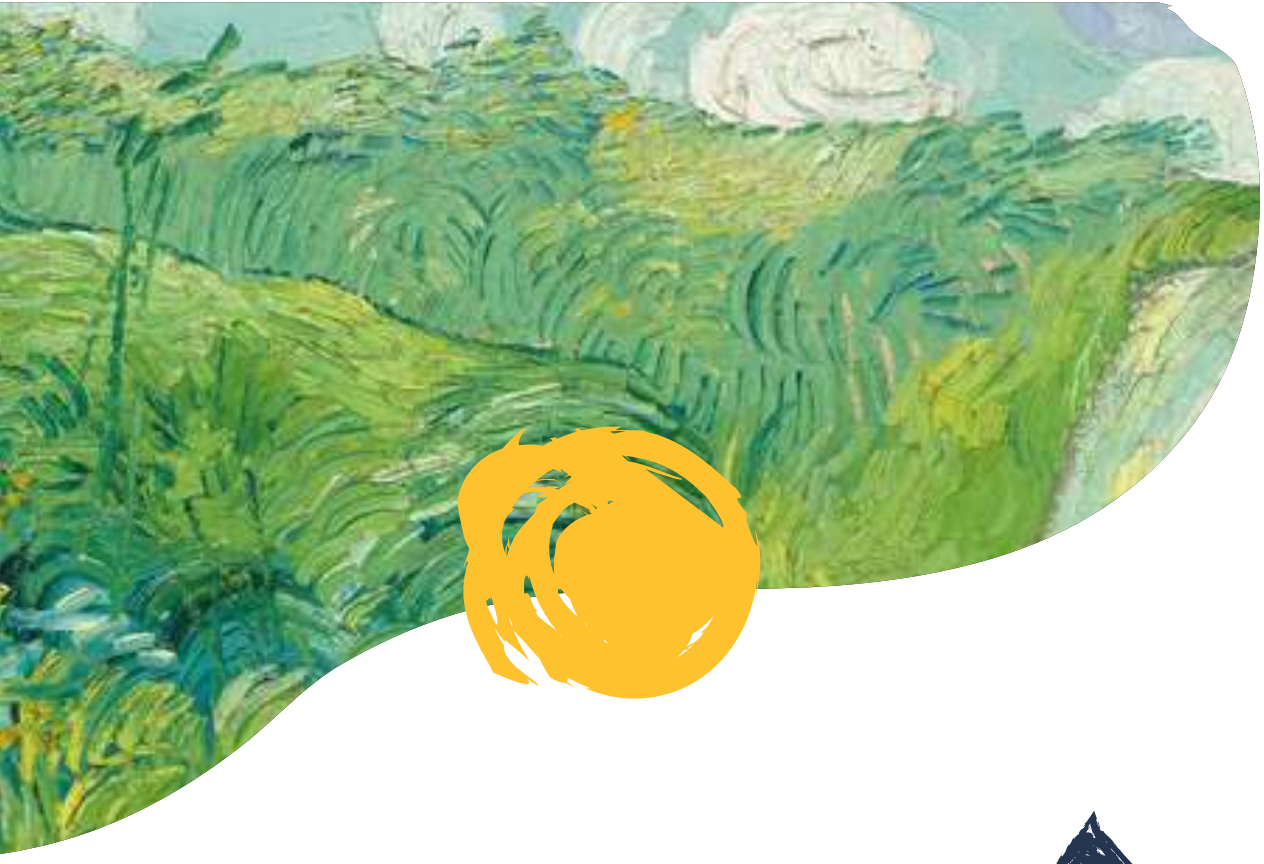
In fragments, in the language of love.





EXPRES

Poems, Short
Artw



SSIONS

t stories &
ork









even in death

When I die,
do an autopsy
you'll find my body filled with my memories of you
my skin etched with your marks, your hands, your touch
dissect my brain,
each groove and fold filled with my memories of you
my stomach filled with the butterflies I felt because of you
my eyes constantly replaying your face
and lastly,
open my heart
you'll find yourself there
you'll find the hope I had
you'll find the love for you
you'll find what I couldn't give you
and remember my body will remain as a vessel for my love for you
even if I wither away
and become one with the earth

-Alazne
I BcZM



i never beg...

I never beg to leave my sleep,
It's where my soul is theirs to keep.
They hold me like I'm something true,
Like, even flaws deserve love, too.

They kiss my scars, they calm my fears,
They never flinch to wipe my tears.
Their voice says I am worth the fight,
And every shadow turns to light.

But morning mocks what dreams had shown,
I'm not enough to be well-known.
No one stays, they always flee,
Too much of something wrong in me.

Too loud to love, too dark inside,
A haunted heart too hard to hide.
Not almost picked, not barely tried,
Just living proof that love has lied.

- Dimple M
II BBA AVIATION AND TOURISM MANAGEMENT

the sky



I was thinking about the sky today.

How does it always seem so magnificent? Not only because of its size, but because of what it makes you feel when you look at it. There is a quiet peace that settles inside the heart when your eyes look up.

It amazes me to think that this very sky above my head has witnessed everything. It has been here since the beginning — from the birth of this planet, to the slow awakening of human thought, to the rise of the first civilizations, to the fall of empires, to this very moment where I stand beneath it.

It has seen everyone who has ever lived. And it will see everyone who ever will.

Yet it remains the same — still, unreactive, and unmoved.

I often wonder how it watches us so patiently — even while we commit our worst mistakes. It never points at our errors. It never celebrates our victories. It does not grow angry at our flaws or cheer for our achievements. It simply stays.

When I look at it, I feel something else too. I feel how small I am. How small my worries are. Compared to something so vast and endless, what are my problems? What is my pride? Like a grain of dust.

When I realize that, my ego melts. My fears shrink, and I feel a peculiar kind of bliss — not because I am important, but because I am a part of something so much larger than myself.
Perhaps God is not somewhere far away in a distant heaven. Perhaps He is not confined to a symbol or an idol. Maybe He is here — in the sky that watches without judgment, in the breath we take, in the wind that touches our skin, in the rain that falls on all living beings without discrimination.

In the mountains.

In the soil.

In the rivers.



In the trees.

In this endless sky.

If there is something I wish to learn from it, it is this — how to remain humble despite magnitude. How to stay calm despite witnessing chaos. How to exist without constantly reacting.

And maybe that is enough.

To look up.

To feel small.

And to remember who I truly am — a tiny part of a vast, beautiful creation.

- Anushka.G.S.
I BA PyHS





Tangkhul Meiphung

~The wounds of Time~

Meiphung—
the sacred hearth of my people,
a bridge of soul-strings,
tethering melancholy sounds—
souls of the gathering united under one sky,
dancing, tuning,
feasting on the fire's warmth.

It was never just a fireplace:
it was identity,
it was love,
the pulse of Tangkhul ipseity
beating softly beneath every flame.

Around it,
grandparents whispered folktales,
wove words like weaving shawls,
sang "Hao Laa" into the smoke,
letting memory rise with each crackle—
like incense curling toward the stars.
Those nights weren't mere moments;
they were inheritance.
In the wounds of time, a fire still burns,
the flame that time could never kill.

We gathered there—
youth with laughter leaping from our eyes,
villagers, families, friends,
speaking softly of harvests and hardships,
of everything and nothing,
under the moon's magnanimous gaze.

The meiphung taught us humility,
to listen before we speak,
to care before we judge.
It was our compass,
our glowing guide in the dark,
an indelible ember, indomitable and bright.

Even shy bachelors
would sit by the fire outside a girl's house—
silent, hopeful—
carving memories into midnight;
their hearts flickering like timid flames.
Even that was sacred.

But now …

rooms are cold with screens,
a symphony of phubbing faces,
bamboozled by blue light.
We scroll, we drift, we disappear,
our hubris feeding the detachment
that ostracizes every quiet voice.

We no longer visit or speak like before;
everyone's busy being elsewhere
while the fire waits—lonely and loyal,
its glow grown faint beneath electric glare.

Where is the unity we once held dear,
the idyllic circle of magnanimous hearts?

Where are the voices that once sang through the fire,
indelible as stars in a charcoal sky?

I cry in hollowed space,
grasping at desiderium—
a longing for moments that once were.
Yet even here, the ember glows:
a soft, steadfast promise
that what was loved is never lost.

Oh Tangkhulnao!! listen—
this is our call,
a cry from the coals:
let us not let the meiphung fade.

Remember—
real happiness is not in lights or noise,
but in small, sacred corners
where stories were born
and no one ever sat alone.

No matter how far we travel,
no matter how modern we become,
the ember still warms our marrow—
and that ember is home.

So let us return,
not to the past,
but to the warmth—
to love, to oneness, to truth—
for the meiphung
is not just where we came from;
it is where we still belong.

- Thotdharmi Shimray
II PYEE





When Overwhelmed, I observe nature

And it always looks back

The teacher caught me again, eyes lost somewhere beyond the classroom window, where the sky and its boundless possibilities always seemed more interesting than the class itself.

Ever since I was young I was fascinated by the scenic beauty that lay before me, and hence I couldn't stop staring.

But how could anyone?

Maybe that was why I chose biology in high school because my curiosity couldn't be held any longer.

And hence, nature became my sedative. No matter how much I learnt about it, it never failed to amaze me, to consume my thoughts. And slowly nature expanded to the cosmos and the vast untapped treasure that it held within.

Did you know if a star is 100 light-years away, we would not know it had died until 100 years after the event happened, because that's how long its last light would take to reach us.

They reminded me time and time again, that life is not meant to be all serious and toughed up. In a rapidly moving world, it was one thing that reminded me to stay aloof, to stay floated when my thoughts seemed to drown me.

The moon that holds the scars of its survival, the water that holds the lives of several organisms, the fire that threatens to burn anything that dares to touch it, the sweet smell of musk from the freshly cut grass, all of these slowly morphed into pieces that made me who I am.

'Nature' , a word that combines all of the infinite marvels of the world, bears the burden of every element it encompasses. How could a single word be able to describe something that is so vast, I wonder.



So, when the pressure becomes overbearing and the threads of responsibilities keep tugging, ‘nature’ prompts me to stay grounded. In the same way that the ocean stays unbothered by the boats that trample, and does its own thing. Like the air that goes where it wants, a path not paved by others, but by its very own self.

It teaches me what I fail to see, blinded by the lens of emotions.

But the things that seem harmless, hold the power to destroy everything if prompted, and that is what amazes me. Not its innocent mask of picturesque beauty, but the monster that lays beneath it.

So weak and meager, yet so breathtakingly dangerous.

That is what nature is to me — a model, a mentor, a dose of fantasy that I fall for every single time.

- Aaliya Tabassum
II BCA A

Within The Reserve

Karuna Forest was a natural reserve, and at its very edge sat a small camp, a cluster of tents, a fire pit, and a row of wooden towers were just visible through the trees. Arisa awoke before the others, pulled from sleep by the sharp voices of two women arguing inside the female tent. Around her, people stirred and watched with tired amusement. She slipped out quietly.

Outside, the forest was still wrapped in pre-dawn mist. The air was cold and damp. She stretched her arms and stood there for a moment, just breathing it in, the earthy smell settling into her chest. Back inside the tent, she found her neatly folded uniform at the bottom of her sack. Her toothpaste was finished, so she borrowed some from Sreela without making a fuss, then joined the queue for the washroom. The morning moved the way it always did, slowly, in a line, in the cold. When she finally sat near the fire, dressed for the shift, her mind drifted home.

Her family in the village lived each month when her wages arrived. Her mother's pension alone wasn't enough, it hadn't been for years. The money Arisa sent kept the roof over their heads, kept her younger brother in school, kept everything running, even if just barely. She remembered the billboard at the recruitment office from her early days. A woman in a green uniform smiling beneath tall trees, promises of stability and benefits printed beside her. Arisa had believed it because she needed to.

A hand touched her shoulder and she startled. It was Arun, just off the night shift, worn out and quiet. He placed the rifle for the eastern wooden tower in her hands, gave her a brief nod, and walked away. She stood, slung the rifle over her shoulder, and joined the group waiting for the bus. One by one, the guards unloaded their magazines before boarding. The bus arrived and carried them into the forest along uneven paths that rattled with every turn.

Beside her sat Tarun, the supervisor of the eastern sector. He had been given more responsibility after a tiger attack in another area the previous month. No one spoke about it openly, but everyone knew. A faint scar curved along his ear, something left behind from his city days. When the bus reached her stop, Arisa climbed the wooden stairs to her tower and settled in. She turned on the base radio, established contact, and confirmed her position. The hours passed the way they always did. Nothing happened, and nothing happened, until the light slowly began to change.

By evening, daylight had faded and the cold came quickly. She pulled on a jacket she found on the shelf and turned on the tower light, making her status report before continuing her watch. Below her, the dense vegetation darkened into shadow. Then a rustling sound broke through the stillness. She straightened, gripped the rifle, and swept her torch across the undergrowth. The sound grew louder.

A man stumbled out of the bushes and collapsed onto the ground. He was in a terrible state. Deep scratches ran across his arms and shoulders, and bite marks covered parts of his neck and back. He lay still for a moment, then tried to move, gasping for breath. Arisa climbed down carefully, rifle still in hand. She hesitated. This would mean reports, questions, complications. But he was breathing, barely, and that was enough. She brought him inside.

She cleaned and dressed his wounds as best she could with the first aid kit and turned immediately to the radio. Before she could finish reporting, the storm hit. Rain hammered the roof and thunder rolled across the forest, causing her voice to become static. She tried again, but only noise came through. The man had regained some awareness. He seemed forest-born in the way he held himself, even in pain. He spoke quickly in a language she didn't understand, his eyes shifting between her and the door, filled with a fear she couldn't interpret.

The rain kept falling, and the tower began to feel smaller. After some time, she turned back to check on him. He was gone. A cold unease settled inside her. Torn pieces of fabric lay scattered across the floor, forming a trail toward the far door, which hung slightly open. From inside came a sound she couldn't place at first.
She moved toward the door slowly and pushed it open. The tiger was feeding. The man was already gone. Blood had darkened the wooden floor. For a moment, she couldn't move. The torch slipped from her hand and hit the ground. The tiger slowly lifted its head.

She shut the door and rushed to the radio, her hands shaking as she tried to force a signal through the storm. Nothing came through clearly.
A crash sounded from the other room, followed by a low growl that seemed to shake the walls.
The tiger was inside. Arisa dropped behind the counter and pressed herself into a cabinet, leaving a small gap to see through. The rifle still lay on the table where she had left it. The tiger moved through the room slowly, its head low, as if sensing everything around it.

She had to reach the rifle. She began to move carefully, easing herself out. The tiger froze, then let out a sudden roar. The sound hit her hard, and the rifle slipped from her hands, striking the floor.
The tiger lunged. She stumbled back, reaching blindly until her fingers closed around a box cutter. It felt small in her hand, but it was all she had. She moved sideways, trying to keep distance, her breathing uneven.

When it leapt again, she swung hard and struck its face. The tiger recoiled for a brief second. That moment was enough. She grabbed the rifle.

The tiger attacked again, knocking her to the ground. Its weight crushed the air from her lungs as its jaws opened above her. She forced the rifle between its teeth, holding it there with shaking arms. Her strength was almost gone. For a second, she thought of her family. Then she forced the rifle upward and fired. Three shots, close and final.

The rain continued to fall, but the forest itself had gone quiet. By morning, word had spread through the camp. Arisa had survived the night and was alive when they reached the tower. They arrested her for killing an endangered species in a protected area. The official reports were filled out neatly. There was no mention of the failing radio, the isolation of the tower, or the storm that made communication impossible. There was no mention of the billboard back in town, the smiling woman in green beneath the trees. The reserve issued a brief statement expressing regret over the incident. Her family waited for next month's wages, not yet knowing they would never come.

- Ryan Andrews,
II BA HT



Mediocre

I rot in unevenly ways,
Of mixed craft and imaginary pictures.
Of concrete emotions and never ending disaster.
For whom do I sow, when this loop ends nowhere?
Where do I unshackle my vision, my atrocities and
my desperation to become the one that I had long
ago envisioned.
For the artist in me is lost not so long ago,
Craving for significance and validation.

- Shruti Sneha Mahanta
II B.A PyHS

A Prayer For Not Falling Asleep During Mass

"A thousand may fall at your side, ten thousand at your right..."
And then a thousand more
fall upon my eyes.

Up and down I raise my head and bow,
Or perhaps I'm just trying not to nod off now.

Here I am, facing the Goliath that is Slumber,
But I have no sling; I have no stones.
All I have is a prayer to offer.

Abba Father I pray you keep
My head held high,
And not hung low, fast asleep
Amen.

-Kensangrola L Lemtur,
II B.A PyEC





Shiva Balayogi Ashram

“why won’t you come in with us?”
i ask,
eyes fixed on the cigarette
between his fingers.

a quick shake of the head,
then a puff of smoke.

we find him by the car
as we had left him,
cigarette still in hand.
my eyes fall on his watch

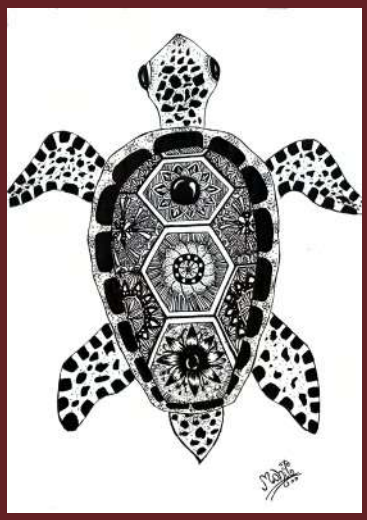
gifted by his daughter,
he thought it could summon fortune’s favour.

- Srinidhi. S
II B.A PyEC

Artworks








H.K Mohit
(I BCOM GEN E)



S C Saanavi
(I BCOM CORP. FINANCE)









Aaliya Tabassum
(II BCA A)





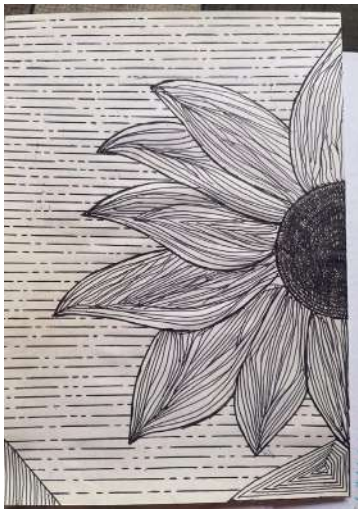
Krithika.S
(III BCOM COPR. FINANCE)








Sneha Raj
(III BA Comm. Studies)



Ayesha Begum,
(I BSC Data Science)



Buella Kavya.J,
(II BCOM IAF 1)









Monika Shree K,
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Sidrath Ul Muntaha,
(I BCOM Business Analytics)

Photographs





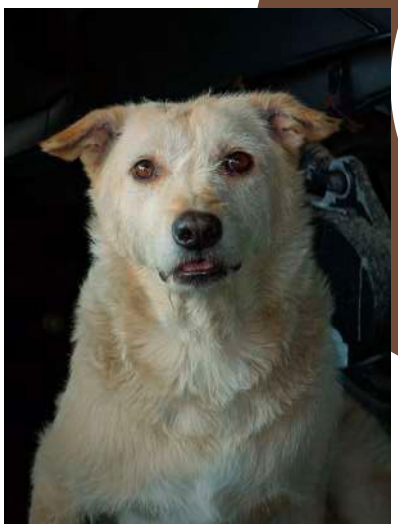




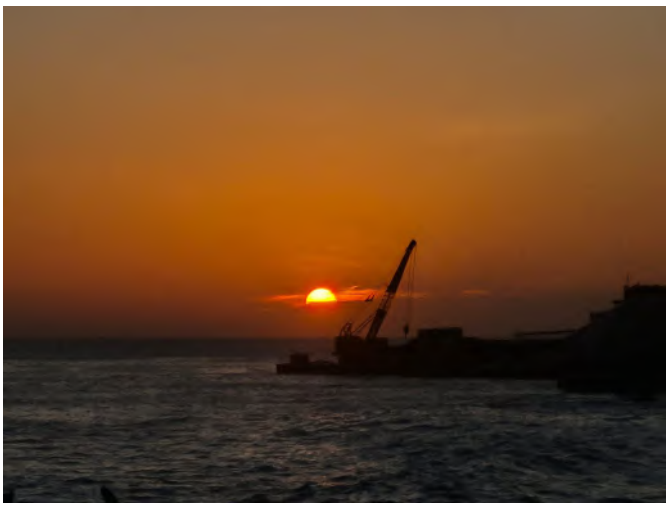


Raghav kumar,
(II EsLsm)





Rounak,
(I BSC NDCH)



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"For God has not given us a spirit of fear, but of power and of love and of a sound mind."

2 Timothy 1:7 NKJV

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